

Why Natural Family Planning?

- Increase in Romance and Courtship
- Cooperation, reverence and respect for your spouse
- Strengthening of your marriage bond
- An increase in your faith and trust in God and in your spouse
- Increased willingness to seek God's plan in your family
- Money saved
- Avoidance of harmful side effects of unnatural forms of birth control
- Credibility and confidence in teaching abstinence to your teenage children
- Personal insight into the meaning of sexual intercourse as a renewal of your marriage covenant
- The fruits of perseverance, tolerance, faithfulness, self-control, diligence, joy, faith, and commitment



COUPLE TO COUPLE LEAGUE **LIVE THE LOVE**

Couple to Couple League offers face-to-face, virtual, and self-paced online classes.

Information and registration for all classes can be found at:

www.ccli.org

Please join our facebook group:

<https://www.facebook.com/groups/LansingAreaCCL>

If you are interested in postpartum or premenopause NFP charting – please contact your local teacher for more information.

The Sympto-Thermal Method taught by CCL utilizes all the fertility signs achieving a 99% effectiveness level for a well-instructed and well-motivated couple.

2018-2019 Lansing Area Class Schedule

St. Therese Parish Lansing, MI

**Sept 17, Oct 15, Nov 12 or
Feb 18, Mar 18, Apr 15
(Mon 6:30PM)**

**Darin & Kristine Witkowski
kristinewitkowski@gmail.com**

The Ark Westphalia, MI

**Jan 26, Feb 16, Mar 16
(Sat 9AM)**

or

**May 9, June 6, July 11
(Thurs 6:30PM)**

**Neil & Amber Feldpausch
neilfeldpausch@hotmail.com**