

**St. Mary's  
&  
Holy Name of Jesus  
Catholic Churches**



**Diocese of Amarillo**

**Most Rev. Patrick J. Zurek, Bishop**

**Rev. Grant Spinhirne, Administrator**

**St. Mary's  
22830 Pondasetta Road  
P.O. Box 105  
Umbarger, TX 79091  
(806) 499-3531**

**Holy Name of Jesus  
317 W. Main  
P.O. Box 128  
Happy, TX 79042  
(806) 558-2871**

**WWW.STMARYSUMBARGER.COM**

<b>Mass Schedule</b>			
		<b>Umbarger</b>	<b>Happy</b>
Mon, July 12		No Mass	No Mass
Tue, July 13	St. Henry	7 PM - Jim Grabber	No Mass
Wed, July 14	St. Kateri Tekakwitha	8 AM - Christian Mothers	No Mass
Thu, July 15	St. Bonaventure	8 AM - Bernard Grabber	7 PM -
Fri, July 16	Our Lady of Mount Carmel	8 AM - Clara Grabber	No Mass
Sat, July 17		No Mass	5:30 PM - Parish Family
Sun, July 18	The 16th Sunday in Ordinary Time	9:00 AM - Parish Family	No Mass

# ST. MARY'S

**Divine Mercy Chaplet:** 1<sup>st</sup> Sunday at 10:30 AM  
**Anointing of the Sick:** By Request  
**CYO** 4<sup>th</sup> Sunday 6:00 pm. at the Hall  
**CCD:** Sundays at 10:15-11:30

---

**Liturgy Sign-up Sheet:** is located in the back of the Church. Please sign up for Lector, Eucharistic Minister and Altar Servers!

---

**Parish Council Meeting:** Will be next Tuesday, July 20th after mass.

---

**St Mary's Prayer Blanket Ministry:** If you or a loved one suffers from a serious illness and would like a blanket, please contact Suzy Hicks or Fr Grant.

---

**Tips on how to invite fallen-away Catholics back into the Church**

By Philip Kosloski

*St. Ambrose suggests that gentleness and mercy are required to welcome stray sheep back into the fold.*

Sometimes Catholics “fall away” from the Church for various reasons, and many remain detached from the Church for the rest of their lives.

This can be disheartening for Catholics still within the Church. They want to encourage those who have left to return to the Church, but don't know how.

For St. Ambrose, a central key in welcoming Catholics back into the Church is maintaining a spirit of gentleness and mercy.

He explains this method in his letter Concerning Repentance. “If the highest end of virtue is that which aims at the advancement of most, gentleness is the most lovely of all, which does not hurt even those whom it condemns, and usually renders those whom it condemns worthy of absolution. Moreover, it is the only virtue which has led to the increase of the Church which the Lord sought at the price of His own Blood, imitating the loving kindness of heaven, and aiming at the redemption of all, seeks this end with a gentleness which the ears of men can endure, in presence of which their hearts do not sink, nor their spirits quail.”

Do not frighten others away. Furthermore, if we want to bring others back to the Church, we must do so by preaching the truth with compassion, not with “harsh and proud opinions.”

Therefore had the Lord Jesus compassion upon us in order to call us to Himself, not frighten us away. He came in meekness, He came in humility, and so He said: “Come unto Me, all you that labour and are heavy laden, and I will refresh you.” (Matthew 11:28). So, then, the Lord Jesus refreshes, and does not shut out nor cast off, and fitly chose such disciples as should be interpreters of the Lord's will, as should gather together and not drive away the people of God. Whence it is clear that they are not to be counted among the disciples of Christ, who think that harsh and proud opinions should be followed rather than such as are gentle and meek.

This does not mean Catholics need to water down the truth, or change the truth in order to be more accommodating and welcoming.

What St. Ambrose is writing about is having a spirit of compassion and gentleness when talking to others about the Catholic faith, showing them the beauty of Catholicism.

He believed that “You catch more flies with honey than you do with vinegar.”

Preaching the truth with compassion, showing others the freedom and peace possible in the sacrament of confession, will attract more than a harsh rebuke.

## HOLY NAME OF JESUS

### Prayer to overcome hatred in your heart

By Philip Kosloski

Ask God to quench the fires of hate within you, that you may embrace each day with peace and serenity.

Sometimes a person we encounter will fan the flames of hatred in our heart. Their words or actions really get under our skin and it is difficult to see them as a child of God.

Jesus challenged us to “love our neighbor as ourselves,” which means we need to change that hatred into love.

It isn't easy, but with God's help, it is possible.

Here is a short prayer from the Roman Breviary that can help quench those fires of hatred we may have.

*O God, Who can not change nor fail,*

*Guiding the hours as they roll by,*

*Brightening with beams the morning pale*

*And burning in the mid day sky.*

*Quench the fires of hate and strife*

*The wasting fever of the heart*

*From perils guard our feeble life*

*And to our souls Thy peace impart.*

*Grant this O Father, Only Son And Holy Spirit*

*God of grace To Whom all glory Three in One*

*Be given in every time and place. Amen.*

### Here is what St. Irenaeus said about the Eucharist

By Philip Kosloski

St. Irenaeus was a 2nd-century bishop who believed the Eucharist was the body and blood of Jesus Christ.

St. Irenaeus lived from about 130 – 202, and his writings provide an early witness to the Church's beliefs about the Eucharist.

He writes in his book *Against Heresies* that something extraordinary happens at Mass.

For as the bread, which is produced from the earth, when it receives the invocation of God, is no longer common bread, but the Eucharist, consisting of two realities, earthly and heavenly; so also our bodies, when they receive the Eucharist, are no longer corruptible, having the hope of the resurrection to eternity.

St. Irenaeus points out that the bread and wine experiences a transformation at Mass at the words of consecration, turning them into something new, both heavenly and earthly.

In a different part of his book he reveals what exactly they change into.

[Jesus] has acknowledged the cup (which is a part of the creation) as His own blood, from which He bedews our blood; and the bread (also a part of the creation) He has established as His own body, from which He gives increase to our bodies.

This is consistent with what the Catechism of the Catholic Church currently states.

By the consecration the transubstantiation of the bread and wine into the Body and Blood of Christ is brought about. Under the consecrated species of bread and wine Christ himself, living and glorious, is present in a true, real, and substantial manner: his Body and his Blood, with his soul and his divinity CCC 1413

St. Irenaeus was simply stating something the Church has never ceased to teach about the Eucharist: that the bread and wine become, through the power of God, the body and blood of Jesus Christ.

### Catholic prayer for safe travels

By Philip Kosloski

*Ask God to be with you and protect your journey with this prayer.*

Traveling always involves risk, whether it is traveling around the world, or even getting out of your bed in the morning!

Here is a short prayer for safe travels, adapted from the Roman Breviary.

*O God, Who made the children of Israel to walk with dry feet through midst of the sea and Who opened unto the three wise men by the guiding of a star the way that led unto You, grant us good speed and safe travels that Your holy Angel may be with us and that we may happily come to our destination and in the end unto the haven of eternal salvation.*

# NEWS FROM AROUND THE DIOCESE

**FOR BULLETIN NOTICES** – Bulletin Deadline: Thursday @ noon. Please Contact Fr. Grant by email: [frgrantspinhirne@gmail.com](mailto:frgrantspinhirne@gmail.com) or Christina Wegman by email: [cwegman696@yahoo.com](mailto:cwegman696@yahoo.com) or by phone: (806)499-3531.

**Baptism or Wedding** Please contact Fr. Grant at least 1 month in advance for baptisms and 6 months advance for weddings.

**Sacrament of Reconciliation:**  
**Umbarger:** Sundays at 8:30 am or by appointment. **Happy:** Saturdays at 5 p.m. and Thursday at 6:30 p.m. or by appointment.

To use or rent the church or parish hall, please contact Fr. Grant or the Parish Office at least 3 months before the event.

**FOR MASS INTENTIONS** please talk to Fr. Grant or leave the intention in the collection basket. There are envelopes available in the back of Church.

**Please pray for all the sick in our parishes**

**ST. MARY'S:** Servero Gomez, Jeremy Koch, Charles Russell

**Holy Name of Jesus:** Lucy Armendariz, Ricardo Brionez Sr., Ricardo Brionez Jr., Joe Frausto, Susana Garza, Ralph Galaviz, Betty Gonzales, Martina Mendez, Martin Montoya, Santos Perez, Mario Quzada, Joaguin Saenz, Stephaney Saenz, Sergio Saenz Jr, Griselda Saenz, Felix Silva, Pedra Soto, Betty Sosa, Leonel Sosa, Mary Ann Sosa, Paula Sosa

**The Office of the Victim’s Assistance Coordinator for the Diocese of Amarillo**

Sharyn Delgado  
Victim Assistance Coordinator  
719 South Austin  
Amarillo, Tx 79106  
Phone: 806-671-4830  
Fax: 806-373-4662  
Email: [skdelgado@aol.com](mailto:skdelgado@aol.com)

**Natural Family Planning (NFP).** Learn NFP at home and at your own pace with the **Home Study Course** from NFP International, [www.nfpandmore.org](http://www.nfpandmore.org). Includes Ecological Breastfeeding (it really *can* space babies), a double-check system of fertility awareness, and Catholic teaching that’s easy to understand. Work with a live instructor by email. Completion certificate. Only \$70.

**Would you Like to attend an ACTS Retreat Weekend?**

There is more information about the ACTS Retreat online. If you or someone you know would like to attend you can register online at: [ACTSamarillo.org](http://ACTSamarillo.org)

**Fun, Fellowship & Learning at Ceta Canyon** with the Panhandle Franciscans & other local families on July 23-25 is open to registrants! For more information and to register online,

<https://www.panhandrefranciscans.org/summercamp>

Or contact Sr. Mary Michael: [schsrs@gmail.com](mailto:schsrs@gmail.com) / 806-537-3182 x6