



Welcome Life Lines members,

Life Lines is the parent support ministry for our high school and middle school youth ministry program.

As a parent of a high school and/or middle school youth, you are a member of this ministry. The role of the Life Lines parent ministry is to provide support to the youth ministry similar to the role the parents' association fills at your child's school.

Each Sunday night both Life Teen and Edge will begin with **Food & Fellowship**. The students and Core teams love it, and it is a great way to begin our gatherings to break open God's Word. Jesus began at the table with his Disciples. Why should we do any differently?

While each group will meet in their own separate space, our goal is to combine our parent volunteers and make one meal for both groups in hopes of saving time and money and providing our youth with a good meal.

Months will vary, but in general we will have one to two pizza dinners per month, and two to three "other" dinners per month.

- On "Pizza Nights" we will serve Papa John's pizza, salad or other vegetable, drinks & dessert.
- On the other nights examples of the meals we are planning include a cookout with hamburgers and hotdogs, chicken tenders, breakfast for dinner, meatball subs, grilled cheese sandwiches & soup, and tacos. With each meal we will also serve a vegetable or fruit, drinks and dessert as appropriate.

A word about food allergens –

When shopping and cooking for 200+ people per week, this means shopping in bulk at places like Sam's Club, Costco, and Restaurant Depot. While we do not serve foods that contain peanuts or tree nuts, there are times when food labels indicate that a food has been prepared in a facility that "handles" nuts, soy, milk, etc. Each week there will be a poster board displayed featuring the labels for each item being served that night. ***If your student has allergies, or food intolerances, please discuss this with them, and remind them to check the board, or ask an adult volunteer if they have any questions.***

Volunteering in the Kitchen

In the past we have assigned each family one night per child to help with preparing the weekly meal. This year we would like to offer you the opportunity to sign up for your preferred Sunday night. Weekly we need 5-6 parents from each group, Life Teen and Edge, to prepare, serve and clean up. On Pizza nights we will ask you to arrive at 5:30 pm and on other nights we will ask you to arrive at 5:00 pm. You will usually finish clean up between 7-7:30 pm.

Below are the Sign Up Genius links to the volunteer sign up for the entire year for each Life Teen and Edge. If you have two (or more) students in Life Teen and/or Edge, we ask that you choose a date

for each child in the program. For Edge, in addition to helping in the kitchen, Peyton also requires 2-3 parents to help with check-in and supervision throughout the evening.

Sign Up Genius Link for Life Teen:

<https://www.signupgenius.com/go/10C044FAEAB2FA5FD0-life4>

Sign Up Genius Link for Edge:

<https://www.signupgenius.com/go/10C044FAEAB2FA5FD0-edge>

Please select a date(s) that works for your family and **mark your calendars!** AFTER Sunday, September 29th, for families who have not signed up, dates will be randomly assigned.

Reminders and Volunteer Instructions:

- SUG will send scheduled volunteers a reminder to the email address that you provided **5** days prior to your assigned date.
- Instructions will be sent via email a few days before your assigned date.
- The menu and food shopping are all done. We only need you to help prepare, serve and clean up. A copy of the instructions will be in the kitchen on pizza nights and a lead volunteer will be there to answer questions and direct volunteers on other nights.

Conflicts & Changes to volunteer assignments

Should your schedule change and the date(s) doesn't work for you anymore, please use Sign-Up Genius' tools to "REQUEST A SWAP" with another family so we have enough help in the kitchen each week. In the "Request a Swap" tab, select any and all dates that work for you and an email will be sent alerting other families of your request to swap. You do not need to know the families you are requesting to swap with. Send the request to all families on the dates you are available. You will be notified by Sign-Up Genius when a swap is accepted by another person.

What else can Life Lines do to support our youth ministry?

- 1) **Life Teen Retreat chaperones/helpers** – We need 3 - 4 parent helpers / chaperones to be present at each of our weekend retreats. While we prefer someone who can stay for the whole weekend (2 nights), we can work with those who can only stay one night during the weekend. If you have a youth who is not so keen on a parent going on retreat at the same time, we offer two retreats per year, so please consider volunteering at the alternate retreat. Retreat is an uplifting spiritual experience that charges up everyone's spiritual batteries -- including volunteers! This year's retreat dates are 11/8-11/10 at the Crossroads Retreat Center and 3/27-3/29 at the Jamestown 4-H Center.
<https://www.signupgenius.com/go/10C044FAEAB2FA5FD0-life5>
- 2) **Give a Parent a Hand Babysitting Night** - This is an annual service opportunity for our Life Teens and our 8th grade Edge kids. It is held in the Parish Hall on Saturday, 12/7 from 6 pm -9 pm. Adults are needed to assist with preparing the meal for the children and the teen volunteers.
<https://www.signupgenius.com/go/10C044FAEAB2FA5FD0-give4>

You have decided Life Teen or Edge nights are important for your child. Please show them how important you really think it is by volunteering and being present during one or more of their Life/Edge nights!

Thank you for supporting the youth ministry of our church.

Teresa Eastep
Life Lines Parent Volunteer Coordinator