Dear Friends,

I wish to re-send a prayer written by Pope Francis as our meditation for today. May the good Lord continue to bless us all, and fill us with mercy, strength and protection. May our prayer to Mary be a source of healing and comfort for us all.

O Mary,
you always shine on our path
as a sign of salvation and of hope.
We entrust ourselves to you, Health of the Sick,
who at the cross took part in Jesus' pain, keeping your faith firm.
You, Salvation of the People,
know what we need,
and we are sure you will provide
so that, as in Cana of Galilee,
we may return to joy and to feasting
after this time of trial.
Help us, Mother of Divine Love,
to conform to the will of the Father
and to do as we are told by Jesus,
who has taken upon himself our sufferings
and carried our sorrows
to lead us, through the cross,
to the joy of the resurrection. Amen.
Under your protection, we seek refuge, Holy Mother of God.
Do not disdain the entreaties of we who are in trial,
but deliver us from every danger, O glorious and blessed Virgin.

Father Fred