


 Chapter  
17

# Celebrate Jesus' Resurrection

Long before Jesus was born, God sent his people, the Israelites, a set of rules called the Ten Commandments. They were an important part of a **covenant**, or set of promises, made between God and his people. The Third Commandment tells us we must keep the Lord's Day holy.

But what is the Lord's Day? For Christians, Sunday is the Lord's Day, because Jesus rose from the dead on a Sunday. He defeated death and freed us from our sins. His **Resurrection** means that now he is with us always and everywhere. He is no longer confined to a body.

## Key Words

**covenant** Agreement or promise.

**hope** A trust in something happening.

**Resurrection** Jesus' rising from the dead.

## We Know and Live Our Faith

The following articles in the *We Know and Live Our Faith* resource correspond to the concepts introduced in this lesson:

- "Heaven" (last two paragraphs), page 18
- "Sunday," page 20
- "Easter," page 34

If you have additional time, read the selections together, and ask some questions to check your child's understanding.

By his Resurrection, Jesus also gave us the gift of eternal life. That means death is not the ending of our life, either! For us, death is now a change. Jesus' Resurrection fills us with **hope** that after we die, we will live forever with God in Heaven if we have lived good lives and followed Jesus.

We celebrate Jesus' Resurrection every time we go to Mass. We celebrate through the Scripture readings we hear, the prayers and responses we say together, and the Holy Communion we receive. And we celebrate the Resurrection, because in the Eucharist we receive the resurrected Lord on the very same day he rose from the dead—Sunday.

## Review

1. What day of the week is called the Lord's Day?
2. What does it mean to say that Jesus rose from the dead?
3. How do we celebrate the Resurrection of Jesus at every Mass?

*Turn this page upside down to check your answers!*

*Answers: 1. Sunday. 2. Jesus' body was no longer in the grave; he defeated death and freed us from our sins, and he promised eternal life if we follow him. 3. Through readings, prayers, and receiving the Eucharist.*

