

# THE SPIRIT AND OUR LADY

SEGMENT 4

## SYNOPSIS

*"The Holy Spirit will come upon you, and the power of the Most High will **overshadow** you." - Luke 1:35*

Our Lady, from the moment of her conception, was overshadowed by the Holy Spirit. As the Spouse of the Holy Spirit she models for us what our lives can look like when we say "yes" to God's will and fully give ourselves over to the actions of the Spirit of God. Mary's fiat led her to the cross, the empty tomb and ultimately the upper room where she was once again overshadowed by the Holy Spirit. If we have the courage, as Mary did, to say yes to God's Spirit, to surrender our will to his, we too will experience the power of the Most High overshadowing us.

## DISCUSSION

1. Read the first chapter of Luke and discuss your reflections regarding the role of the Holy Spirit in the announcements of both John's and Jesus' birth.
2. When we read these texts it becomes clear that God had a plan and he uses various people, who submit to the Holy Spirit, to bring forth his plan. How is it apparent that God has a plan for your life?
3. How has God used you to bring about his plan in other people's lives?

DO NOT  
BE AFRAID  
LUKE 1:30

## REFLECTION

Come Holy Spirit.

The same Holy Spirit that overshadowed our Lady desires to overshadow you. Take some time in prayer and consider the role our Lady and the Holy Spirit had in the plan of our salvation.

Pray for the grace to echo Mary's "yes" to the will of the Holy Spirit and pray that Mary would intercede for you.



*"THUS SHE WHO IS PRESENT IN THE MYSTERY OF CHRIST AS MOTHER BECOMES- BY THE WILL OF THE SON AND THE POWER OF THE HOLY SPIRIT - PRESENT IN THE MYSTERY OF THE CHURCH."*

-POPE ST. JOHN PAUL II-  
REDEMPTORIS MATER #24

## KEY TEXTS

**LUKE 1:30-35** *"Then the angel said to her, 'Do not be afraid, Mary, for you have found favor with God. Behold, you will conceive in your womb and bear a son, and you shall name him Jesus...'"*

**LUKE 1:45** *"...Most blessed are you among women, and blessed is the fruit of your womb. And how does this happen to me that the mother of my Lord should come to me?"*

**CCC 485** *"The mission of the Holy Spirit is always conjoined & ordered to that of the Son. The Holy Spirit, 'the Lord, the giver of Life,' is sent to sanctify the womb of the Virgin Mary..."*