

Domestic violence, which includes physical, verbal emotional and psychological abuse, impacts millions of women every year.

One in three to four women have experienced some form of physical violence

Countless women experience verbal, emotional and psychological abuse.

Children exposed to domestic violence are negatively impacted in countless ways.

Although to a lesser degree, men also are victims of domestic violence

Many women are threatened, fearful, and feel apprehensive or embarrassed to reach out for help.

Many lack the support or knowledge needed to get legal protection and safety.

Some blame and question themselves, and may be confused about love and being abused.

Some who are married might feel conflicted or unsure about the church's teachings regarding separation and marital commitment in these situations.

Are you experiencing physical, verbal, emotional or psychological abuse? Do you feel afraid, confused, not knowing where to turn?

You don't have to walk this road alone. There is help. If you or someone you know is experiencing domestic violence, we can help.

The Office of Life and Family is offering women free counseling, emotional support, and advice from a Catholic perspective, as well as resources, and referrals to outside agencies and Catholic Counselors as appropriate.

Maybe you just want to talk! For help or for more information, please call 401-278-2518

For I know well  
the plans I have  
in mind for you, says  
the Lord, plans for your  
welfare and not for  
woe, so as to give you a  
future of hope.

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When you call me, and  
come and pray to me, I  
will listen to you.

Jer 29:11-12



## **Domestic Violence Support**

**We are here to listen  
and help**



**Roman Catholic  
Diocese of Providence**

**401-278-2518**

**401-278-2517**

*Based on the USCCB's  
Statement on  
Domestic Violence,  
"When I Call For Help"*

**Roman Catholic  
Diocese of Providence**  
*Office of Life and Family*  
Pathway to Peace

## **Domestic Violence Outreach**



**Do Not Suffer  
In Silence**

**Let Us Help**