

**Providence Schools
K-12 SFSP Breakfast Menu
November 2020**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Frosted Flakes Cereal Craisins 100% Fruit Juice 1% Milk	2 Apple Muffin or Frosted Mini Wheats Applesauce Cup 100% Fruit Juice 1% Milk	3 Guava Flip Bar or Cheerios Cereal String Cheese 100% Fruit Juice 1% Milk	4 Banana Bread or Rice Krispies Cereal Fresh Orange 100% Fruit Juice 1% Milk	5 Maple Mini Waffles or Raisin Bran Cereal String Cheese 100% Fruit Juice 1% Milk	6 Vanilla Yogurt w/ Jeff's Granola or Frosted Flakes Cereal Peach Cup 100% Fruit Juice 1% Milk	7 Corn Muffin Raisins 100% Fruit Juice 1% Milk
8 Cinnamon Roll Craisins 100% Fruit Juice 1% Milk	9 Strawberry NutriGrain Bar or Frosted Mini Wheats Applesauce Cup 100% Fruit Juice % Milk	10 Confetti Muffin or Cheerios Cereal String Cheese 100% Fruit Juice 1% Milk	11 Cheddar Cheese Omelet or Rice Krispies Cereal Fresh Apple 100% Fruit Juice 1% Milk	12 Chocolate Chip French Toast or Raisin Bran Cereal String Cheese 100% Fruit Juice 1% Milk	13 Vanilla Yogurt w/ Jeff's Granola or Frosted Flakes Cereal Peach Cup 100% Fruit Juice 1% Milk	14 Blueberry Muffin Raisins 100% Fruit Juice 1% Milk
15 Frosted Flakes Cereal Craisins 100% Fruit Juice 1% Milk	16 Apple Muffin or Frosted Mini Wheats Applesauce Cup 100% Fruit Juice 1% Milk	17 Bagel w/ Cream Cheese or Cheerios Cereal String Cheese 100% Fruit Juice 1% Milk	18 Mini Blueberry Pancakes or Rice Krispies Cereal String Cheese 100% Fruit Juice 1% Milk	19 Breakfast Burrito or Raisin Bran Cereal Fresh Orange 100% Fruit Juice 1% Milk	20 Vanilla Yogurt w/ Jeff's Granola or Frosted Flakes Cereal Peach Cup 100% Fruit Juice 1% Milk	21 Corn Muffin Raisins 100% Fruit Juice 1% Milk
22 Cinnamon Roll Craisins 100% Fruit Juice 1% Milk	23 Blueberry Muffin or Frosted Mini Wheats Applesauce Cup 100% Fruit Juice % Milk	24 Strawberry Mini Bagel or Cheerios Cereal String Cheese 100% Fruit Juice 1% Milk	25 Cinnamon Chip Muffin or Rice Krispies Cereal Fresh Apple 100% Fruit Juice 1% Milk	26 Pineapple Mango Breakfast Bar or Raisin Bran Cereal String Cheese 100% Fruit Juice 1% Milk	27 Vanilla Yogurt w/ Jeff's Granola or Frosted Flakes Cereal Peach Cup 100% Fruit Juice 1% Milk	28 Blueberry Muffin Raisins 100% Fruit Juice 1% Milk
29 Frosted Flakes Cereal Craisins 100% Fruit Juice 1% Milk	30 Apple Muffin or Frosted Mini Wheats Applesauce Cup 100% Fruit Juice 1% Milk	1 Guava Flip Bar or Cheerios Cereal String Cheese 100% Fruit Juice 1% Milk	2 Banana Bread or Rice Krispies Cereal Fresh Orange 100% Fruit Juice 1% Milk	3 Maple Mini Waffles or Raisin Bran Cereal String Cheese 100% Fruit Juice 1% Milk	4 Vanilla Yogurt w/ Jeff's Granola or Frosted Flakes Cereal Peach Cup 100% Fruit Juice 1% Milk	5 Corn Muffin Raisins 100% Fruit Juice 1% Milk