



Crosswinds is here to help!

We are your Corporate Wellness counseling provider.

During this time of increased anxiety and uncertainty, it's easy to feel isolated, but remember you are not alone. We are in this together. We are available to help with any struggles you or your family may be facing.

Remember, you have five sessions available for you and anyone in your household. Your counseling sessions are also available online.

Here is how you can access a Crosswinds counselor today:

Online Counseling

If you would like to receive counseling, but want to steer clear of an office, you can meet face-to-face with a counselor from the comfort of your home on your computer, tablet or phone.

Contact us today to schedule your online session.

Phone: 877-594-9204

Text: 260-238-8939

Email: info@crosswinds.org


CROSSWINDS

CROSSWINDS CARES.