Religious freedom has recently become one of the major focal points in the conversation on how Americans can promote the common good. Our Catholic tradition has much to offer this conversation. In this time of increasing polarization in our culture, we can contribute to a better understanding of this issue in a way that respects all people. We can speak with friends and neighbors about religious freedom and work to clear up misconceptions about it.

1. Respect

Many religious freedom skeptics have plausible concerns. For example, they are concerned that all people should be treated with equal dignity. Indeed, the dignity of all people is the foundation for Catholic teaching on religious liberty. It is important that we not dismiss skeptics, but rather, that we listen to their concerns and take them seriously.

So, if the skeptics have a point, what do we say?

2. A Fundamental Right

Religious freedom is a fundamental right. It means that the government cannot coerce people into acting against their consciences. This is important for all people, not just people of faith. A government that makes one group choose obedience to the state over obedience to faith and conscience can force any group to submit to the state’s demands. Religious freedom underlies all other freedoms for everyone.

3. Space to Do Good

People of faith need religious freedom to have the space to serve others. Oftentimes, religious liberty disputes arise when religious organizations are expected to sacrifice aspects of their faith in order to continue to serve the surrounding community. But it is our faith that inspires us to serve. Take the Little Sisters of the Poor, who live out their Christian faith by serving the elderly poor.

These women have had to seek protection from a regulation requiring them to facilitate access to contraceptives, including abortion-inducing drugs and devices. Or, consider adoption services run by Catholic Charities, which simply seek to place children in homes with a married mother and father. Due to the redefinition of marriage in civil law, many Catholic Charities and other faith-based adoption agencies around the country have been forced to end their adoption and foster care services.

Challenges to religious freedom often come from a mistaken view of religion, a view that sees religion as good only if it conforms to every value that happens to prevail today.

However, the good that religious institutions do is inseparable from the parts that challenge prevailing norms. Religious convictions hang together, in and out of season. When faith groups violate their consciences, they undermine the whole mission of their ministry. People of faith and faith-based organizations need space to make their unique contributions to the common good.
4. Authentic Pluralism

Skeptics are often concerned about the effects that religious organizations have on people who do not share those religious beliefs. Skeptics tend to see a conflict between religious freedom and their vision of equality and choose a mistaken concept of equality over freedom. These are certainly difficult issues. Here are points to consider:

- A pluralistic society makes space for people who hold views that run counter to the mainstream. Religious groups, and groups formed around a particular set of principles, need to be able to express their views with integrity. Should an animal rights organization be required by law to hire a member of a hunting association? Of course not. Then, for example, neither should a religious organization be required to hire people who oppose the teachings of that religion. It is crucial that our society not adopt the view that all groups – least of all religious groups -- must conform to one view. True freedom results in a diversity that strengthens, rather than weakens, society.

- Some skeptics say that religious people impose their faith on others. However, when religious groups are accused of causing harm to others, the “harm” is often that they do not facilitate an action. The craft store chain Hobby Lobby refused to cover abortifacients for its employees. But Hobby Lobby is not preventing its employees from obtaining these devices. The Christian family that runs Hobby Lobby refuses to participate in an activity it believes is immoral.

- It is similar when family-owned businesses choose not to participate in same-sex weddings. For example, florist Barronelle Stutzman had served a customer she knew was in a same-sex relationship for almost a decade. However, she could not in good conscience create custom floral arrangements for the customer’s same-sex ceremony. She was happy to provide flowers for any other occasion but did not want to be forced to participate in a particular event that went against her Christian beliefs. The State of Washington sued Barronelle for declining to participate in an activity that went against her faith.

- Above all, the Church seeks to offer a better way. Catholic teaching is holistic, rooted in the dignity of the person, a dignity that is visible to reason yet made more clear by the light of the gospel of Jesus Christ. We are not simply asking for freedom from coercion so that we can be left alone. We believe that what we teach - about marriage, sex, family life, care for refugees, care for the poor, care for the sick, care for all vulnerable – is good for society. When we see a culture that is often un-loving and hostile to life, we work to bear witness to a healthier culture, a “civilization of love,” in which all people can flourish.

5. Own It

When we engage in conversation as Catholics, people want to know what we think. It’s good to represent the Church and the beauty of her teachings; it’s even better when we internalize those teachings and reflect on our own experiences and reasons for caring about religious freedom. Your friends and neighbors want to know what you think. You have a unique contribution to make to the conversation!