

## As Needed Medical Forms

### K-8

Dear Parents,

Attached are some commonly used clinic forms that your child may need. These forms are to be completed annually except for the School Entrance Physical Examination. Please be aware that most forms require a parent and licensed health care provider signature. The forms may be turned in to your classroom teacher, the main office, or the clinic.

Our fax number is (440) 237-3308 Attn: School Clinic

If you have any questions call the clinic at (440)628-8465

Page 1: Medication Administration Form

Page 2,3,4: Asthma Action Plan

Page 5,6: Allergy Action Plan (food allergies/bee-stings)

Page 7: Immunization Exemption Form

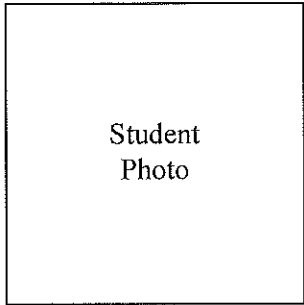
Page 8: 6<sup>th</sup> Grade Tdap Booster and Meningococcal Vaccines

Page 9: School Entrance Physical Examination (1<sup>st</sup> time enroll only)

**PRESCRIBER AND PARENT REQUEST  
FOR THE ADMINISTRATION OF MEDICATION  
AT SCHOOL**

(Medication Administration Record – MAR)

\*\*\*\*\* One Medication per Form \*\*\*\*\*



School \_\_\_\_\_

Student \_\_\_\_\_ Grade/Rm \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Name of Medication and Dosage \_\_\_\_\_

Times of Day to be Administered \_\_\_\_\_

Number of Times/Intervals Medication is to be Administered \_\_\_\_\_

Date to Begin Medication \_\_\_\_\_ Date to End Medication \_\_\_\_\_

Adverse/Severe Reaction that Should be Reported to Physician \_\_\_\_\_

Special Instructions for Administration of Medication \_\_\_\_\_

This medication can be safely administered by non-medical personnel  Yes  No

It is impossible to arrange for this medication to be taken at home and, therefore, it must be administered during school hours  Yes  No

This student is under my care. It is not possible to arrange for this medication to be taken at home under the supervision of a parent and therefore it must be taken during school hours.

\_\_\_\_\_  
Prescriber's Printed Name Tel \_\_\_\_\_

\_\_\_\_\_  
Prescriber's Signature Date \_\_\_\_\_

Please regard my signature below as my assurance that I release \_\_\_\_\_  
\_\_\_\_\_  
School, PSI, and any or all of the school's and PSI's officers or employees from any liability or damages resulting from the consequences or adverse reactions of our child's taking or failing to take this medication at the times prescribed. I also agree to keep the school informed in writing of any revision in the physician's prescription. I have had the opportunity to ask questions. They have been fully answered to my satisfaction.

\_\_\_\_\_  
Parent's Printed Name Tel \_\_\_\_\_

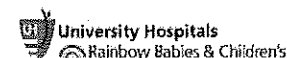
\_\_\_\_\_  
Parent's Signature Date \_\_\_\_\_

# ASTHMA SCHOOL MEDICATION PLAN



Student Name: \_\_\_\_\_ Birthdate: \_\_\_\_\_

School Name: \_\_\_\_\_ Grade/Rm. \_\_\_\_\_



## Emergency Contact Information and Parent / Guardian Information:

Parent / Guardian-1 (name / relationship): \_\_\_\_\_

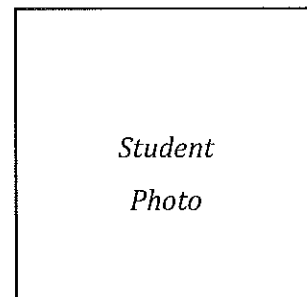
Phone (H) \_\_\_\_\_ Tel (W) \_\_\_\_\_

Parent / Guardian-2 (name / relationship): \_\_\_\_\_

Phone (H) \_\_\_\_\_ Tel (W) \_\_\_\_\_

Healthcare Provider \_\_\_\_\_ Phone: \_\_\_\_\_

Asthma Specialist: \_\_\_\_\_ Phone: \_\_\_\_\_



Emergency contact if other than above (name/relationship): \_\_\_\_\_ Phone: \_\_\_\_\_

<b>Diagnosis / Reason for Medication:</b>	<input type="checkbox"/> Asthma <input type="checkbox"/> Other:
<b>Asthma Triggers to Avoid for student while at school:</b>	<input type="checkbox"/> Smoke / fumes <input type="checkbox"/> Animal <input type="checkbox"/> Mold Spores <input type="checkbox"/> Dust Mite Other: _____

YES / NO: Student is required to have quick relief asthma medication at school to provide rapid relief of asthma symptoms if needed: cough, chest tightness, wheezing, trouble breathing, shortness of breath

YES / NO: Student is required to use quick relief asthma medication BEFORE gym or other exercise to prevent exercise induced bronchospasm from asthma

YES / NO: Student is required to take daily asthma control medication at school as directed

Medication Information										
Name of Medication	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 50%;"><b>YES / NO: Albuterol</b></td> <td><b>Other:</b></td> </tr> <tr> <td> <table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td><input type="checkbox"/> Inhaler</td> <td><input type="checkbox"/> Nebulizer</td> <td><input type="checkbox"/> Dry Powder Inhaler</td> <td><input type="checkbox"/> Liquid</td> <td><input type="checkbox"/> Pill / Capsule</td> </tr> </table> </td> <td>Other: _____</td> </tr> </table>	<b>YES / NO: Albuterol</b>	<b>Other:</b>	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td><input type="checkbox"/> Inhaler</td> <td><input type="checkbox"/> Nebulizer</td> <td><input type="checkbox"/> Dry Powder Inhaler</td> <td><input type="checkbox"/> Liquid</td> <td><input type="checkbox"/> Pill / Capsule</td> </tr> </table>	<input type="checkbox"/> Inhaler	<input type="checkbox"/> Nebulizer	<input type="checkbox"/> Dry Powder Inhaler	<input type="checkbox"/> Liquid	<input type="checkbox"/> Pill / Capsule	Other: _____
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Dosage of Medication	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 50%;">Number of puffs _____</td> <td>Other: _____</td> </tr> </table>	Number of puffs _____	Other: _____							
Number of puffs _____	Other: _____									
Other instructions:	YES / NO: Inhaler MUST be used with a spacer (valved holding chamber) for administration YES / NO: Please maintain a written record (Log) of all doses: YES / NO									
When to administer dose	YES / NO: 5-15 minutes before gym, recess, or exercise to prevent exercise induced bronchospasm YES / NO: As needed for FAST RELIEF of chest tightness, shortness of breath, wheezing or prolonged cough or other asthma symptoms. A total of 3 doses can be given within an 8 hour interval YES / NO: Daily at _____ AM / PM for daily asthma control (long term prevention)									
Repeat Dose	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 50%;">_____ : DO <b>NOT</b> REPEAT the dose</td> <td>_____ : Repeat dose one time if symptoms <b>not</b> gone 10 minutes after first dose <b>AND</b> repeat dose every 3-4 hours IF symptoms RECUR during the school day</td> </tr> </table>	_____ : DO <b>NOT</b> REPEAT the dose	_____ : Repeat dose one time if symptoms <b>not</b> gone 10 minutes after first dose <b>AND</b> repeat dose every 3-4 hours IF symptoms RECUR during the school day							
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When to call Child's Parent	If after 2 consecutive doses (2-4 puffs per dose) are given and there is no improvement in symptoms, please seek further medical attention and call parent									
When to call Child's Physician	If you have concerns or questions about the student's medication or disease									
<b>Asthma Emergency</b> The steps that should be taken: •Activate the emergency medical system in your area. Call 911. •Call Parent/Guardian and/or Healthcare Provider	The following are possible signs of an asthma emergency: •Difficulty breathing, walking, or talking •Blue or gray discoloration of the lips or fingernails •Failure of medication to reduce worsening symptoms.									

Supervision of Medication	<input type="checkbox"/> Student is permitted to carry medication and self-administer with no supervision <input type="checkbox"/> Student MAY self-administer medication BUT supervision is required for all doses <input type="checkbox"/> Student requires trained assistance to administer all doses		
Expected Normal side effects:	<input type="checkbox"/> None	<input type="checkbox"/> Fast heartbeat, tremor, hyper-activity	Other: _____
Storage Requirements	<input type="checkbox"/> None	<input type="checkbox"/> Refrigerate	Other: _____
START Date to begin Medication	When school receives form	Other: _____	
STOP Date to discontinue Medication	End of school year	Other: _____	
Instructions for proper use of medicine are attached to this form		<input type="checkbox"/> YES	<input type="checkbox"/> NO

**PLEASE COMPLETE SECTION BELOW FOR STUDENT PERMISSION TO CARRY INHALER**

**\*\*\*\*\*SELF-MEDICATION FOR ASTHMA INHALERS\*\*\*\*\***

**Authorization (In accordance with ORC 3313.716/3313.14)**

**Who keeps the bronchodilator inhaler at school?**

School policy restricting possession of medication by students is insufficient grounds for preventing students with sufficient maturity from retaining possession of their bronchodilator inhaler. Such policies, when enforced, delay appropriate treatment and restrict activities unnecessarily. The decision regarding sufficient maturity of the student to be responsible for appropriate inhaler use is an individual one to be made by the parents in consultation with their physician. The inhalers pose no abuse potential or other danger to classmates. While restrictions on bronchodilator inhaler possession may be necessary for the youngest students, it constitutes unreasonable interference with the student's medical care for school personnel to unilaterally restrict possession of bronchodilator inhalers by students judged by parents and physician to have sufficient maturity to use the device appropriately. Possession of the bronchodilator inhaler by the student also promotes earlier use that decreases the risk of requiring emergency care from rapidly progressive asthma, which on rare occasion can cause hypoxia, brain damage, and death. Discussion among parents, physician, and school personnel can determine whether school-supervised administration would improve or deter compliance.

\_\_\_\_\_ **Please check if STUDENT is permitted by healthcare provider to CARRY an inhaler and SELF-MEDICATE at school.**

**Student Agreement and Signature:**

I, \_\_\_\_\_, agree that I will:

Never allow another student to use my medication.

Keep my medication with me at all times.

Go to the School Clinic, accompanied by someone, when I used my rescue inhaler and continue to have symptoms.

Follow school policy and my medical provider's instructions as outlined in my Asthma Medication Plan.

**Student Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_  
 \*\*\*\*\*

Signature of Parent/Guardian \_\_\_\_\_ Date \_\_\_\_\_

Signature of Prescriber \_\_\_\_\_ Date \_\_\_\_\_

Copies must be provided to the principal and to the nurse.



**\*\*\*\*\*SELF-MEDICATION FOR ASTHMA INHALERS\*\*\*\*\***

**(In accordance with ORC 3313.716/3313.14)**

Adverse reactions that should be reported to physician:

- Chest pain.
- Rash, hives, or itching.
- Fast, pounding, or irregular heartbeat.
- Swelling of the face, throat, tongue, lips, eyes, hands, feet, ankles, or lower legs.
- Difficulty swallowing.
- Worsened breathing.
- Hoarseness.

Adverse reactions for unauthorized user:

- Racing heart beat
- Feeling very shaky

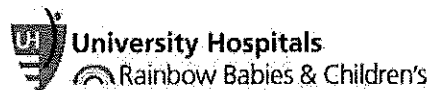
**In the event that medication does not produce the expected relief from student's asthma attack, follow the "Steps for an Acute Asthma Episode" (on first page)**

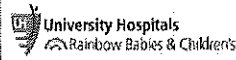
Other special instructions:

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Copies must be provided to the principal and to the nurse.

*Reviewed by Dr. Carly Wilbur*





# ALLERGY ACTION PLAN

USE 1 FORM PER CHILD FOR EACH ALLERGEN

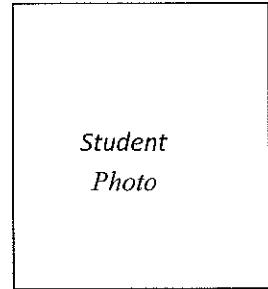
Student \_\_\_\_\_ School \_\_\_\_\_

DOB \_\_\_\_\_ Age \_\_\_\_\_ Weight \_\_\_\_\_ Grade/Rm \_\_\_\_\_

Allergy to \_\_\_\_\_

START DATE: \_\_\_\_\_ END DATE: \_\_\_\_\_

- Student has asthma.  Yes  No (If yes, higher chance of severe reaction)
- Student has had anaphylaxis.  Yes  No
- Student may carry epinephrine.  Yes  No (if yes, complete next page)
- Student may give him/herself medicine.  Yes  No (If student refuses/is unable to self-treat, an adult must give medicine.)



## IMPORTANT REMINDER

Anaphylaxis is a potentially life-threatening, severe allergic reaction. If in doubt, give epinephrine.

<p><b>For Severe Allergy and Anaphylaxis</b></p> <p><b>What to look for</b></p> <p>If child has ANY of these severe symptoms after eating the food or having a sting, <b>give epinephrine.</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Shortness of breath, wheezing, or coughing</li> <li><input type="checkbox"/> Skin color is pale or has a bluish color</li> <li><input type="checkbox"/> Weak pulse</li> <li><input type="checkbox"/> Fainting or dizziness</li> <li><input type="checkbox"/> Tight or hoarse throat</li> <li><input type="checkbox"/> Trouble breathing or swallowing</li> <li><input type="checkbox"/> Swelling of lips or tongue that bother breathing</li> <li><input type="checkbox"/> Vomiting or diarrhea (if severe or combined with other symptoms)</li> <li><input type="checkbox"/> Many hives or redness over body</li> <li><input type="checkbox"/> Feeling of "doom," confusion, altered consciousness, or agitation</li> </ul> <p><input type="checkbox"/> <b>SPECIAL SITUATION: If this box is checked, child has an extremely severe allergy to an insect sting or the following food(s): _____ . Even if child has MILD symptoms after a sting or eating these foods, give epinephrine.</b></p>	<p><b>Give epinephrine!</b></p> <p><b>What to do</b></p> <ol style="list-style-type: none"> <li>1. Inject epinephrine right away! Note time when epinephrine was given.</li> <li>2. Call 911. <ul style="list-style-type: none"> <li><input type="checkbox"/> Ask for ambulance with epinephrine.</li> <li><input type="checkbox"/> Tell rescue squad when epinephrine was given.</li> </ul> </li> <li>3. Stay with child and: <ul style="list-style-type: none"> <li><input type="checkbox"/> Call parents and child's doctor.</li> <li><input type="checkbox"/> Give a second dose of epinephrine, if symptoms get worse, continue, or do not get better in 5 minutes.</li> <li><input type="checkbox"/> Keep child lying on back. If the child vomits or has trouble breathing, keep child lying on his or her side.</li> </ul> </li> <li>4. Give other medicine, if prescribed. Do not use other medicine in place of epinephrine. <ul style="list-style-type: none"> <li><input type="checkbox"/> Antihistamine</li> <li><input type="checkbox"/> Inhaler/bronchodilator</li> </ul> </li> </ol>
<p><b>For Mild Allergic Reaction</b></p> <p><b>What to look for</b></p> <p>If child has had any mild symptoms, <b>monitor child.</b></p> <p>Symptoms may include:</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Itchy nose, sneezing, itchy mouth</li> <li><input type="checkbox"/> A few hives</li> <li><input type="checkbox"/> Mild stomach nausea or discomfort</li> </ul>	<p><b>Monitor child</b></p> <p><b>What to do</b></p> <p>Stay with child and:</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Watch child closely.</li> <li><input type="checkbox"/> Give antihistamine (if prescribed).</li> <li><input type="checkbox"/> Call parents and child's doctor.</li> <li><input type="checkbox"/> If symptoms of severe allergy/anaphylaxis develop, use epinephrine. (See "For Severe Allergy and Anaphylaxis")</li> </ul>

## Medication/Doses

Epinephrine autoinjector, intramuscular (list type): \_\_\_\_\_ Dose:  0.15 mg  0.30 mg

Antihistamine, by mouth (type and dose): \_\_\_\_\_

Other (for example, inhaler/bronchodilator if student has asthma): \_\_\_\_\_

<b>Parent/Guardian Authorization Signature</b>	<b>Date</b>	<b>Physician/HCP Authorization Signature</b>	<b>Date</b>
Emergency Contacts/Relationship		Telephone number	
1. _____		_____	
2. _____		_____	
3. _____		_____	

\*\*\*\*\* (To be completed ONLY if student will be carrying an Epinephrine Autoinjector) \*\*\*\*\*

**AUTHORIZATION FOR STUDENT POSSESSION AND USE OF AN EPINEPHRINE AUTOINJECTOR**

**(In accordance with ORC 3313.718/8313.141)**

Student name
Student address

This section must be completed and signed by the student's parent or guardian.

As the Parent/Guardian of this student, I authorize my child to possess and use an epinephrine autoinjector, as prescribed, at the school and any activity, event, or program sponsored by or in which the student's school is a participant. I understand that a school employee will immediately request assistance from an emergency medical service provider if this medication is administered. I will provide a backup dose of the medication to the school principal or nurse as required by law.

Parent /Guardian signature	Date
Parent /Guardian name	Parent /Guardian emergency telephone number (       )

This section must be completed and signed by the medication prescriber.

Name and dosage of medication	
Date medication administration begins	Date medication administration ends (if known)
Circumstances for use of the epinephrine autoinjector	
Procedures for school employees if the student is unable to administer the medication or if it does not produce the expected relief	

Possible severe adverse reactions:

To the student for which it is prescribed (that should be reported to the prescriber)
To a student for which it is not prescribed who receives a dose
Special instructions

As the prescriber, I have determined that this student is capable of possessing and using this autoinjector appropriately and have provided the student with training in the proper use of the autoinjector.

Prescriber signature	Date
Prescriber name	Prescriber emergency telephone number (       )

Developed in collaboration with the Ohio Association of School Nurses.

HEA 4222 3/07

**STATE OF OHIO**  
**LEGAL IMMUNIZATION EXEMPTION**  
**Per OHIO STATUTE 3313.671 (Exemptions)**  
**Religious, Good Cause and Medical Exemption form**  
**Ohio revised Code Section 3313.671 Part B 1-5**

**3313.671 Proof of required immunizations - exceptions.**

(B) (1) A pupil who has had natural rubeola, and presents a signed statement from the pupil's parent, guardian, or physician to that effect, is not required to be immunized against rubeola.

(B) (2) A pupil who has had natural mumps, and presents a signed statement from the pupil's parent, guardian, or physician to that effect, is not required to be immunized against mumps.

(B) (3) A pupil who has had natural chicken pox, and presents a signed statement from the pupil's parent, guardian, or physician to that effect, is not required to be immunized against chicken pox.

(B) (4) A pupil who presents a written statement of the pupil's parent or guardian in which the parent or guardian declines to have the pupil immunized for reasons of conscience, including religious convictions, is not required to be immunized.

(B) (5) A child whose physician certifies in writing that such immunization against any disease is medically contraindicated is not required to be immunized against that disease.

I understand that the Law permits me to sign a waiver to my child receiving vaccinations.

I hereby object and request the school to waive the proof of vaccination of my child against some or all of the following:

<b>Mumps</b>	<b>Poliomyelitis</b>	<b>Rubeola (Measles)</b>	<b>Rubella</b>
<b>Diphtheria</b>	<b>Pertussis</b>	<b>Tetanus</b>	<b>Hepatitis B</b>
<b>Chicken Pox</b>	<b>Hib</b>	<b>Other</b> _____	

Child's Name: \_\_\_\_\_

**Religious:** If desired, attach a page with religious statement or a letter from your religious leader.

**Good Cause:** If desired, attach another page with reason(s)

**Medical Reason:** You must have a signed statement from your physician stating the condition and attach it to this form.

I further understand that during the course of an outbreak of any of the aforementioned vaccine preventable diseases, that the student named here is subject to exclusion from school for the duration of the outbreak.

Parent/Guardian Signature: \_\_\_\_\_

Address: \_\_\_\_\_ Date: \_\_\_\_\_



**Letter to 6<sup>th</sup> Grade Parents/Guardians  
Tdap Booster & Meningococcal Vaccine**

**TO: Parents/Guardians**

**FROM: School Health Clinic**

**DATE:** \_\_\_\_\_

**SUBJECT: Tdap Booster & Meningococcal Vaccine**

Dear Parents/Guardians,

Beginning with the 2016-2017 school year, the Ohio Department of Health School Immunization Requirements have been revised to include one dose of Meningococcal (MCV4) vaccine to be administered before a student enters the seventh grade. Therefore, your current sixth grader will need to show proof of having received the Meningococcal (MCV4) vaccine before they can return to school in the fall.

Your child also requires a dose of Tdap to be administered before a student enters the seventh grade. This dose is intended to be administered as a booster dose for students who have completed the required doses of the initial series of DTaP/DT/Td. Therefore, your current sixth grader will need to show proof of having received this booster dose before they can return to school in the fall.

If your child received one dose of Tdap as part of the original series, another dose of Tdap will not be required. The Tdap can be given regardless of the interval since the last tetanus or diphtheria-toxoid containing vaccine.

You are receiving this letter now to provide you with ample time to have your child immunized before the coming school year begins. Please contact your physician or health department to schedule an appointment.

Please provide the date that your child received the vaccines. \_\_\_\_\_

\_\_\_\_\_  
(Name)

received the Meningococcal (MCV4) vaccine on \_\_\_\_\_.  
(Date)

received the Tdap vaccine on \_\_\_\_\_.  
(Date)

\_\_\_\_\_  
Signature

# SAINT ALBERT THE GREAT SCHOOL

## School Entrance Physical Examination

Name: \_\_\_\_\_ Birth Date: \_\_\_\_\_ Grade: \_\_\_\_\_

### Immunization Information

Please complete the entire date including month, day and year:

DTP/Dtap: 1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_ 4. \_\_\_\_\_ 5. \_\_\_\_\_

Td/Tdap: 1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_ 4. \_\_\_\_\_ 5. \_\_\_\_\_

OPV/IPV: 1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_ 4. \_\_\_\_\_ 5. \_\_\_\_\_

HIB: 1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_ 4. \_\_\_\_\_ 5. \_\_\_\_\_

Hepatitis B: 1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_ 4. \_\_\_\_\_ 5. \_\_\_\_\_

MMR: 1. \_\_\_\_\_ 2. \_\_\_\_\_ Hepatitis A: 1. \_\_\_\_\_ 2. \_\_\_\_\_

Other: 1. \_\_\_\_\_ Varicella Vaccine 1. \_\_\_\_\_ 2. \_\_\_\_\_

Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Blood Pressure \_\_\_\_\_

Examination: Date \_\_\_\_\_ Normal \_\_\_\_\_ Abnormal \_\_\_\_\_

Remarks and recommendations concerning abnormal findings: \_\_\_\_\_

Restrictions: \_\_\_\_\_ Development: Normal \_\_\_\_\_ Abnormal \_\_\_\_\_

Chronic Health Concerns: Asthma: \_\_\_ Seizure Disorder: \_\_\_ ADD/ADHD: \_\_\_ Diabetes: \_\_\_

Other: \_\_\_\_\_

### Medications:

Name of medication/ dosage/frequency: \_\_\_\_\_

Reason for medication: \_\_\_\_\_

**Please complete form for medication administration if it is necessary for the child to receive prescription or OTC medication in school.**

Was child referred to a specialist for any reason? Explain \_\_\_\_\_

### Special Tests (at discretion of physician)

Urinalysis \_\_\_\_\_ Hemoglobin \_\_\_\_\_

Lead \_\_\_\_\_ Sickle Cell \_\_\_\_\_

Tuberculin test: (most recent) Date: \_\_\_\_\_ Type: \_\_\_\_\_ Results: Positive \_\_\_\_\_ Negative \_\_\_\_\_

Other: \_\_\_\_\_

Hearing: Type of test: \_\_\_\_\_ Results: \_\_\_\_\_ Comments: \_\_\_\_\_

Vision: Acuity: Right - 20/\_\_\_ Left - 20/\_\_\_ Strabismus: Yes No Comments: \_\_\_\_\_

Physician Name (Print): \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_ City/ state/ zip \_\_\_\_\_

Based on examination consistent with EPSDT/Headstart/AAP guidelines, I certify this child to be in a suitable condition for enrollment in school.

Physician Signature: \_\_\_\_\_ Date: \_\_\_\_\_