Dear Friends,

The U.S. Conference of Catholic Bishops has published the following prayer. I think this is a good place for us to start today!

Holy Virgin of Guadalupe,
Queen of the Angels and Mother of the Americas.
We fly to you today as your beloved children.
We ask you to intercede for us with your Son,
as you did at the wedding in Cana.

Pray for us, loving Mother, and gain for our nation and world,
and for all our families and loved ones, the protection of your holy angels,
that we may be spared the worst of this illness.
For those already afflicted, we ask you to obtain
the grace of healing and deliverance.
Hear the cries of those who are vulnerable and fearful,
wipe away their tears and help them to trust.
In this time of trial and testing, teach all of us in the Church
to love one another and to be patient and kind.
Help us to bring the peace of Jesus to our land and to our hearts.

We come to you with confidence,
knowing that you truly are our compassionate mother,
health of the sick and cause of our joy.
Shelter us under the mantle of your protection,
keep us in the embrace of your arms,
help us always to know the love of your Son, Jesus. Amen

God bless each of us today and always!

Father Fred