



Fr. Fred Liccio

Dear Friends,

I love Chinese food (not the hot stuff, though)! One of my old favorites (though haven't been there in these 6 months!) is *China Paradise* near Blackhawk in Danville. SIGH!

But yesterday I splurged and had Chinese, just for old time sake (take out, of course). My Fortune in my cookie was especially thought-provoking:

**You can't stop the waves,
but you can learn to surf.**

The more you think about that statement, the more powerful it becomes, given our current situation. We are faced with many challenges and difficulties. The more we hear about the virus, the more we hear about racial unrest, and the more we hear about politics gets all of us in an uproar on one way or another.

But we need to "surf the waves" of difficulty and challenge. We need to take up our cross and follow the Lord Jesus. He is the source of all our comfort. He is the source of our life and our hope. He is the one who sends us the gift of the Spirit to guide us and give us wisdom NOT TO GIVE UP but to trust in the Lord Jesus and invite Him more and more into our hearts and lives.

May the goodness and love of Jesus touch YOUR heart this day, and fill you with hope and promise!

Father Fred