

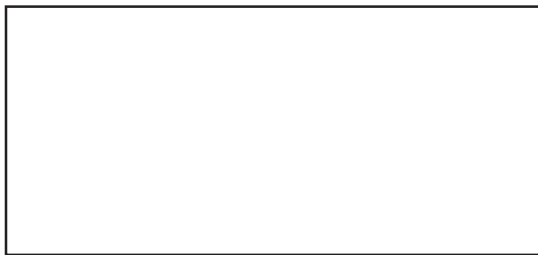
Name _____

Date _____

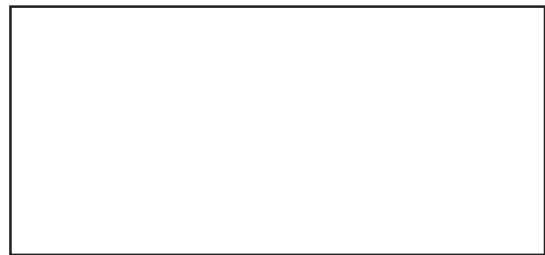
Respect Your Body

Think about the things that can harm your body. Draw a symbol for each of the following items, and then draw and color the barred circle “No” symbol over each drawing. Next, write a personal pledge saying what you will do to show respect for your body.

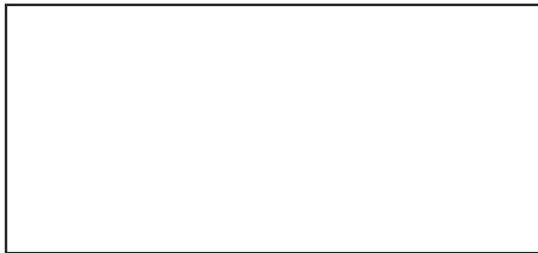
Junk food



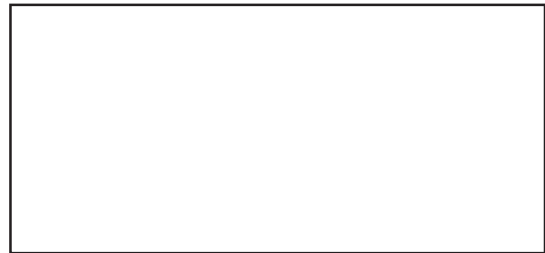
Smoking



Not using safety equipment



Fighting



Staying up too late



Alcohol



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I will respect my body by

Signed _____