



*Fr. Fred Liccio*

Dear Friends,

One of the books on my shelf that I reference often is *600 Blessings and Prayers from Around the World* compiled by Geoffrey Duncan and published by Twenty-Third Publications in 2001.

I would like to share with you a prayer entitled:

**Be to Us Our God**  
(Kate Compston, England)

Door of the sheepfold, open to your  
people!  
Light of the world, shine before us!  
Bread of life, feed us!  
True vine, quench our thirst!  
Good shepherd, love us with passion!  
Way, truth and life, give us courage for  
tomorrow!

God our shelter in the storm, protect us!  
God our rock, be our strength!  
God our father, nurture us!  
God our mother, discipline us!  
God our life-breath, inspire us!  
God our beginning and our end, hold us  
forever in your love!

O God:  
Be to us the soil in which we grow;  
Be to us the air we breathe;  
Be to us the water we drink;  
Be to us the sun that gives us light and  
warmth

and draws us heavenwards.

Be to us our God, without whom we can  
have no being.  
You are the way we shall walk.  
You are the truth we shall take into  
ourselves.  
You are the life we shall enjoy forever  
And share with all.

May the mystery of God beckon us;  
May the wisdom of God direct us;  
May the forgiveness of God send us into  
the world  
to exercise justice and love,  
and be a blessing to the nations.

God, imbue our souls with calm; among  
us stand.  
God, inscribe our names on the palm of  
your hand.  
God, touch us with your balm, give  
peace in our land.

May the blessings of our Loving God be with you!

Father Fred