

## **Meeting with a Religious Order Guidelines**

For this Catholic Cultural Experience, you'll need to research a religious order (please see list below but note that it doesn't have to be a religious order on this list). Find an order that interests you and reach out via their contact page. You'll need to complete this step early, so there is enough time to set up and conduct the meeting. You can ask your friends to join the interview as long as you all do your reflection on google classroom separately.

If you're having trouble contacting a religious order, please reach out to me through email or phone – [mmckeon@stannpv.org](mailto:mmckeon@stannpv.org) or 913-660-1116. I'd be happy to help! There will also be an opportunity to complete this experience through Youth Ministry, so be on the lookout for that!

Once you've set up a meeting, please see the below sections about what you should do before and possible questions to ask.

### **Possible religious orders to set up a meeting with:**

- Little Sisters of the Lamb
  - <https://www.communautedelagneau.org/en/little-monastery-lumen-christi/>
- Little Brothers of the Lamb
  - <https://www.communautedelagneau.org/en/little-brothers-kansas-city/>
- The Society of Our Lady of the Most Holy Trinity
  - <https://www.olmskc.org/>
- Apostles of the Interior Life
  - <https://www.en.apostlesofil.com/>
- Sister Servants of Mary
  - <https://sisterservantsofmary.org/>
- The Poor of Jesus Christ
  - <https://www.sisterspoorofjesuschrist.com/>
- Benedictines Monks
  - <https://www.kansasmonks.org/contact>
- The Arch Diocese of Kansas City also has a list of religious orders
  - <https://kcsjatholic.org/office/consecrated-life/directory-of-orders/>

### **Research to do before the meeting:**

- Look on the website and learn about the order you're visiting
- What does this order specialize in?
- Familiarize yourself with these terms: vocation, religious vows, sister/nun, brother/monk
- Review the questions below. Pick the ones that most interest you and ask those first in case you run out of time. Eliminate the ones you don't want to ask.
- Create three of your own questions to ask

**Possible Questions to Ask:**

- How did you know that God was calling you to religious life?
- Have you always been attracted to the idea of religious life?
- Why this order?
- What does a typical day for you look like?
- What are your hobbies and interests?
- What's the process of becoming a brother/sister?
- What do you think are some of the most misunderstood aspects of religious life?
- How important is your prayer life?
- What are some of the toughest challenges of living in a religious community?
- What's the best part about being a brother/sister?
- What advice do you have for me to help me deepen my faith?
- What advice do you have for someone trying to find their vocation?