

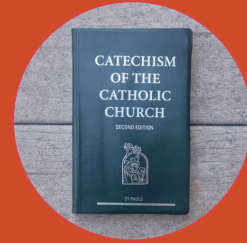
THE FRUITS OF THE HOLY SPIRIT

SEGMENT 9

SYNOPSIS

"So by their fruits you will know them" - Matthew 7:20

By the way we live and how we treat people, our lives produce some type of fruit. The sort of fruit our lives produce has eternal consequences for us personally as well as a profound impact on those people we love. In fact, our fruit impacts all of our relationships, from the most casual to the most intimate. When we live animated by the Holy Spirit, our lives produce fruit that not only makes our own life more peaceful, patient, and loving but also influences positively those whom we encounter each and every day.



"THE FRUITS ARE SIGNS OR MANIFESTATIONS THAT OUR LIFE IS BEING TRANSFORMED OR PERFECTED BY GOD."

- CATECHISM OF THE CATHOLIC CHURCH 1832-

DISCUSSION

1. What words would people who know you best use to describe the fruit your life produces? How about those who are merely acquaintances? Is there a difference?
2. Obviously there is a tension between the works of the flesh and the fruit of the Spirit. How and when do you experience this tension? When do you experience victory over the works of the flesh?
3. The fruits of the Holy Spirit are a visible sign of your relationship with God. Where do you see God working in your life?

LOVE, JOY,
PEACE
GALATIANS 5:22

REFLECTION

Come Holy Spirit.

Make some time when you are able to be quiet and still before the Lord. Invite the Holy Spirit to show you the fruit of your life.

The good things that you do are a grace of living a life led by the Spirit of God. There is also always room for greater conversion. God's Spirit is always available to you in order to bring forth new fruit in your life. Where is this most needed?

Pray that your relationship with the Holy Spirit would produce abundant fruit.

KEY TEXTS

GALATIANS 5:17-23 *"For the flesh has desires against the Spirit, and the Spirit against the flesh; these are opposed to each other, so that you may not do what you want. But if you are guided by the Spirit, you are not under the law. Now the works of the flesh are obvious: immorality, impurity, licentiousness, idolatry, sorcery, hatreds, rivalry, jealousy, outbursts of fury, acts of selfishness, dissensions, factions, occasions of envy, drinking bouts, orgies, and the like. I warn you, as I warned you before, that those who do such things will not inherit the kingdom of God. In contrast, the fruit of the Spirit is love, joy, peace, patience, kindness, generosity, faithfulness, gentleness, self-control."*