CareBreaks...
Supporting family caregivers in what you do best!

As many as 217,000 Rhode Islanders will find themselves caregivers of a family member or friend this year.
Perhaps you have a child with special needs, a spouse who is a disabled veteran, or an elderly spouse needing daily assistance to remain at home.

You are a caregiver and caregiving is hard work.
Maybe you need a break.

CareBreaks can help family caregivers arrange for, and perhaps help pay for, a break. A break for a caregiver may include bringing a volunteer or paid worker into the home, arranging for your loved one to attend a safe day program, or even placing your loved one in an overnight facility for a short period of time.

To qualify for CareBreaks you must be

✓ A Rhode Island resident
✓ Caring for a disabled adult or child who cannot be safely left alone
✓ Not eligible for (or have used your allocation) for respite care from any other state/federal program

Paid respite care is provided on a cost share basis that is usually determined by the care recipient’s income.

Call 401-421-7833  Monday-Friday  8:30 am to 4:30 pm and ask for the CareBreaks Program

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United Way 211  The POINT
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