



January 2021

AM SNACK 4	AM SNACK 5	AM SNACK 6	AM SNACK 7	AM SNACK 8
<i>Applesauce</i>	<i>Granola Bar</i>	<i>Bagels and Cream Cheese</i>	<i>Blueberry Muffins</i>	<i>Fig Bars</i>
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
<i>Lo Mein Noodles w/Tofu</i> <i>Fresh Green Salad</i> <i>Chilled Fruit Cocktail</i>	<i>Sausage Gravy w/Biscuits</i> <i>Cucumber Slices</i> <i>Grapes</i>	<i>Tater Tot Casserole</i> <i>Mixed Vegetables</i> <i>Chilled Peaches</i>	<i>Tuscan Chicken w/Pasta</i> <i>Corn</i> <i>Chilled Pears</i>	<i>Beefy Mac & Cheese</i> <i>Green Beans</i> <i>Bananas</i>
PM SNACK	PM SNACK	PM SNACK	PM SNACK	PM SNACK
<i>Cheese w/ Wheat Thins</i>	<i>Chocolate Chip Cookies</i>	<i>Pretzel Bites</i>	<i>Cheez It's</i>	<i>Animal Crackers</i>
AM SNACK 11	AM SNACK 12	AM SNACK 13	AM SNACK 14	AM SNACK 15
<i>Fruit Bars</i>	<i>Belvita</i>	<i>Cereal Mix</i>	<i>Fig Bars</i>	<i>Oatmeal Bake</i>
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
<i>Fish Sticks</i> <i>Lima Beans</i> <i>Mandarin Oranges</i>	<i>Beanie Weenies</i> <i>French Fries</i> <i>Chilled Pineapple</i>	<i>Teriyaki Chicken</i> <i>Fried Rice</i> <i>Cinnamon Apples</i>	<i>Pepperoni Bake</i> <i>Broccoli</i> <i>Chilled Pears</i>	<i>Swedish Meatballs</i> <i>Mashed Potatoes</i> <i>Chilled Peaches</i>
PM SNACK	PM SNACK	PM SNACK	PM SNACK	PM SNACK
<i>Goldfish</i>	<i>Granola Bars</i>	<i>Cheese & Crackers</i>	<i>Trail Mix</i>	<i>Yogurt Parfait</i>
 Closed Martin Luther King Jr. Day	AM SNACK 19	AM SNACK 20	AM SNACK 21	AM SNACK 22
	<i>Yogurt w/Granola</i>	<i>Fruit Bars</i>	<i>Mini Waffles</i>	<i>Cheerios w/Blueberries</i>
	LUNCH	LUNCH	LUNCH	LUNCH
	<i>Chicken & Rice</i> <i>Green Beans</i> <i>Chilled Pears</i>	<i>Cheeseburger Soup</i> <i>Breadsticks</i> <i>Chilled Pineapple Tidbits</i>	<i>Ham & Cheese Subs</i> <i>Spinach Salad</i> <i>Chilled Peaches</i>	<i>Opened Faced Turkey Sandwich</i> <i>Mashed Potatoes w/ Gravy</i> <i>Garlic Cabbage</i>
PM SNACK	PM SNACK	PM SNACK	PM SNACK	
<i>String Cheese</i>	<i>Jell-O</i>	<i>Vanilla Wafers</i>	<i>Ranch Chex Mix</i>	
AM SNACK 25	AM SNACK 26	AM SNACK 27	AM SNACK 28	AM SNACK 29
<i>French Toast Sticks</i>	<i>English Muffins w/Jelly</i>	<i>Yogurt w/ Granola</i>	<i>Biscuits w/Jelly</i>	<i>Fig Bars</i>
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
<i>Cheese & Spinach Pizza</i> <i>Carrot Sticks</i> <i>Cinnamon Apples</i>	<i>Tortilla Soup w/ Chicken</i> <i>Sliced Cucumbers</i> <i>Chilled Pineapple</i>	<i>Turkey Roll-Ups</i> <i>Sweet Green Peas</i> <i>Chilled Peaches</i>	<i>Chicken Fajitas</i> <i>Corn</i> <i>Chilled Fruit Cocktail</i>	<i>Tuna Sandwich</i> <i>Fresh Garden Salad</i> <i>Bananas</i>
PM SNACK	PM SNACK	PM SNACK	PM SNACK	PM SNACK
<i>Fruit Bars</i>	<i>Celery Sticks w/Crackers</i>	<i>Goldfish</i>	<i>Cherry Applesauce</i>	<i>Smoothie Pops</i>