

## **Confirmation Sponsor Guidelines**

1. Your sponsor **MUST** be:
  - a. 16 years of age or older
  - b. A baptized, practicing Catholic in good standing with the Church who fulfills the Sunday mass requirements
  - c. Able to assist you and your parents in completing your Catholic Cultural experiences and service hours
  - d. Live a maximum of 1 hour away (be present for sponsor requirements listed below) and willing to travel if so
  
2. Your sponsor **CAN** be:
  - a. A grandparent
  - b. An aunt or uncle
  - c. A godparent
  - d. An older sibling
  - e. A family friend
  
3. Your sponsor **CANNOT** be:
  - a. A parent
  - b. A non- Catholic
  - c. Someone out of state or who lives far away
  
4. Your sponsor will **NEED** to be present for:
  - a. The Confirmation Mass & rehearsal
  - b. **Two** of the following meetings:
    - i. September 23rd at 7 pm
    - ii. October 13th at 7 pm
    - iii. December 8th at 7 pm
    - iv. March 30th at 7 pm

\*Please note 8th graders will receive the sacrament of confirmation before March 30th. Therefore all 8th graders and their sponsors will need to attend two of the first three meetings listed.

(If the sponsor cannot be present, a parent will need to fill in for these events)

### **Sponsor Duties**

1. Fulfill the requirements above
2. Attend 2 of the sponsor meetings with their Confirmation student
3. Pray with the Confirmation student once a week

### **Suggestions:**

- Go to mass together (Discuss what you learned, what God is calling you to do, and what challenged you)

- Go to a prayer event at church (Discuss what it was like, what you liked about it, your experience)
- Go to a parish event together, get to know other parishioners
- Find a project to do in the parish or a group to get involved in
- Assist the Confirmation student with their Catholic Cultural experiences and service hours
- Have one on one meetings with their Confirmation student. Questions are provided below.

**Discussion questions:**

*Begin your monthly Sponsor/Confirmand Gathering:*

- Begin in prayer:
- How are you doing? What does your prayer life look like?
- How is your prayer life been going? What is something that is going well in prayer?  
What is something you are struggling with? What is something you want to start doing more of?
- Something you are struggling with within the catholic faith... Discuss If you do not know the answer to something, the catechism is a great resource!
- Something you enjoy about the Catholic faith...Discuss

*Different questions to discuss throughout your monthly meetings...*

- Ask the confirmation student how they are involved in the parish now.
- Share a time in your life with the confirmation student where your faith was challenged & how they dealt with it.
- Ask each other about your favorite part of the Catholic Church, your Favorite Saint, your Favorite Gift of the Holy Spirit, and which Gift you use most often (Wisdom, Understanding, Counsel, Fortitude, Knowledge, Piety, and Fear of the Lord).
- Who is the Holy Spirit to you?
- What are you learning in Confirmation Class? What have you done?

- Ask each other how is your relationship with Christ, God the Father, and Holy Spirit?
- How is the church different from when you were younger?
- What is your faith to you?
- After confirmation did you feel more compelled to get involved in parish life? How are you involved now?
- Share a story from when you were preparing for confirmation.

*Closing your monthly Sponsor/Confirmand Gathering:*

- At the end of each meeting, ask each other what is one thing helping you grow closer to Christ and one way you are going to try and live out your faith more fully.
- End in prayer