



# Discover!

Finding Faith in Life

## We Celebrate the Resurrection

Scripture Focus: Mark 16:1–6

### Lesson Goals

- to indicate that Jesus rose from the dead
- to state that we celebrate Jesus' Resurrection on Easter Sunday
- to explain that Jesus' Resurrection means that we also will rise with him one day

### Parent Preview

- Review the Featured Story on page 1568 of *The Catholic Children's Bible* (Mark 16:1–6).
- Read the Background Reflection on page 4 of the Easter activity booklet.
- Review this home guide chapter.

### Get Ready! (10 minutes)

- Pray** the prayer on page 1 of the Easter activity booklet.
- Focus** on eggs as an Easter symbol. Explain that the egg reminds us of the tomb. Share that from the outside, it looks like nothing is happening. But, after some time, a new chick comes out of the egg, just like Jesus came out of the tomb.
- Tell** your child that together you will explore the story of this hopeful event: Jesus rose from the dead.

### Dive In! (20 minutes)

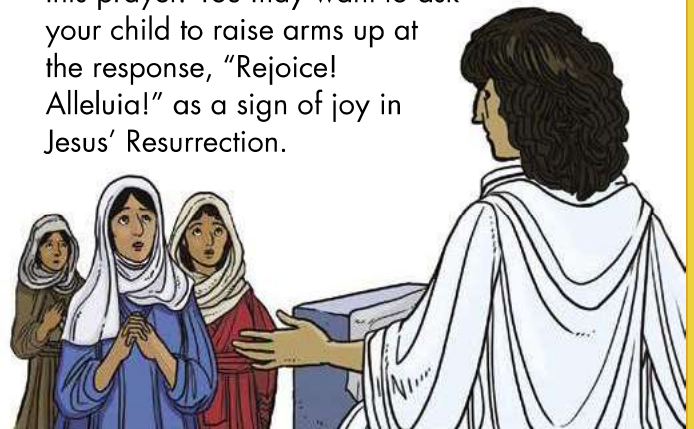
- Read** the Featured Story on page 1568 of *The Catholic Children's Bible* (Mark 16:1–6).
- Ask** your child these questions:
  - When did the three women visit Jesus' tomb, and why? (*The women visited on Sunday morning to anoint his body with spices.*)
  - What did the young man wearing the white robe say to the women? (*He told them not to be alarmed. He knew they were looking for Jesus, but Jesus was not in the tomb. He had risen from the dead.*)
- Read** the Understand It!, Live It!, and Tell It! sections on page 1569 of *The Catholic Children's Bible*.
- Invite** your child to complete the activity on page 2 of the Easter activity booklet.  
*Answers: Two boxes on top: 2 and 3; Three boxes on bottom: 5, 1, and 4.*

### Discover! (20 minutes)

- Read** with your child the article "Christ Is Risen, Alleluia!" on the second page of this home guide chapter. Review the key words. Use the review questions to check your child's understanding.

### Go! (10 minutes)

- Invite** your child to share one thing he or she learned from today's lesson.
- Choose** one of the Family Activities on page 4 of the Easter activity booklet to complete together during the next week.
- Ask** your child to find the sticker sheet and the Seek and Find sheet in the folder. Tell your child to place the chapter 7 sticker in the correct location on the Seek and Find sheet.
- Conclude** by praying the Family Prayer on page 4 of the Easter activity booklet, or use the prayer service on page 3 of the activity booklet. Ask your child to stand for this prayer. You may want to ask your child to raise arms up at the response, "Rejoice! Alleluia!" as a sign of joy in Jesus' Resurrection.





# Christ Is Risen, Alleluia!

Look around at the Easter decorations in your home and church—even in the grocery store. You probably see eggs, chicks, bunnies, and Easter lilies and other spring flowers. These **symbols** help us understand the **Resurrection** of Christ because they remind us of the promise of new life.

Jesus' Resurrection means we will also rise to new life. In fact, if you have been baptized, you already have new life from God, given to you in the waters of Baptism. This new life does not end after we die—we will have new life forever with God. Jesus promised us this new life. We know that Jesus keeps his promises.

## Key Words

**Resurrection** Jesus' rising from death to new life.

**symbol** Something that means or stands for something else.

## We Know and Live Our Faith

The following articles and activity in the *We Know and Live Our Faith* resource correspond to the concepts introduced in this lesson:

- "Jesus Rises from the Dead" + activity, pages 16–17
- "Easter," page 34

If you have additional time, read the selections together, and invite your child to complete the activity.

Jesus rose from the dead on a Sunday. So every Sunday has become holy to Christians—it is the Lord's Day. So we celebrate the Resurrection every Sunday, but especially on Easter Sunday. Our Masses become especially joyful, as we sing, "Christ is risen!" We join family to eat delicious food—and candy—after the Lenten season of fasting. And we go on celebrating Easter for seven weeks—fifty days in all. Easter is the high point of our year in the Church.

Jesus' Resurrection, and the promise of our own resurrection, is Good News! How will you celebrate this joyful news this Easter?

## Review

1. What does Jesus' Resurrection mean?
2. What did Jesus promise to those who follow him faithfully?
3. Why are Sundays holy to us?

*Turn this page upside down to check your answers!*

Answers: 1. Jesus' rising from death to new life. 2. He promised that we would also rise with him. 3. Because Jesus rose from the dead on a Sunday.

