

Guidelines for Choosing a Confirmation Sponsor

Who should you consider to be a sponsor?

When choosing a sponsor it helps to think about people who have played an important role in your family's life. Some people to consider would be a Godparent, Grandparent, an aunt or uncle, older sibling, a neighbor or family friend. A person who embraces a strong commitment to the Gospel would be an excellent choice. If you need someone from St. Jude Parish to be a sponsor, we are happy to help.

1. A person who is to be confirmed is to have one sponsor. Girls may have female or male sponsors; boys may have male or female sponsors.
2. A sponsor must have completed the sixteenth year of age, and be a Confirmed Catholic.
3. A non-Catholic may not serve as a Confirmation Sponsor.
4. If a Catholic priest is to be a sponsor at Confirmation, it is understood that he will concelebrate the Mass.
5. Sponsor must be a practicing Catholic, in a valid Catholic marriage, if married.
6. A parent may not be a sponsor for his or her child; however, a grandparent or Godparent may be a sponsor.

The above guidelines are meant to assist you in assessing the suitability of the person you are considering as a Confirmation sponsor. These guidelines are based on Canons 872-874 of the Code of Canon Law.

If the sponsor is not from Saint Jude Parish, he/she is to obtain a **Letter of Eligibility** from their Catholic parish.

If the sponsor is an active member of Saint Jude Parish and practices his/her faith, parish clergy will verify this and no letter of eligibility is necessary.

If there is a question as to whether or not a parishioner is practicing the faith, one of the clergy will meet with the potential sponsor. The sponsor will then be asked to sign the Letter of Eligibility.

All Letters of Eligibility are due by May 10, 2021.

Sponsor Interview

The purpose of the sponsor interview is to provide an opportunity for the Confirmation Candidate and the Confirmation Sponsor to get to know each other on a deeper spiritual level prior to celebrating the Sacrament of Confirmation.

The interview must be done in person or over the phone. Candidates are permitted to e-mail the questions to their sponsor in advance of the interview but the sponsor cannot respond through e-mail.

The student neatly records the responses to the questions in the spaces provided on this interview sheet. The sponsor does not complete the interview sheet.

The sponsor interview is due to your PREP Catechist or Saint Jude School Religion Teacher on March 22, 2021.

Confirmation Student _____

Catechist's/Teacher's Name _____

Sponsor's Name _____

Sponsor's Address _____ City/State/Zip _____

Sponsor's E-Mail _____ Phone _____

Relationship to Your Sponsor _____
(Example: aunt, uncle, grandparent, family friend, etc.)

Interview Questions

1. What do you remember about your Confirmation?

2. Who was your sponsor and what was his/her relationship to you (grandparent, aunt, uncle, etc.)?

Turn over please →

3. What is your Confirmation name and why did you choose it?

4. Do you perform any acts of service or charity for others in your life right now? If so, tell me about them.

5. What is your favorite prayer? Do you have a special place or time to pray? Do you ever find it difficult to pray?

6. What is the best thing about being a Catholic?

7. What is one of the greatest challenges to being a Catholic?

8. What spiritual advice do you have for me?

Don't forget to thank your sponsor for taking the time to answer your interview!