

GRADE 5: FEBRUARY 8

Sacraments

CHAPTER 18: Liturgy of the Eucharist (pages 243–252)

Key Concept: In Sunday worship and daily living, we show that the Eucharist is the source and the summit of the Catholic Church. The power of the Holy Spirit and the words of the priest transform the bread and wine into the Body and Blood of Christ.

Catholic Faith Words: *consecration, transubstantiation, Blessed Sacrament*

Discover: In the Mass, after we are fed with God's Word, we are fed with the gift of the Eucharist.

Sharing food with others is a way of affirming a human bond with them.

The Eucharist is our spiritual nourishment and forms a spiritual bond that unites us to Jesus and to one another.

- Read pages 244-245: What's the difference between bread we eat and the Eucharist? (One fills the stomach; one fills the heart.) How does the Eucharist feed us? What hunger does the Eucharist Satisfy? The spiritual hunger is a longing for something that will result in true happiness! The bread and wine become the Body and Blood of Jesus during the consecration at Mass. The Mass is both a meal and a sacrifice. Transubstantiation is the mystery of the priests' words and by the power of the Holy Spirit that transform the bread and wine into the Body and Blood of Jesus.
- Print and complete Chapter 18 Handout: Celebrating the Eucharist
- Read page 246: The Eucharist is a Sacrament that is both a meal and a sacrifice. Why is the Eucharist a sacrifice?
- Please write down your response to the question:
- Read the scripture on page 246: The Lord's Supper, Matthew 26:26-28
- Read page 247: What did Jesus sacrifice for us and why? How does the Church celebrate and participate in that sacrifice?
- Please write down your response to the questions.

Live:

- On page 248: Write down what it means for you to live the Eucharist in your daily life.

Family + Faith (pages 251-252):

- Print and complete Chapter 18 Review.