Washington State mandates that masks be worn during the school hours. By participating in the Catholic Grade School League, you are attesting that your school and community are following the Washington State mandate of masks in schools. The Diocesan Athletic Program follows the Department of Health Sports Fitness Guidance and regulations of the WIAA. This guidance contains recommendations that are intended to help limit the spread of COVID19 among people participating in sporting activities.

All schools participating in the CGSL are required to follow the state school mask mandates as a condition of participating in the CGSL. This includes visiting schools graciously respecting the facility requirements of the hosting schools. This requirement is not to hinder our students from playing, but rather to allow those who, are more vulnerable and immunocompromised to be able to play and participate in a safe and regulated environment.

All schools are required to follow the mask mandate or choose not to participate in the league. Please respect each facility and their limitations on spectator capacity.

1. When entering the facility, the door attendant will expect spectator(s) to wear masks.
2. The spectator(s) loses the right to attend the game if he or she does not wear a mask.
3. If a spectator(s) still refuses to wear a mask during the game, the child will lose the privilege of participating.

While we understand the frustration(s) this may cause, these temporary restrictions are allowing our children to fully participate. We ask for grace, compassion, respect and support for all the students, participants, coaches and administration as we continue to navigate our way through these difficult interesting times.

Some documents may have differing recommendations, so please note that we are required to follow guidelines published by SRHD. Members of the Spokane CGSL are in continual conversation on evaluating and updating these guidelines. Principals Jim McCollum and TJ Romano are the officials of the Spokane Diocese with specific authority, among other authorities, regarding safety of students participating in sports, including cross country. Decisions that impact mandates and significant adjustments to league policy are done in conjunction with all Catholic School Principals. Ancillary members of the league have agreed to abide by the rules of the league. If they have a grievance, they may address it to the Diocese AD council and the principals.

Mask Overview:

- **Outdoors** – specifically to cross country: Runners shall wear masks including during warm ups until a minute or so before their start, when their coaches will collect the masks. Runners will race without masks. At the finish they will each be handed a new mask to be worn once they feel comfortable with breathing (up to 5 minutes while avoiding close contact with others in the meantime). Medical reasons for not masking are acceptable if verified by their primary physician or ARNP.
• **Indoors** - Masks must be worn at all other times indoors. Spectators will be limited based upon capacity and availability of the host. Signs will be posted on the outside of the gym and communication will be sent out prior to the games informing the families of this. (ie: one spectator per competitor)

• **Spectators** – As mandated by the Washington State Governor, attendees at events of more than 500 people will have to wear a mask, whether vaccinated or not. *Cross country events will require masks.*

Thank you for your support and partnership in our Catholic Grade School League,

All Saints- Jen Lewis               St. John Vianney- Nick Senger
Assumption- TJ Romano               St. Mary- Ben Walker
Cataldo- Zack Cunningham            St. Thomas More- Jim McCollum
St. Aloysisus- Angie Krauss         Trinity- Stacie Holcomb
St. Charles- Heather Schlaich