

**Prayer Book for the Forty Hours Devotion
& Eucharistic Adoration**



Please Do Not Remove This Book From The Church

I) Rite of Exposition and Benediction of the Blessed Sacrament for the Start and End of the Forty Hours Devotion:

Hymn of Exposition:

<p>O Salutaris Hostia Quae caeli pandis ostium. Bella premunt hostilia; Da robur, fer auxilium.</p> <p>Uni trinoque Domino Sit sempiterna gloria: Qui vitam sine termino, Nobis donet in patria. Amen.</p>	<p>O Saving Victim opening wide The gate of heaven to all below. Our foes press on from every side; Thine aid supply, Thy strength bestow.</p> <p>To Thy great name be endless praise Immortal Godhead, One in Three; Oh, grant us endless length of days, In our true native land with Thee. Amen.</p>
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Hymn for the Eucharistic Procession: Pange Lingua Gloriosi

<p>Pange, lingua, gloriósi Córporis mystérium, Sanguínisque pretiósi, Quem in mundi prétium Fructus ventris generósi Rex effúdit géntium.</p> <p>Nobis datus, nobis natus Ex intácta Vírgine, Et in mundo conversátus, Sparso verbi sémine, Sui moras incolátus Miro clausit órdine.</p> <p>In suprémæ nocte coenæ Recúbens cum frátribus Observáta lege plene Cibis in legálibus, Cibum turbæ duodénæ Sedat suis mánibus.</p>	<p>Sing, my tongue, the Savior's glory, of his flesh the mystery sing; of the Blood, all price exceeding, shed by our immortal King, destined, for the world's redemption, from a noble womb to spring.</p> <p>Of a pure and spotless Virgin born for us on earth below, He, as Man, with man conversing, stayed, the seeds of truth to sow; then He closed in solemn order wondrously His life of woe.</p> <p>On the night of that Last Supper, seated with his chosen band, He the Pascal victim eating, first fulfills the Law's command; then as Food to his Apostles gives himself with his own hand.</p>
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<p>Verbum caro, panem verum Verbo carnem éfficit: Fitque sanguis Christi merum, Et si sensus déficit, Ad firmándum cor sincérum Sola fides súfficit. <i>(These last two verses should only be sung at the end of the procession right before benediction is to start).</i></p> <p>TANTUM ERGO SACRAMÉNTUM Venerémur cernui: Et antíquum documéntum Novo cedat rítui: Præstet fides suppleméntum Sénsuum deféctui.</p> <p>Genitóri, Genitóque Laus et jubilátio, Salus, honor, virtus quoque Sit et benedíctio: Procedénti ab utróque Compar sit laudátio. Amen.</p>	<p>Word-made-Flesh, the bread of nature by his word to Flesh he turns; wine into his Blood he changes; what though sense no change discerns? Only be the heart in earnest, faith her lesson quickly learns.</p> <p>DOWN in adoration falling, Lo! the sacred Host we hail, Lo! oe'r ancient forms departing Newer rites of grace prevail; Faith for all defects supplying, Where the feeble senses fail.</p> <p>To the everlasting Father, And the Son Who reigns on high With the Holy Spirit proceeding Forth from each eternally, Be salvation, honor blessing, Might and endless majesty. Amen.</p>
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V. You have given them bread from heaven,

R. *Having all sweetness within it.*

Let us pray.

O God, who in this wonderful Sacrament have left us a memorial of Your Passion, grant us, we pray, so to revere the sacred mysteries of Your Body and Blood that we may always experience in ourselves the fruits of your redemption, who lives and reigns forever and ever. Amen.

The Divine Praises

Blessed be God.

Blessed be His Holy Name.

Blessed be Jesus Christ, true God and true man.

Blessed be the name of Jesus.

Blessed be His Most Sacred Heart.

Blessed be His Most Precious Blood.

Blessed be Jesus in the Most Holy Sacrament of the Altar.

Blessed be the Holy Spirit, the paraclete.

Blessed be the great Mother of God, Mary most holy.

Blessed be her holy and Immaculate Conception.

Blessed be her glorious Assumption.

Blessed be the name of Mary, Virgin and Mother.

Blessed be Saint Joseph, her most chaste spouse.

Blessed be God in His angels and in His Saints.

May the Heart of Jesus, in the Most Blessed Sacrament, be praised, adored, and loved with grateful affection, at every moment, in all the tabernacles of the world, even to the end of time. Amen.

Hymn After Benediction: Holy God We Praise Thy Name

Holy God, we praise thy Name;

Lord of all, we bow before thee!

All on earth thy scepter claim,

All in Heaven above adore thee;

Infinite thy vast domain,

Everlasting is thy reign.

Hark! the loud celestial hymn

Angel choirs above are raising,

Cherubim and seraphim,

In unceasing chorus praising;

Fill the heavens with sweet accord:

Holy, holy, holy, Lord.

Holy Father, Holy Son,

Holy Spirit, Three we name thee;

While in essence only One,

Undivided God we claim thee;

And adoring bend the knee,

While we own the mystery.

II) Suggestions for How To Pray During a Holy Hour:

How do I do a Holy Hour with Jesus in the Blessed Sacrament?

(The following is method of prayer proposed by Saint Peter Julian Eymard. It rooted in the primary prayers of the Mass – this can be done for the entirety of a Holy Hour or for a 10-20 minute period)

1) Prayer of Adoration – (I tell Jesus that I love Him): I clear and focus my mind, placing myself in the presence of God, considering God’s love, mercy, goodness, excellence which is the source of all graces and blessings that I have received in my life. I acknowledge and state before God in my own words and in my own way my dependency on Him for everything just like a young child depends on its Mother and Father for its needs – This is an act of humility. I can also reflect on the humility found in the humanity of Jesus present in the Eucharist and sacrificed in an unbloody manner at the mass.

2) Prayer of Thanksgiving – (I thank Jesus for the blessings He has given me): I then thank God for all the blessings that He has given me: creation, His mercy and grace, Jesus Christ in the Incarnation and the Redemption, the Eucharist, and those favors which we have received personally from Him – such as my Catholic Faith, my Life, my health, my family, my vocation/job, and also the favors that I have received either directly from God or from God through other people such as the Saints in Heaven or people that we know on earth.

3) Prayer of Contrition/Reparation – (I acknowledge my sins before Jesus and ask for His Forgiveness and Mercy): I then ask for forgiveness and also for the grace of deeper contrition/sorrow so that my sins and all bad effects and dispositions manifested in my mortal and venial sins, the sins that I have through commission (what I have done) or omission (what I have failed to do) may be removed. This is an act of reparation and an act of humility that goes against my own pride and vanity, which prevents me from growing in holiness and in true love of God and love of neighbor. The virtues of humility and penance are exercised by this action

4) Prayer of Petition/Intercession – (I bring Jesus my needs, the needs of the Church and the world): I then pray for the graces and the things that I need individually to persevere in faith, hope, love until I die. I can also include and a petition for the salvation of souls and for various needs This particular prayer can include my own needs, the needs and salvation of my family members, my friends, my fellow parishioners, my co-workers, my employer, my enemies, and the particular needs of the Church and the World. It is in this way that Jesus Himself always prays for all of us especially at Mass).

How to do meditate on Scripture or a Writing of a Saint?

1) Preparation for Prayer: I place myself in the presence of God, humbly asking His help in my own words like if I were talking to a friend. I then place before myself and puts the subject of my meditation (a particular passage from the Gospels on the life, passion, death of Jesus, on a meditation written by a Saint or a Spiritual Writer, On the Four Last Things [Death, Judgment, Heaven, Hell], On Obligations of Faith, On Obligations of My Particular Vocation – as a Parent, Grandparent, Student, what my job is, etc.)

2) Meditation/Consideration: I then think and reflect on the subject which has been considered in my meditation and then I speak to myself about it - Meditating on the Subject chosen in its historical, spiritual/supernatural, and how it applies to my life.

3) Affections/Resolutions: I then reflect again and I speak and with God (Father, Son, and Holy Spirit), Our Lady, Particular Saints involved in the meditation, or my patron saints, reflecting on the meditation and asking them to help me direct my desire and love towards God, (this direction of love should be done both in its affective dimension – affirming the Good, True, Beautiful that is present; and its effective dimension – seeing my sins and failings and how I need to grow in holiness). Then I make a practical resolution on how God wants me to change my life.

4) Conclusion of Mental Prayer: I then again thank, praise, and adore God and I ask Him for the grace to keep the resolutions that I just made in His presence.

Ignatian Method of Meditating with Scripture (from *The Spiritual Exercises*):

1. Begin by placing yourself in the presence of God
2. Then formally ask from God the grace that You desire from Him during this time of prayer – Here it might be to ask for the grace to grow in your understanding of who Jesus is, so that I may grow in your love for Him and your desire to be with Him for all eternity in Heaven.
3. Read the passage of Scripture and then put it down.
 - a. I then begin to picture the scene in my head using my imagination as completely as I can
 - b. I look at where the scene is, who is there, what is happening, what are the things in and around the scene, What smells come to me, etc.
 - c. I then enter into the scene even more by becoming a character in the scene – I might just let myself become a member in the crowd or I may become one of the principle

characters involved in the scene. When I get there, then I let the story happen and go wherever it goes.

- d. In the scene, I can let what is revealed to me be played out in the words and gestures of the participants, and I can speak or simply experience my own reactions. The details of the text cease to be important as the experience of the story moves my heart.
4. Finally, I would end with a prayer, speaking to Our Lord, heart to heart, friend to friend, in whatever way comes to me, expressing my gratitude for the graces I had just received.

48 Things to do at Adoration

Not much could be added to the forceful recommendations of the saints and Doctors of the Church concerning prayer before the Blessed Sacrament. Then again you may very well be convinced of the power and beauty of this practice already - from personal experience. It still may come for all of us that, even taking to heart the words of St. Pope Pius X - Devotion to the Eucharist is the noblest of devotions, because it has God as its object. It is the most profitable for salvation, because it gives us the Author of Grace. It is the sweetest, because the Lord is Sweetness Itself - one may sometimes still not know where to start. Here, then, are a few suggestions.

1. Slowly read Sacred Scripture until something hits you. Then listen.
2. Say the Holy Rosary.
3. If you can't say 15 decades, say five decades.
4. If you can't say five decades, say one decade (something Pope Emeritus Benedict XVI has mentioned).
5. If you can't say one decade, say one Hail Mary very slowly.
6. If you can't say one Hail Mary, say "Holy Mary", like a little child saying "Momma".
7. Pray as you can, not as you can't.
8. Look at the Good God, and let Him look at you.
9. Consider that the Sacred Body of Jesus came from Holy Mary. Thank her.
10. Tell Jesus something that made you happy. Then listen.
11. Tell Him what you are afraid of. Then listen.
12. Tell Him what angers you. Then listen.
13. Speak about your loved ones.
14. Pray for an enemy.

15. Talk with Him about work.
16. Pray to St. Joseph for a happy death.
17. Pray for the Holy Souls in Purgatory.
18. Sing a song for Him in your heart.
19. Promise to trust Him.
20. See the Blessed Virgin kneeling next to you, adoring her Son and praying with you.
21. Realize that your Holy Guardian Angel is with you. Ask him to coach you in holiness.
22. Renew your loyalty to His Church.
23. Ask your patron saint to pray for you to know and do God's Will.
24. Lean on Him. Tell Him you love Him.
25. Thank Him for the Sacraments.
26. For a time, don't DO anything. Be with Him, as a friend, while He works.
27. Ask Him if that is perhaps what he wants you to "do" more often.
28. Tell Him your failures. Ask for help. Then listen.
29. Slowly recite the Beatitudes.
30. Say one Our Father slowly.
31. Say the Creed slowly.
32. Slowly recite a favorite psalm. Perhaps Psalm 50 (51), the Miserere, one or two lines at a time.
33. Pray for a great love of the Cross
34. See Our Lord in His Passion...stand there, with Him, as Our Lady does.
35. Lean into the hurricane of graces coming from the monstrance.
36. Consider the blinding Uncreated Light shining out from Him.
37. Be aware that He is sending out graces to the world right then through you.
38. Pray the 'Jesus Prayer': Lord Jesus Christ, Son of God, have mercy on me, a sinner.
39. Pray Jesus, mercy... and listen. Pray Mercy, Jesus... and listen.
40. Tell Him: Jesus, I trust in You...strengthen my trust.
41. Ask Him: Lord, what do you want me to do? And how do you want me to do it?
42. Ask Him to show you the next step.
43. Talk to Him heart to Heart.
44. Pray for the Holy Father.

45. Pray for vocations.
46. Look at yourself. Count your gifts. Then thank Him.
47. Pray for the world.
48. Enjoy just being in His Presence

III) How to Examine my conscience in preparing for Confession:

GENERAL EXAMINATION OF CONSCIENCE

Examine Your Conscience.

When was my last good 'Confession? Did I receive communion or other sacraments while in the state of mortal sin? Did I intentionally fail to confess some mortal sin in my previous Confession?

- Did I willfully and seriously doubt my faith, or put myself in danger of losing it by reading literature hostile to Catholic teachings or by getting involved with non-Catholic sects? Did I engage in superstitious activities: palm reading, fortune telling, Santeria?
- Did I take the name of God in vain? Did I curse or take a false oath? Did I use bad language?
- Did I miss Mass, on a Sunday or a Holy Day of Obligation through my own fault, without any serious reason?
- Did I fast and abstain on the prescribed days?
- Did I disobey my parents or lawful superiors in important matters?
- Was I selfish in how I treated others, especially my spouse, my brothers and sisters, my relatives, or my friends? Did I hatefully quarrel with anyone, or desire revenge? Did I refuse to forgive? Did I cause physical injury or even death? Did I get drunk? Did I take illicit drugs? Did I consent to, advise, or actively take part in an abortion?
- Did I willfully look at indecent pictures or watch immoral movies or pornography? Did I read immoral books or magazines? Did I engage in impure jokes or conversations? Did I willfully entertain impure thoughts or feelings? Did I commit impure acts alone or with others? Did I take contraceptive or abortifacient pills, or use other artificial means in order to prevent conception?
- Did I steal or damage another's property? How much? Have I made reparation for the damages done? Have I been honest in my business relations?
- Did I tell lies? Did I sin by slander? By detraction – telling unknown grave faults of others without necessity? Did I judge others rashly in serious matters? Have I tried to make restitution for any damage of reputation

that I have caused?

If you remember any other sins, remember to mention them in confession.

Particular Examination of Conscience – The Examen Prayer:

Take 5 to 10 Minutes to reflect on the past day

- **Become aware of God's presence** – take time to quiet your body and your mind from all distractions. Ask the Holy Spirit for a graced understanding of your day.
- **Thank God for the blessings of the day**
 - What were the particular blessings/gifts of the day?
 - How was I a blessing to someone today?
- **Notice the different events of the day, what you felt, and how you acted:**
 - *Recall and examine the events of your day. Simply pay attention to any and all feelings that surface. As you review the day ask yourself:*
 - *Where was God in the events and the persons of the day?*
 - *Was my heart divided in anyway-wavering between helping and disregarding, scoffing and encouraging, listening and ignoring, rebuking and forgiving, speaking and silence, neglecting and thanking?*
 - *What moved me to act the way I did?*
 - *What habits helped me or hindered me in my actions?*
 - *Did my feelings move me towards God's peace or away from God's peace?*
 - *Did I act on these feelings in a way that seemed according to God's will or not of God's will?*
- **Choose one of those feelings (positive or negative) and pray from it**
 - *That feeling is a sign that something important is going on. Simply express spontaneously the prayer that surfaces as you attend to the source of the feeling.*
- **Look toward the future with hope:**
 - *Ask where might I expect to find God in the events and persons I will face tomorrow?*
 - *If I am going to be in a situation again that I did not handle well today, how do I want to handle it the next time that I face it?*
- **End with One Our Father.**

IV) Devotional Prayers for Public and Private Use during the Forty Hours Devotion

The Rosary:

It starts off with the Sign of the Cross, One Our Father, Three Hail Marys, One Glory Be, and One Fatima Prayer

The Mysteries of the Rosary:

Each Mystery is prayed with One Our Father, Ten Hail Marys, One Glory Be, and One Fatima Prayer.

The Joyful Mysteries

Prayed on Mondays and Saturdays

1. The Annunciation
2. The Visitation
3. The Nativity
4. The Presentation in the Temple
5. The Finding in the Temple

The Luminous Mysteries

Prayed on Thursdays:

1. The Baptism of Jesus
2. The Wedding of Cana
3. The Proclamation of the Kingdom
4. The Transfiguration
5. The Institution of the Eucharist

The Sorrowful Mysteries

Prayed on Tuesdays and Fridays

1. The Agony in the Garden
2. The Scourging at the Pillar
3. The Crowning with Thorns
4. The Carrying of the Cross
5. The Crucifixion

The Glorious Mysteries

Prayed on Wednesdays and Sundays

1. The Resurrection
2. The Ascension
3. The Coming of the Holy Spirit
4. The Assumption of Mary
5. The Coronation of Mary

The Hail Holy Queen and the prayer concluding the Rosary are now said:

*Let us pray: **O God, whose only-begotten Son, by his life, death and resurrection, [SEP] has purchased for us [SEP] the rewards of eternal life, [SEP] grant, we beseech thee, [SEP] that meditating on these mysteries [SEP] of the***

most holy Rosary of the Blessed Virgin Mary, ^[SEP]we may imitate what they contain and obtain what they promise, ^[SEP]through the same Christ our Lord. Amen.

The Chaplet of Divine Mercy

Make the Sign of the Cross and pray One Our Father, One Hail Mary and One Apostle's Creed.

On the beads of the Rosary where the Our Father is usually prayed, say instead:

Eternal Father, I offer You the Body and Blood, Soul and Divinity, of Your Dearly Beloved Son, Our Lord Jesus Christ, in atonement for our sins, and those of the whole world.

On the beads of the Rosary where the Hail Mary is usually prayed, say instead:

For the sake of His Sorrowful Passion, have mercy on us, and on the whole world.

These prayers are repeated for each of the five decades of the Rosary.

At the end of the Chaplet, the following prayer is said three times:

Holy God, Holy Mighty One, Holy Immortal One, have mercy on us, and on the whole world.

Then the closing prayer is said:

Eternal God, in whom mercy is endless and the treasury of compassion --- inexhaustible, look kindly upon us and increase Your mercy in us, that in difficult moments we might not despair nor become despondent, but with great confidence submit ourselves to Your holy will, which is Love and Mercy itself. Amen.

Then, the following prayer is also repeated three times:

O Blood and Water, which gushed forth from the Heart of Jesus as a fountain of Mercy for us, I trust in You!

A plenary indulgence is granted to the faithful who pray the Chaplet of the Divine Mercy before the Blessed Sacrament in a Church for the intentions of the sick at the Hour of Mercy - 3:00PM.

Morning Offering

O Jesus, through the Immaculate Heart of Mary, I offer You my prayers, works, joys and sufferings of this day for all the intentions of Your Sacred Heart, in union with the Holy Sacrifice of the Mass throughout the world, in reparation for my sins, for the intentions of all our associates, and in particular for the intentions of the Holy Father, Pope (N.) Francis. Amen.

Act of Faith:

Oh My God, I firmly believe that You are one God in Three Divine Persons, the Father, the Son and the Holy Spirit. I believe that Your Divine Son became Man, and died for our sins, and that He will come to judge the living and the dead. I believe these and all the truths which the Holy Catholic Church teaches, because You have revealed them, Who can never deceive nor be deceived. Amen

Act of Hope:

Oh My God, relying on Your almighty power and infinite mercy and promises, I ^[L]_[SEP]hope to obtain pardon of my sins, the help of Your grace, and Life Everlasting, through the merits of Jesus Christ, my Lord and Redeemer. Amen.

Act of Love:

Oh My God, I love You above all things, with my whole heart and soul, because You are all-good and worthy of all my love. I love my neighbor as myself for the love of You. I forgive all who have injured me, and I ask pardon of all whom I have injured. Amen.

Act of Contrition

O my God, I am heartily sorry for having offended Thee, and I detest all my sins because I dread the loss of Heaven and the pains of Hell, but most of all because they offend Thee, my God, who art all good and deserving of all my love. I firmly resolve with the help of Thy grace to sin no more and to avoid the near occasion of sin. Amen.

An Act of Spiritual Communion

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen.

Anima Christi:

Soul of Christ, sanctify me
Body of Christ, save me
Blood of Christ, inebriate me
Water from Christ's side, wash me
Passion of Christ, strengthen me
O good Jesus, hear me
Within Thy wounds hide me

Suffer me not to be separated from Thee
From the malicious enemy defend me
In the hour of my death call me
And bid me come unto Thee
That I may praise Thee with Thy saints
and with Thy angels Forever and ever. Amen.

A Prayer of Reparation – Said by the Angel who Appeared at Fatima

My God, I believe! I adore, I trust, and I love You! I ask pardon of You for those who do not believe, do not adore, do not trust, and do not love You! Most Holy Trinity, Father, Son, and Holy Spirit, I adore You profoundly. I offer You the Precious Body and Blood, Soul and Divinity of Jesus Christ, present in all the tabernacles of the world, in reparation for the outrages, sacrileges, and indifference by which He is offended. And through the infinite merits of His Most Sacred Heart, and the Immaculate Heart of Mary, I beg of You the conversion of poor sinners. Amen.

A Prayer Before the Eucharist by Saint Faustina Kawolska

I adore You, Lord and Creator, hidden in the Most Blessed Sacrament. I adore You for all the works of Your hands, that reveal to me so much wisdom, goodness and mercy, O Lord. You have spread so much beauty over the earth and it tells me about Your beauty, even though these beautiful things are but a faint reflection of You, incomprehensible Beauty. And although You have hidden Yourself and concealed Your beauty, my eye, enlightened by faith, reaches You and my soul recognizes its Creator, its Highest Good, and my heart is completely immersed in prayer of adoration. My Lord and Creator, Your goodness encourages me to converse with You. Your mercy abolishes the chasm which separates the Creator from the creature. To converse with You, O Lord, is the delight of my heart. In You I find everything that my heart could desire. Here You light illumines my mind, enabling it to know You more and more deeply. Here streams of graces flow down upon my heart. Here my soul draws eternal life. O my Lord and Creator, You alone, beyond all these gifts, give Your own self to me and unite Yourself intimately with Your miserable creature. O Christ, let my greatest delight be to see You loved and Your praise and glory proclaimed, especially the honor of Your mercy. O Christ, let me glorify Your goodness and mercy to the last moment of my life, with every drop of my blood and every beat of my heart. Would that I be transformed into a hymn of adoration of You. When I find myself on my deathbed, may the last beat of my heart be a loving hymn glorifying Your unfathomable mercy. Amen.

Prayer while visiting the Most Blessed Sacrament by St. Alphonsus Liguori

My Lord Jesus Christ, for the love which You bear to men, You remain night and day in this Sacrament full of compassion and of love, awaiting, calling, and welcoming all who come to visit You. I believe that You are present in the Sacrament of the Altar: I adore You from the abyss of my nothingness, and I thank You for all the graces which You have bestowed upon me and in particular for having given me Yourself in this Sacrament, for having given me your holy Mother Mary for my advocate, and for having called me to visit You in this chapel. I now salute Your most loving Heart: and this for three ends:

1. In thanksgiving for this great gift;
2. To make amends to You for all the outrages which You receive in this Sacrament from all Your enemies;
3. I intend by this visit to adore You in all the places on earth in which You are the least revered and the most abandoned.

My Jesus, I love You with all my heart. I grieve for having so many times offended Your infinite goodness. I promise with Your grace never more to offend You in the future. Now, miserable and unworthy though I be, I consecrate myself to You without reserve; I give You my entire will, my affections, my desires, and all that I possess. From now on dispose of me and of all that I have as You please. All that I ask of You and desire is Your holy love, final perseverance, and the perfect accomplishment of Your will. I recommend to You the souls in purgatory; but especially those who had the greatest devotion to the most Blessed Sacrament and to the Blessed Virgin Mary. I also recommend to You all poor sinners. My dear Saviour, I unite all my affections with the affections of Your most loving Heart; and I offer them, thus united, to Your eternal Father, and beseech Him in Your name to vouchsafe, for Your love, to accept them. Amen.

Prayer for Vocations

O Holy Spirit, Spirit of wisdom and divine love, impart Your knowledge, understanding, and counsel to youth that they may know the vocation wherein they can best serve God. Give them courage and strength to follow God's holy will. Guide their uncertain steps, strengthen their resolutions, shield their chastity, fashion their minds, conquer their hearts, and lead them to the vineyards where they will labor in God's holy service. Amen.

Prayer to the Holy Spirit

Come, Holy Spirit, fill the hearts of Thy faithful and enkindle in them the fire of

Thy love.

V. Send forth Thy Spirit and they shall be created.

R. And Thou shalt renew the face of the earth.

Let us pray. O God, Who didst instruct the hearts of the faithful by the light of the Holy Spirit, grant us in the same Spirit to be truly wise, and ever to rejoice in His consolation, through Christ our Lord. Amen.

Consecration to the Blessed Mother

My Queen, my Mother, I give myself entirely to you. And in proof of my filial affection, I consecrate to you my eyes, my ears, my lips, my mouth, my entire being without reserve. Since I am wholly yours, o bountiful Mother, keep me, defend me, as your property and possession. Amen.

Prayer to Saint Joseph

O blessed Joseph, faithful guardian of my Redeemer, Jesus Christ, protector of thy chaste spouse, the virgin Mother of God, I choose thee this day to be my special patron and advocate and I firmly resolve to honor thee all the days of my life. Therefore I humbly ask you to receive me as your client, to instruct me in every doubt, to comfort me in every affliction, to obtain for me and for all the knowledge and love of the Heart of Jesus, and finally to defend and protect me at the hour of my death. Amen

Prayer to Saint Joseph

By Pope Leo XIII – said after the Rosary

To you, O blessed Joseph, do we come in our tribulation,^{[[L]]}and having implored the help of your most holy spouse,^{[[L]]}we confidently invoke your patronage also. Through that charity which bound you to the Immaculate Virgin Mother of God and through the paternal love with which you embraced the Child Jesus,^{[[L]]}we humbly beg you graciously to regard the inheritance which Jesus Christ has purchased by his Blood,^{[[L]]}and with your power and strength to aid us in our necessities. O most watchful Guardian of the Holy Family, defend the chosen children of Jesus Christ; O most loving father,^{[[L]]}ward off from us every contagion of error and corrupting influence; O our most mighty protector,^{[[L]]}be propitious to us and from heaven assist us in our struggle with the power of darkness;^{[[L]]}and, as once you rescued the Child Jesus from deadly peril, so now protect God's Holy Church from the snares of the enemy and from all adversity;^{[[L]]}shield, too, each one of us by your constant protection, so that, supported by your example and your aid, we may

be able to live piously, to die holily, and to obtain eternal happiness in heaven. Amen.

Prayer for the Pope

V. Let us pray for our Holy Father, Pope (N.) Francis.

R. May the Lord preserve him, and give him life, and bless him upon earth, and deliver him not to the will of his enemies.

Our Father. Hail Mary.

Let us pray: O God, Shepherd and Ruler of all Your faithful people, look mercifully upon Your servant Pope (N.) Francis, whom You have chosen as shepherd to preside over Your Church. Grant him, we beseech You, that by his word and example, he may edify those over whom he has charge over, so that together with the flock committed to him, may he attain everlasting life. Through Christ our Lord. Amen.

Prayer for the Archbishop of New York

V. *Let us pray* for our Bishop, (N.) Timothy Cardinal Dolan.

R. May he stand firm, and feed his flock, Lord in your strength and in the majesty of your Name.

Let us pray: O God, eternal shepherd you tend your Church in many ways, and rule us with love. Help your chosen servant (N.) Cardinal Dolan. as pastor for Christ to watch over your flock in New York. Help him to be a faithful teacher, a wise administrator, and a holy priest. We ask this through our Lord Jesus Christ, your Son, who lives and reigns with you and the Holy Spirit one God, forever and ever. Amen.

Prayer of Abandonment by Blessed Charles de Foucauld

Father, I abandon myself into your hands;^[L]_[SEP]do with me what you will.

Whatever you may do, I thank you: I am ready for all, I accept all. Let only your will be done in me, and in all your creatures - I wish no more than this, O Lord.

Into your hands I commend my soul: I offer it to you with all the love of my heart, for I love you, Lord, and so need to give myself^[L]_[SEP]to surrender myself into your hands without reserve,^[L]_[SEP]and with boundless confidence,^[L]_[SEP]for you are my Father.

An Act of Love by Saint Jean Marie Vianney (The Cure of Ars):

I love You, O my God, and my sole desire is to love You until the last breath of my life. I love You, O infinitely loveable God, and I prefer to die loving You than to live one instant without loving You. I love You, O my God, and I do not desire

anything but heaven so as to have the joy of loving You perfectly. I love You, O my God, and I fear hell, because there will not be the sweet consolation of loving You. O my God, if my tongue cannot say in every moment that I love You, I want my heart to say it in every beat. Allow me the grace to suffer loving you, to love You while suffering, and one day to die loving You, and feeling that I love you. And as I approach my end, I beg you to increase and to perfect my love of You.

Prayer of Saint Ignatius of Loyola Against Depression

O Christ Jesus When all is darkness and we feel our weakness and helplessness, Give us the sense of Your Presence, Your Love and Your Strength. Help us to have perfect trust In Your protecting love And strengthening power, So that nothing may frighten or worry us, For, living close to You, We shall see Your Hand, Your Purpose, Your Will through all things. Amen.

A Short Prayer

Lord help me to remember that nothing is going to happen to me today that You and I together can't handle. Amen.

The Golden Arrow

May the most holy, most sacred, most adorable, most incomprehensible, and most ineffable name of God be always praised, blessed, loved adored, and glorified in Heaven, on earth, and under the earth, by all the creatures of God, and by the Sacred Heart of Our Lord Jesus Christ, in the Most Holy Sacrament of the Altar. Amen.

Prayer to One's Guardian Angel

Angel of God, my guardian dear, to whom God's love commits me here, ever this day be at my side, to light and guard, to rule and guide. Amen.

Prayer to Saint Michael the Archangel

St. Michael the Archangel, defend us in battle. Be our defense against the wickedness and snares of the Devil. May God rebuke him, we humbly pray, and do thou, O Prince of the heavenly hosts, by the power of God, thrust into hell Satan, and all the evil spirits, who prowl about the world seeking the ruin of souls. Amen.

Eternal Rest (Requiem Aeternam)

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. May they rest in peace. Amen.

May (his/her/their) soul(s) and all the souls of the faithful departed through the Mercy of God, rest in peace. Amen.

The Angelus

V. The Angel of the Lord declared unto Mary.

R. And she conceived of the Holy Spirit.

Hail, Mary...

V. Behold the handmaid of the Lord.

R. Be it done unto me according to thy word.

Hail Mary...

V. And the Word was made flesh.

R. And dwelt among us.

Hail Mary....

V. Pray for us, O holy Mother of God.

R. That we may be made worthy of the promises of Christ.

Let us pray; Pour forth, we beseech thee, O Lord, thy grace into our hearts; that we, to whom the Incarnation of Christ, thy Son, was made known by the message of an angel, may by his Passion and Cross be brought to the glory of his Resurrection. Through the same Christ, our Lord. Amen.

Regina Caeli: (said during the Easter season)

V. Queen of heaven, rejoice, alleluia.

R. The Son whom you merited to bear, alleluia,

V. Has risen as he said, alleluia.

R. Pray for us to God, alleluia.

V. Rejoice and be glad, O Virgin Mary, alleluia!

R. For the Lord has truly risen, alleluia.

Let us pray: O God, who through the resurrection of your Son, our Lord Jesus Christ, did vouchsafe to give joy to the world; grant, we beseech you, that through his Mother, the Virgin Mary, we may obtain the joys of everlasting life. Through the same Christ our Lord. Amen.

Sub Tuum Praesidium

We fly to thy protection, O holy Mother of God. Despise not our petitions in our necessities, but deliver us always from all dangers, O glorious and blessed Virgin.

Memorare:

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thy intercession, was left unaided. Inspired by this confidence I fly unto thee, O Virgin of virgins, my Mother. To thee do I come, before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me. Amen.

An Act of Consecration to Our Lady of Mount Carmel

O Glorious Queen of Angels! Most pure and ever-Blessed Virgin Mary of Mount Carmel! Powerful advocate of those who wear your holy scapular! Faithful protectress of all the servants of your son, Jesus Christ! I, an unworthy sinner, do this day, in the presence of your beloved Son, my Savior, choose you for my patroness, so that, through your intercession, I may receive from Him whatsoever grace may be necessary and profitable for me now and at the hour of my death. Amen.

The Flos Carmeli:

O Most Beautiful Flower of Mount Carmel! Fruitful Vine! Splendor of Heaven! Blessed Mother of the Son of God! Immaculate Virgin! Assist me in this necessity. O Star of the Sea, please help me and show me herein that you are my Mother! O Holy Mary, Mother of God, Queen of Heaven and Earth, I humbly beseech You from the bottom of my heart to help me in this necessity; there are none that can withstand your power. Oh, Show me herein that you are my mother.

O Mary conceived without sin, pray for us who have recourse to You! *(Repeat Three Times)*

Oh Sweet Mother, I place this cause in your hands. *(Name your intention and say three Hail Marys)*

A Prayer Before Mass by Saint Thomas Aquinas:

Almighty and ever-living God, I approach the sacrament of Your only-begotten Son Our Lord Jesus Christ, I come sick to the doctor of life, unclean to the fountain of mercy, blind to the radiance of eternal light, and poor and needy to the Lord of heaven and earth. Lord, in your great generosity, heal my sickness, wash away my defilement, enlighten my blindness, enrich my poverty, and clothe my nakedness. May I receive the bread of angels, ^[SEP]the King of kings and Lord of lords, with humble reverence, with the purity and faith, the repentance and love, ^[SEP]and the determined purpose that will help to bring me to salvation. May I receive the sacrament of the Lord's Body and Blood, and its

reality and power. O Kind God, may I receive the Body of Your only-begotten Son, our Lord Jesus Christ, born from the womb of the Virgin Mary, and so be received into His mystical body^[SEP] and numbered among His members. O Most Loving Father, as on my earthly pilgrimage I now receive Your beloved Son^[SEP] under the veil of a sacrament, may I one day see him face to face in glory, who lives and reigns with You for ever. Amen.

Prayer Before Receiving Holy Communion

From the Liturgy of Saint John Chrysostom (Byzantine Rite)

I believe, O Lord, and I confess that thou art truly the Christ, the Son of the living God, who didst come into the world to save sinners, of whom I am the first. And I believe that this is truly thine own immaculate Body, and that this is truly thine own precious Blood. Wherefore I pray unto You, have mercy upon me and forgive my transgressions both voluntary and involuntary, of word and of deed, of knowledge and of ignorance; and make me worthy to partake without condemnation of thine immaculate Mysteries, unto remission of my sins and unto life everlasting. Amen. Of thy Mystic Supper, O Son of God, accept me today as a communicant: for I will not speak of thy Mystery to thine enemies, neither will I give thee a kiss as did Judas; but like the thief will I confess thee: Remember me, O Lord, when you come into thy Kingdom. Remember me, O Master, when when you come into thy Kingdom. Remember me, O Holy One, when you come into thy Kingdom. May my partaking of thy Holy Mysteries, O Lord, not bring me to judgment or condemnation but unto healing of soul and body. Amen.

A Prayer of Thanksgiving After Mass by Saint Thomas Aquinas

Lord, Father all-powerful and ever-living God, I thank You, for even though I am a sinner, your unprofitable servant, not because of my worth but in the kindness of your mercy, You have fed me with the Precious Body & Blood of Your Son, our Lord Jesus Christ. I pray that this Holy Communion may not bring me condemnation and punishment but forgiveness and salvation. May it be a helmet of faith and a shield of good will. May it purify me from evil ways and put an end to my evil passions. May it bring me charity and patience, humility and obedience, and growth in the power to do good. May it be my strong defense against all my enemies, visible and invisible, and the perfect calming of all my evil impulses, bodily and spiritual. May it unite me more closely to you, the One true God, and lead me safely through death to everlasting happiness with You. And I pray that You will lead me, a sinner, to the banquet where you, with Your Son and holy Spirit, are true and perfect light, total fulfillment,

everlasting joy, gladness without end, and perfect happiness to your saints. Grant this through Christ our Lord, Amen.

A Prayer After Mass by Saint Bonaventure

Pierce, O most sweet Lord Jesus, my inmost soul with the most joyous and healthful wound of Thy love, and with true, calm and most holy apostolic charity, that my soul may ever languish and melt with entire love and longing for Thee, may yearn for Thee and for thy courts, may long to be dissolved and to be with Thee. Grant that my soul may hunger after Thee, the Bread of Angels, the refreshment of holy souls, our daily and super substantial bread, having all sweetness and savor and every delightful taste. May my heart ever hunger after and feed upon Thee, Whom the angels desire to look upon, and may my inmost soul be filled with the sweetness of Thy savor; may it ever thirst for Thee, the fountain of life, the fountain of wisdom and knowledge, the fountain of eternal light, the torrent of pleasure, the fullness of the house of God; may it ever compass Thee, seek Thee, find Thee, run to Thee, come up to Thee, meditate on Thee, speak of Thee, and do all for the praise and glory of Thy name, with humility and discretion, with love and delight, with ease and affection, with perseverance to the end; and be Thou alone ever my hope, my entire confidence, my riches, my delight, my pleasure, my joy, my rest and tranquility, my peace, my sweetness, my food, my refreshment, my refuge, my help, my wisdom, my portion, my possession, my treasure; in Whom may my mind and my heart be ever fixed and firm and rooted immovably. Amen.

A Prayer of Self Offering by Saint Ignatius of Loyola:

Lord Jesus Christ, take all my liberty, my memory, my understanding, and my will. All that I have and cherish you have given me. I surrender it all to be guided by Your will. Your grace and Your love are enough for me. Give me these, Lord Jesus, and I ask for nothing more. Amen.

A Prayer Before A Crucifix

Behold, O good and gentle Jesus, I cast myself upon my knees in Thy sight, and with the most fervent desire of my soul I pray and beseech Thee to impress upon my heart lively sentiments of faith, hope and charity, with true repentance for my sins and a most firm desire of amendment: whilst with deep affection and grief of soul I consider within myself and mentally contemplate Thy five most precious Wounds, having before mine eyes that which David, the prophet, long ago spoke in Thine own person concerning Thee, my Jesus: They have

pierced my hands and my feet, they have numbered all my bones [Psalm 22, 17, 18].

Say Our Father, Hail Mary, Glory Be for the Catholic Church and the intentions of the Holy Father. A plenary indulgence is granted when this prayer is prayed before a Crucifix on a Friday of Lent under the usual conditions. An partial indulgence may also be gained for each devout recitation

Prayer for Priests

O Jesus, Eternal High Priest, Divine Offerer of Sacrifice, Who, in an incomparable transport of love for human beings, Your brothers and sisters, did allow the Christian priesthood to issue from Your Sacred Heart, continue to pour out on Your priests the life-giving streams of Infinite Love. Live in them, transform them into Yourself; render them by Your grace the instruments of Your mercies; act in them and through them, and grant, that, having been completely clothed by You with the faithful imitation of Your adorable virtues, they may perform in Your Name and by the strength of Your Spirit, the works which You Yourself have accomplished for the salvation of the world. Oh Divine Redeemer of souls, see how great is the multitude of those who still sleep in the darkness of error; count the number of those unfaithful sheep that are walking on the edge of the eternal abyss; consider the crowds of the poor, the hungry, the ignorant and the weak, who are groaning in their state of abandonment. Return to us by Your priests, live again in very truth in them; act through them and pass again through the world teaching, pardoning, consoling, offering sacrifice, renewing the sacred bonds of love between the Heart of God and the hearts of men. Amen.

A Prayer for Priests

by Saint Therese of Lisieux

O Jesus, eternal Priest, keep your priests within the shelter of Your Sacred Heart, where none may touch them. Keep unstained their anointed hands, which daily touch Your Sacred Body. Keep unsullied their lips, daily purpled with your Precious Blood. Keep pure and unearthly their hearts, sealed with the sublime mark of the priesthood. Let Your holy love surround them and shield them from the world's contagion. Bless their labors with abundant fruit and may the souls to whom they minister be their joy and consolation here and in heaven their beautiful and everlasting crown. Amen.

Prayer for the Sanctification of the Family

Written in Preparation for the 2015 World Meeting of Families in Philadelphia

God and Father of us all, in Jesus, your Son and our Savior, you have made us

your sons and daughters in the family of the Church. May your grace and love help our families in every part of the world be united to one another in fidelity to the Gospel. May the example of the Holy Family, with the aid of your Holy Spirit, guide all families, especially those most troubled, to be homes of communion and prayer and to always seek your truth and live in your love. Through Christ our Lord. Amen.

Jesus, Mary and Joseph, pray for us!

Saint Francis of Assisi's Prayer Before the Eucharist

Let the whole of mankind tremble the whole world shake and the heavens exult when Christ, the Son of the living God, is on the altar in the hands of a priest. O admirable heights and sublime lowliness! O sublime humility! O humble sublimity! That the Lord of the universe, God and the Son of God, so humbles Himself that for our salvation He hides Himself under the little form of bread! Look, brothers, at the humility of God and pour out your hearts before Him! Humble yourselves, as well, that you may be exalted by Him. Therefore, hold back nothing of yourselves for yourselves so that He Who gives Himself totally to you may receive you totally.

A Meditation by Saint John Henry Newman

God has created me to do him some definite service; He has committed some work to me which He has not committed to another. I have my mission –I may never know it in this life, but I shall be told of it in the next. I am a link in a chain, a bond of connection between persons. He has not created me for naught, I shall do good, I shall do his work. I shall be an angel of peace, a preacher of truth in my own place while not intending it –if I do but keep His Commandments. Whatever, wherever I am, I can never be thrown away. If I am in sickness, my sickness may serve Him; in perplexity, my perplexity may serve Him; if I am in sorrow my sorrow may serve Him. He does nothing in vain. He knows what He is about. He may take away my friends. He may throw me among strangers. He may make me feel desolate, make my spirits sink, hide my future from me–still He knows what He is about. Therefore, I will trust in Him.

Saint Padre Pio's Prayer for Hope and Confidence

O Lord, we ask for a boundless confidence and trust in Your divine mercy, and the courage to accept the crosses and sufferings which bring immense goodness to our souls and that of Your Church. Help us to love You with a pure and contrite heart, and to humble ourselves beneath Your cross, as we climb the mountain of holiness, carrying our cross that leads to heavenly glory. May we

receive You with great faith and love in Holy Communion, and allow You to act in us, as You desire, for Your greater glory. O Jesus, most adorable heart and eternal fountain of Divine Love, may our prayer find favor before the Divine Majesty of Your Heavenly Father. Amen.

Padre Pio's Prayer After Communion:

Stay with me, Lord, for it is necessary to have You present so that I do not forget You. You know how easily I abandon You.

Stay with me Lord, because I am weak, and I need Your strength, so that I may not fall so often.

Stay with me Lord, for You are my life, and without You, I am without fervor.

Stay with me Lord, for You are my light, and without you, I am in darkness.

Stay with me Lord, to show me Your will.

Stay with me Lord, so that I hear Your voice and follow You.

Stay with me Lord, for I desire to love you very much, and always be in Your Company.

Stay with me Lord, if You wish me to be faithful to You.

Stay with me Lord, for as poor as my soul is, I want it to be a place of consolation for You, a nest of Love.

Stay with me, Jesus, for it is getting late, and the day is coming to a close, and life passes, death, judgment, eternity approach. It is necessary to renew my strength, so that I will not stop along the way and for that, I need You. It is getting late and death approaches. I fear the darkness, the temptations, the dryness, the cross, the sorrows. O how I need You, my Jesus, in this night of exile.

Stay with me tonight, Jesus, in life with all its dangers, I need You.

Let me recognize You as Your disciples did at the breaking of bread, so that the Eucharistic Communion be the light which disperses the darkness, the force which sustains me, the unique joy of my heart.

Stay with me Lord, because at the hour of my death, I want to remain united to you, if not by Communion, at least by grace and love.

Stay with me Jesus, I do not ask for divine consolation because I do not merit it, but the gift of Your presence, oh yes, I ask this of You.

Stay with me Lord, for it is You alone I look for, Your Love, Your Grace, Your Will, Your Heart, Your Spirit, because I love You and ask no other reward but to love You more and more.

With a firm love, I will love You with all my heart while on earth and continue to love You perfectly during all eternity. Amen.

An Act of Consecration to the Most Sacred Heart of Jesus

O Most Merciful Heart of Jesus, Divine Mercy-Seat, for whose sake the Eternal Father has promised that He would always hear our prayers! I unite myself to You in offering to Yours Eternal Father this poor and needy heart of mine, contrite and humbled in His divine presence, and desirous of making complete reparation for the offenses that are committed against Him, especially those which Thou dost continually suffer in the Holy Eucharist, and more particularly those which I myself have unhappily so often committed. Would that I could wash them away with my tears, O Sacred Heart of Jesus, and blot out with my own heart's blood the ingratitude wherewith we have repaid Your tender love.

I unite my sorrow, slight as it is with the mortal agony which caused Your sweat to become as drops of blood in the Garden of Olives at the very thought of our sins. Do Thou offer it, dear Lord, to Yours Eternal Father in union with Your Sacred Heart. Render Him infinite thanks for the manifold blessings which He constantly showers upon us, and let Your love supply for our want of thankfulness and remembrance. Grant me grace always to present myself in a spirit of deepest reverence before the face of Your divine Majesty, in order thus to repair in some measure the irreverence's and outrages which I have dared to commit before You; grant also, that from this day forth, I may devote myself with all my might to drawing, both by word and example, many souls to know You and to experience the riches of Your Heart. From this moment I offer and dedicate myself wholly to propagating the honor due to Your most sweet Sacred Heart. I choose It as the object of all my affections and desires, and from this hour forevermore I set up in It my perpetual abode, thanking, adoring and loving It with all my heart, inasmuch as It is the Heart of my Jesus, who is worthy to be loved, the Heart of my King and sovereign Lord, the Bridegroom of my soul, my Shepherd and Master, my truest Friend, my loving Father, my sure Guide, my unfailing protection and my everlasting blessedness. Amen.

An Act of Dedication of the Human Race to the Most Sacred Heart of Jesus.

Most sweet Jesus, Redeemer of the human race, look down upon us humbly prostrate before You. We are Yours, and Yours we wish to be; but to be more surely united with You, behold each one of us freely consecrates himself today to Your Most Sacred Heart. Many indeed have never known You; many, too, despising Your precepts, have rejected You. Have mercy on them all, most merciful Jesus, and draw them to your Sacred Heart. Be King, O Lord, not only of the faithful who have never forsaken You, but also of the prodigal children who have abandoned You; grant that they may quickly return to their Father's house, lest they die of wretchedness and hunger. Be King of those who are deceived by erroneous opinions, or whom discord keeps aloof, and call them back to the harbor of truth and the unity of faith, so that soon there may be but one flock and one Shepherd. Grant, O Lord, to Your Church assurance of freedom and immunity from harm; give tranquility of order to all nations; make the earth resound from pole to pole with one cry: Praise to the Divine Heart that wrought our salvation; to it be glory and honor for ever. Amen.

An Act of Reparation to the Most Sacred Heart of Jesus.

Most sweet Jesus, whose overflowing charity for men is requited by so much

forgetfulness, negligence and contempt, behold us prostrate before you, eager to repair by a special act of homage the cruel indifference and injuries to which your loving Heart is everywhere subject. Mindful, alas! that we ourselves have had a share in such great indignities, which we now deplore from the depths of our hearts, we humbly ask your pardon and declare our readiness to atone by voluntary expiation, not only for our own personal offenses, but also for the sins of those, who, straying far from the path of salvation, refuse in their obstinate infidelity to follow you, their Shepherd and Leader, or, renouncing the promises of their baptism, have cast off the sweet yoke of your law. We are now resolved to expiate each and every deplorable outrage committed against you; we are now determined to make amends for the manifold offenses against Christian modesty in unbecoming dress and behavior, for all the foul seductions laid to ensnare the feet of the innocent, for the frequent violations of Sundays and holy-days, and the shocking blasphemies uttered against you and your Saints. We wish also to make amends for the insults to which your Vicar on earth and your priests are subjected, for the profanation, by conscious neglect or terrible acts of sacrilege, of the very Sacrament of your divine love, and lastly for the public crimes of nations who resist the rights and teaching authority of the Church which you have founded. Would that we were able to wash away such abominations with our blood. We now offer, in reparation for these violations of your divine honor, the satisfaction you once made to your Eternal Father on the cross and which you continue to renew daily on our altars; we offer it in union with the acts of atonement of your Virgin Mother and all the Saints and of the pious faithful on earth; and we sincerely promise to make recompense, as far as we can with the help of your grace, for all neglect of your great love and for the sins we and others have committed in the past. Henceforth, we will live a life of unswerving faith, of purity of conduct, of perfect observance of the precepts of the Gospel and especially that of charity. We promise to the best of our power to prevent others from offending you and to bring as many as possible to follow you. O loving Jesus, through the intercession of the Blessed Virgin Mother, our model in reparation, deign to receive the voluntary offering we make of this act of expiation; and by the crowning gift of perseverance keep us faithful unto death in our duty and the allegiance we owe to you, so that we may all one day come to that happy home, where with the Father and the Holy Spirit you live and reign, God, forever and ever. Amen.

A Prayer For Ordering One's Life Wisely by Saint Thomas Aquinas

St. Thomas recited this daily before the image of Christ

O merciful God, grant that I may desire ardently, search prudently, recognize truly, and bring to perfect completion whatever is pleasing to You for the praise and glory of Your name. Put my life in order, O my God. Grant that I may know what You require me to do. Bestow upon me the power to accomplish Your will, as is necessary and fitting for the salvation of my soul. Grant to me, O Lord my God, that I may not falter in times of prosperity or adversity, so that I may not be exalted in the former, nor dejected in the latter. May I not rejoice in anything unless it leads me to You; may I not be saddened by anything unless it turns me from You. May I desire to please no one, nor fear to displease anyone, but You. May all transitory things, O Lord, be worthless to me and may all things eternal be ever cherished by me. May any joy without You be burdensome for me and may I not desire anything else besides You. May all work, O Lord, delight me when done for Your sake and may all repose not centered in You be ever wearisome for me. Grant unto me, my God, that I may direct my heart to You and that in my failures I may ever feel remorse for my sins and never lose the resolve to change. O Lord my God, make me submissive without protest, poor without discouragement, chaste without regret, patient without complaint, humble without posturing, cheerful without frivolity, mature without gloom, and quick-witted without flippancy. O Lord my God, let me fear You without losing hope, be truthful without guile, do good works without presumption, rebuke my neighbor without haughtiness, and—without hypocrisy—strengthen him by word and example. Give to me, O Lord God, a watchful heart, which no capricious thought can lure away from You. Give to me a noble heart, which no unworthy desire can debase. Give to me a resolute heart, which no evil intention can divert. Give to me a stalwart heart, which no tribulation can overcome. Give to me a temperate heart, which no violent passion can enslave. Give to me, O Lord my God, understanding of You, diligence in seeking You, wisdom in finding You, discourse ever pleasing to You, perseverance in waiting for You, and confidence in finally embracing You. Grant that with Your hardships I may be burdened in reparation here, that Your benefits I may use in gratitude upon the way, that in Your joys I may delight by glorifying You in the Kingdom of Heaven. You Who live and reign, God, world without end. Amen.

A Prayer to Acquire the Virtues by Saint Thomas Aquinas

O God, all-powerful and all-knowing, without beginning and without end, You Who are the source, the sustainer, and the rewarder of all virtues, grant that I may abide on the firm ground of faith, be sheltered by an impregnable shield of

hope, and be adorned in the bridal garment of charity. Grant that I may through justice be subject to You, through prudence avoid the beguilements of the devil, through temperance exercise restraint, and through fortitude endure adversity with patience. Grant that whatever good things I have, I may share generously with those who have not and that whatever good things I do not have, I may request humbly from those who do. Grant that I may judge rightly the evil of the wrongs I have done and bear calmly the punishments I have brought upon myself, and that I may never envy my neighbor's possessions and ever give thanks for Your good things. Grant that I may always observe modesty in the way I dress, the way I walk, and the gestures I use, restrain my tongue from frivolous talk, prevent my feet from leading me astray, keep my eyes from wandering glances, shelter my ears from rumors, lower my gaze in humility, lift my mind to thoughts of heaven, condemn all that will pass away, and love You only. Grant that I may subdue my flesh and cleanse my conscience, honor the saints and praise You worthily, advance in goodness, and end a life of good works with a holy death. Plant deep in me, Lord, all virtues, that I might be devout in divine matters, discerning in human affairs, and burdensome to no one in fulfilling my own bodily needs. Grant to me, Lord, fervent contrition, pure confession, and complete reparation. Order me inwardly through a good life, that I might do what is right and what will be meritorious for me and a good example of others. Grant that I may never crave to do things impulsively, nor disdain to do what is burdensome, lest I begin things before I should or abandon them before finishing. Amen.

The Litany of Humility (For Private Use)

*Written by Rafael Cardinal Merry del Val (1865-1930),
Secretary of State for Pope Saint Pius X*

O Jesus! meek and humble of heart, **Hear me.**
From the desire of being esteemed, **Deliver me, Jesus.**
From the desire of being loved, **Deliver me, Jesus.**
From the desire of being extolled, **Deliver me, Jesus.**
From the desire of being honored, **Deliver me, Jesus.**
From the desire of being praised, **Deliver me, Jesus.**
From the desire of being preferred to others, **Deliver me, Jesus.**
From the desire of being consulted, **Deliver me, Jesus.**
From the desire of being approved, **Deliver me, Jesus.**
From the fear of being humiliated, **Deliver me, Jesus.**
From the fear of being despised, **Deliver me, Jesus.**

From the fear of suffering rebukes, **Deliver me, Jesus.**^[SEP]
 From the fear of being calumniated, **Deliver me, Jesus.**
 From the fear of being forgotten, **Deliver me, Jesus.**
 From the fear of being ridiculed, **Deliver me, Jesus.**
 From the fear of being wronged, **Deliver me, Jesus.**
 From the fear of being suspected, **Deliver me, Jesus.**
 That others may be loved more than I, **Jesus, grant me the grace to desire it.**
 That others may be esteemed more than I,
Jesus, grant me the grace to desire it.
 That, in the opinion of the world,^[SEP] others may increase and I may decrease,
Jesus, grant me the grace to desire it.
 That others may be chosen and I set aside,
Jesus, grant me the grace to desire it.
 That others may be praised and I unnoticed,
Jesus, grant me the grace to desire it.
 That others may be preferred to me in everything,
Jesus, grant me the grace to desire it.^[SEP]
 That others may become holier than I, provided that I may become as holy as I
 should, **Jesus, grant me the grace to desire it.**

Litany of Trust by Sr. Maria Faustina Pia, SV (For Private Use):

From the belief that I have to earn Your love Deliver me, Jesus.
 From the fear that I am unlovable Deliver me, Jesus.
 From the false security that I have what it takes Deliver me, Jesus.
 From the fear that trusting You will leave me more destitute Deliver me, Jesus.
 From all suspicion of Your words and promises Deliver me, Jesus.
 From the rebellion against childlike dependency on You Deliver me, Jesus.
 From refusals and reluctances in accepting Your will Deliver me, Jesus.
 From anxiety about the future Deliver me, Jesus.
 From resentment or excessive preoccupation with the past Deliver me, Jesus.
 From restless self-seeking in the present moment Deliver me, Jesus.
 From disbelief in Your love and presence Deliver me, Jesus.
 From the fear of being asked to give more than I have Deliver me, Jesus.
 From the belief that my life has no meaning or worth Deliver me, Jesus.
 From the fear of what love demands Deliver me, Jesus.
 From discouragement Deliver me, Jesus.
 That You are continually holding me, sustaining me, loving me Jesus, I trust in You.
 That Your love goes deeper than my sins and failings and transforms me Jesus, I trust in You.
 That not knowing what tomorrow brings is an invitation to lean on You Jesus, I trust in You.
 That You are with me in my suffering Jesus, I trust in You.
 That my suffering, united to Your own, will bear fruit in this life and the next Jesus, I trust in You.
 That You will not leave me orphan, that You are present in Your Church Jesus, I trust in You.
 That Your plan is better than anything else Jesus, I trust in You.
 That You always hear me and in Your goodness always respond to me Jesus, I trust in You.

That You give me the grace to accept forgiveness and to forgive others Jesus, I trust in You.
That You give me all the strength I need for what is asked Jesus, I trust in You.
That my life is a gift Jesus, I trust in You.
That You will teach me to trust You Jesus, I trust in You.
That You are my Lord and my God Jesus, I trust in You.
That I am Your beloved one Jesus, I trust in You.

Adoro Te Devote

*Hymn to the Eucharist Written by St. Thomas Aquinas
Translated by Gerard Manley Hopkins, SJ.*

Godhead here in hiding, whom I do adore,
Masked by these bare shadows, shape and nothing more,
See, Lord, at Thy service low lies here a heart
Lost, all lost in wonder at the God thou art.

Seeing, touching, tasting are in thee deceived:
How says trusty hearing? that shall be believed;
What God's Son has told me, take for truth I do;
Truth Himself speaks truly or there's nothing true.

On the cross Thy godhead made no sign to men,
Here Thy very manhood steals from human ken:
Both are my confession, both are my belief,
And I pray the prayer of the dying thief.

I am not like Thomas, wounds I cannot see,
But can plainly call thee Lord and God as he;
Let me to a deeper faith daily nearer move,
Daily make me harder hope and dearer love.

O thou our reminder of Christ crucified,
Living Bread, the life of us for whom he died,
Lend this life to me then: feed and feast my mind,
There be thou the sweetness man was meant to find.

Bring the tender tale true of the Pelican;
Bathe me, Jesus Lord, in what Thy bosom ran

Blood whereof a single drop has power to win
All the world forgiveness of its world of sin.

Jesus, whom I look at shrouded here below,
I beseech thee send me what I thirst for so,
Some day to gaze on thee face to face in light
And be blest for ever with Thy glory's sight. Amen.

Veni Creator Spiritus

Attributed to Rabanus Maurus (776-856)

Come, Holy Spirit, Creator blest,
and in our souls take up Thy rest;
come with Thy grace and heavenly aid
to fill the hearts which Thou hast made.

O comforter, to Thee we cry,
O heavenly gift of God Most High,
O fount of life and fire of love,
and sweet anointing from above.

Thou in Thy sevenfold gifts are known;
Thou, finger of God's hand we own;
Thou, promise of the Father, Thou
Who dost the tongue with power imbue.

Kindle our sense from above,
and make our hearts o'erflow with love;
with patience firm and virtue high
the weakness of our flesh supply.

Far from us drive the foe we dread,
and grant us Thy peace instead;
so shall we not, with Thee for guide,
turn from the path of life aside.

Oh, may Thy grace on us bestow
the Father and the Son to know;

and Thee, through endless times confessed,
of both the eternal Spirit blest.

Now to the Father and the Son,
Who rose from death, be glory given,
with Thou, O Holy Comforter,
henceforth by all in earth and heaven.

V. Send forth Thy Spirit, and they shall be created.

R. And Thou shalt renew the face of the earth.

Let us Pray: O God, Who didst instruct the hearts of the faithful by the light of the Holy Ghost: give to us, in the same Spirit, to know what is right, and ever rejoice in His consolation. Through Jesus Christ, Thy Son, our Lord, Who with Thee livest and reignest in the unity of the same Holy Spirit, one God, forever and ever. Amen.

Ave Maria Stella

Attributed to St. Bernard of Clairvaux (1090-1153)

Hail, bright star of ocean, ^[L]_[SEP]
God's own Mother blest,
Ever sinless Virgin,
Gate of heavenly rest.

Taking that sweet Ave ^[L]_[SEP]
Which from Gabriel came,
Peace confirm within us,
Changing Eva's name.

Break the captives' fetters,
Light on blindness pour,
All our ills expelling,
Every bliss implore.

Show thyself a Mother;
May the Word Divine,
Born for us thy Infant,
Hear our prayers through thine.

Virgin all excelling,
Mildest of the mild,
Freed from guilt, preserve us,
Pure and undefiled.

Keep our life all spotless,
Make our way secure,
Till we find in Jesus,
Joy forevermore.

Through the highest heaven
To the Almighty Three,
Father, Son and Spirit,
One same glory be. Amen.

V) The Six Litanies of the Church Approved for Public Recitation:

1) Litany of the Holy Name of Jesus

Lord, have mercy on us. *Lord, have mercy on us.*
Christ have mercy on us. *Christ have mercy on us.*
Lord, have mercy on us. *Lord, have mercy on us.*
Christ, hear us. *Christ, hear us.*
Christ graciously hear us. *Christ graciously hear us.*
God the Father of Heaven, *Have mercy on us*
God the Son, Redeemer of the world, *Have mercy on us*
God the Holy Spirit, *Have mercy on us*
Holy Trinity, One God, *Have mercy on us*
Jesus, Son of the living God, *Have mercy on us*
Jesus, Splendor of the Father, *Have mercy on us*
Jesus, Brightness of eternal Light, *Have mercy on us*
Jesus, King of Glory, *Have mercy on us*
Jesus, Sun of Justice, *Have mercy on us*
Jesus, Son of the Virgin Mary, *Have mercy on us*
Jesus, most amiable, *Have mercy on us*

Jesus, most admirable, *Have mercy on us*
Jesus, the mighty God, *Have mercy on us*
Jesus, Father of the world to come, *Have mercy on us*
Jesus, angel of great counsel, *Have mercy on us*
Jesus, most powerful, *Have mercy on us*
Jesus, most patient, *Have mercy on us*
Jesus, most obedient, *Have mercy on us*
Jesus, meek and humble of heart, *Have mercy on us*
Jesus, Lover of Chastity, *Have mercy on us*
Jesus, Lover of us, *Have mercy on us*
Jesus, God of Peace, *Have mercy on us*
Jesus, Author of Life, *Have mercy on us*
Jesus, Model of Virtues, *Have mercy on us*
Jesus, zealous for souls, *Have mercy on us*
Jesus, our God, *Have mercy on us*
Jesus, our Refuge, *Have mercy on us*
Jesus, Father of the Poor, *Have mercy on us*
Jesus, Treasure of the Faithful, *Have mercy on us*
Jesus, good Shepherd, *Have mercy on us*
Jesus, true Light, *Have mercy on us*
Jesus, eternal Wisdom, *Have mercy on us*
Jesus, infinite Goodness, *Have mercy on us*
Jesus, our Way and our Life, *Have mercy on us*
Jesus, joy of the Angels, *Have mercy on us*
Jesus, King of the Patriarchs, *Have mercy on us*
Jesus, Master of the Apostles, *Have mercy on us*
Jesus, Teacher of the Evangelists, *Have mercy on us*
Jesus, Strength of Martyrs, *Have mercy on us*
Jesus, Light of Confessors, *Have mercy on us*
Jesus, Purity of Virgins, *Have mercy on us*
Jesus, Crown of all Saints, *Have mercy on us*
Be merciful, *Spare us, O Jesus.*
Be merciful, *Graciously hear us, O Jesus.*
From all evil, *Jesus deliver us*
From all sin, *Jesus deliver us*
From Your wrath, *Jesus deliver us*
From the snares of the devil, *Jesus deliver us*
From the spirit of fornication, *Jesus deliver us*
From everlasting death, *Jesus deliver us*

From the neglect of Your inspirations, *Jesus deliver us*
Through the mystery of Your Holy Incarnation, *Jesus deliver us*
Through Your Nativity, *Jesus deliver us*
Through Your Infancy, *Jesus deliver us*
Through Your most Divine Life, *Jesus deliver us*
Through Your Labors, *Jesus deliver us*
Through Your Agony and Passion, *Jesus deliver us*
Through Your cross and Dereliction, *Jesus deliver us*
Through your Sufferings, *Jesus deliver us*
Through Your Death and Burial, *Jesus deliver us*
Through Your Resurrection, *Jesus deliver us*
Through Your Ascension, *Jesus deliver us*
Through Your Institution of the Most Holy Eucharist, *Jesus deliver us*
Through Your Joys, *Jesus deliver us*
Through Your Glory, *Jesus deliver us*
Lamb of God, Who takes away the sins of the world, *Spare us, O Jesus*
Lamb of God, Who takes away the sins of the world, *Graciously hear us, O Jesus*
Lamb of God, Who takes away the sins of the world, *Have Mercy on us, O Jesus*
V. Jesus, hear us
R. *Jesus, graciously hear us*

Let us pray: Lord Jesus Christ, You have said, "Ask and you shall receive; seek and you shall find; knock and it shall be opened to you"; mercifully attend to our supplications, and grant us the grace of Your most divine love, that we have love You with all our hearts, and in all our words and actions, and never cease to praise You. Make us, O Lord, to have a perpetual fear and love of Your holy name, for You never fail to govern those whom You establish in Your love. You, Who live and reign forever and ever. Amen

2) Litany of the Sacred Heart of Jesus

Lord, have mercy *Lord, have mercy*
Christ, have mercy *Christ, have mercy*
Lord, have mercy *Lord, have mercy*
Christ, hear us *Christ, hear us*
Christ, graciously hear us. *Christ, graciously hear us.*
God the Father of Heaven, *Have mercy on us.*
God the Son, Redeemer of the world, *Have mercy on us.*
God, the Holy Spirit, *Have mercy on us.*

Holy Trinity, One God, *Have mercy on us.*
 Heart of Jesus, Son of the Eternal Father, *Have mercy on us.*
 Heart of Jesus, formed by the Holy Spirit in the womb of the Virgin Mother, *Have mercy on us.*
 Heart of Jesus, substantially united to the Word of God, *Have mercy on us.*
 Heart of Jesus, of Infinite Majesty, *Have mercy on us.*
 Heart of Jesus, Sacred Temple of God, *Have mercy on us.*
 Heart of Jesus, Tabernacle of the Most High, *Have mercy on us.*
 Heart of Jesus, House of God and Gate of Heaven, *Have mercy on us.*
 Heart of Jesus, burning furnace of charity, *Have mercy on us.*
 Heart of Jesus, abode of justice and love, *Have mercy on us.*
 Heart of Jesus, full of goodness and love, *Have mercy on us.*
 Heart of Jesus, abyss of all virtues, *Have mercy on us.*
 Heart of Jesus, most worthy of all praise, *Have mercy on us.*
 Heart of Jesus, king and center of all hearts, *Have mercy on us.*
 Heart of Jesus, in whom are all treasures of wisdom and knowledge, *Have mercy on us.*
 Heart of Jesus, in whom dwells the fullness of divinity, *Have mercy on us.*
 Heart of Jesus, in whom the Father was well pleased, *Have mercy on us.*
 Heart of Jesus, of whose fullness we have all received, *Have mercy on us.*
 Heart of Jesus, desire of the everlasting hills, *Have mercy on us.*
 Heart of Jesus, patient and most merciful, *Have mercy on us.*
 Heart of Jesus, enriching all who invoke Thee, *Have mercy on us.*
 Heart of Jesus, fountain of life and holiness, *Have mercy on us.*
 Heart of Jesus, propitiation for our sins, *Have mercy on us.*
 Heart of Jesus, loaded down with opprobrium, *Have mercy on us.*
 Heart of Jesus, bruised for our offenses, *Have mercy on us.*
 Heart of Jesus, obedient to death, *Have mercy on us.*
 Heart of Jesus, pierced with a lance, *Have mercy on us.*
 Heart of Jesus, source of all consolation, *Have mercy on us.*
 Heart of Jesus, our life and resurrection, *Have mercy on us.*
 Heart of Jesus, our peace and our reconciliation, *Have mercy on us.*
 Heart of Jesus, victim for our sins *Have mercy on us.*
 Heart of Jesus, salvation of those who trust in Thee, *Have mercy on us.*
 Heart of Jesus, hope of those who die in Thee, *Have mercy on us.*
 Heart of Jesus, delight of all the Saints, *Have mercy on us.*
 Lamb of God, who takes away the sins of the world, *Spare us, O Lord.*
 Lamb of God, who takes away the sins of the world, *Graciously hear us, O Lord.*
 Lamb of God, who takes away the sins of the world, *Have mercy on us.*

V. Jesus, meek and humble of heart
R. *Make our hearts like unto Yours.*

Let us pray: Almighty and eternal God, look upon the Heart of Your most beloved Son and upon the praises and satisfaction which He offers You in the name of sinners; and to those who implore Your mercy, in Your great goodness, grant forgiveness in the name of the same Jesus Christ, You Son, who lives and reigns with You forever and ever. Amen.

3) Litany of the Most Precious Blood of Jesus

Lord, have mercy *Lord, have mercy*

Christ, have mercy *Christ, have mercy*

Lord, have mercy *Lord, have mercy*

Christ, hear us *Christ, hear us*

Christ, graciously hear us. *Christ, graciously hear us.*

God the Father of Heaven, *Have mercy on us.*

God the Son, Redeemer of the world, *Have mercy on us.*

God, the Holy Spirit, *Have mercy on us.*

Holy Trinity, One God, *Have mercy on us.*

Blood of Christ, only-begotten Son of the Eternal Father, *save us.*

Blood of Christ, Incarnate Word of God, *save us.*

Blood of Christ, of the New and Eternal Testament, *save us.*

Blood of Christ, falling upon the earth in the Agony, *save us.*

Blood of Christ, shed profusely in the Scourging, *save us.*

Blood of Christ, flowing forth in the Crowning with Thorns, *save us.*

Blood of Christ, poured out on the Cross, *save us.*

Blood of Christ, price of our salvation, *save us.*

Blood of Christ, without which there is no forgiveness. *save us.*

Blood of Christ, Eucharistic drink and refreshment of souls, *save us.*

Blood of Christ, stream of mercy, *save us.*

Blood of Christ, victor over demons, *save us.*

Blood of Christ, courage of Martyrs, *save us.*

Blood of Christ, strength of Confessors, *save us.*

Blood of Christ, bringing forth Virgins, *save us.*

Blood of Christ, help of those in peril, *save us.*

Blood of Christ, relief of the burdened, *save us.*

Blood of Christ, solace in sorrow, *save us.*

Blood of Christ, hope of the penitent, *save us.*

Blood of Christ, consolation of the dying, *save us.*

Blood of Christ, peace and tenderness of hearts, *save us.*
Blood of Christ, pledge of eternal life, *save us.*
Blood of Christ, freeing souls from purgatory, *save us.*
Blood of Christ, most worthy of all glory and honor, *save us.*
Lamb of God, who takes away the sins of the world, *Spare us, O Lord.*
Lamb of God, who takes away the sins of the world, *Graciously hear us, O Lord.*
Lamb of God, who takes away the sins of the world, *Have mercy on us.*
V. You have redeemed us, O Lord, in your Blood.
R. *And made us, a kingdom for our God.*

Let us pray: Almighty and eternal God, you have appointed your only-begotten Son the Redeemer of the world, and willed to be appeased by his Blood. Grant we beg of you, that we may worthily adore this price of our salvation, and through its power be safeguarded from the evils of the present life, so that we may rejoice in its fruits forever in heaven. Through the same Christ our Lord. *Amen.*

4) Litany of the Blessed Virgin Mary (also known as the Litany of Loreto)

Lord, have mercy *Lord, have mercy*
Christ, have mercy *Christ, have mercy*
Lord, have mercy *Lord, have mercy*
Christ, hear us *Christ, hear us*
Christ, graciously hear us. *Christ, graciously hear us.*
God the Father of Heaven, *Have mercy on us.*
God the Son, Redeemer of the world, *Have mercy on us.*
God, the Holy Spirit, *Have mercy on us.*
Holy Trinity, One God, *Have mercy on us.*
Holy Mary, *pray for us.*
Holy Mother of God, *pray for us.*
Holy Virgin of virgins, *pray for us.*
Mother of Christ, *pray for us.*
Mother of the Church, *pray for us.*
Mother of divine grace, *pray for us.*
Mother most pure, *pray for us.*
Mother most chaste, *pray for us.*
Mother inviolate, *pray for us.*
Mother undefiled, *pray for us.*
Mother most amiable, *pray for us.*
Mother most admirable, *pray for us.*

Mother of good counsel, *pray for us.*
Mother of our Creator, *pray for us.*
Mother of our Savior, *pray for us.*
Virgin most prudent, *pray for us.*
Virgin most venerable, *pray for us.*
Virgin most renowned, *pray for us.*
Virgin most powerful, *pray for us.*
Virgin most merciful, *pray for us.*
Virgin most faithful, *pray for us.*
Mirror of justice, *pray for us.*
Seat of wisdom, *pray for us.*
Cause of our joy, *pray for us.*
Spiritual vessel, *pray for us.*
Vessel of honor, *pray for us.*
Singular vessel of devotion, *pray for us.*
Mystical rose, *pray for us.*
Tower of David, *pray for us.*
Tower of ivory, *pray for us.*
House of gold, *pray for us.*
Ark of the covenant, *pray for us.*
Gate of Heaven, *pray for us.*
Morning star, *pray for us.*
Health of the sick, *pray for us.*
Refuge of sinners, *pray for us.*
Comforter of the afflicted, *pray for us.*
Help of Christians, *pray for us.*
Queen of angels, *pray for us.*
Queen of patriarchs, *pray for us.*
Queen of prophets, *pray for us.*
Queen of apostles, *pray for us.*
Queen of martyrs, *pray for us.*
Queen of confessors, *pray for us.*
Queen of virgins, *pray for us.*
Queen of all saints, *pray for us.*
Queen conceived without Original Sin, *pray for us.*
Queen assumed into Heaven, *pray for us.*
Queen of the holy Rosary, *pray for us.*
Queen of the family, *pray for us.*
Queen of peace, *pray for us.*

Lamb of God, who takes away the sins of the world, *Spare us, O Lord.*
Lamb of God, who takes away the sins of the world, *Graciously hear us, O Lord.*
Lamb of God, who takes away the sins of the world, *Have mercy on us.*
V. Pray for us, O holy Mother of God,
R. *That we may be made worthy of the promises of Christ.*

Let us pray: Grant, we beseech Thee, O Lord God, that we Thy servants may enjoy perpetual health of mind and body, and by the glorious intercession of the Blessed Mary, ever Virgin, be delivered from present sorrow and enjoy everlasting happiness. Through Christ Our Lord. Amen

5) Litany of Saint Joseph

Lord, have mercy *Lord, have mercy*
Christ, have mercy *Christ, have mercy*
Lord, have mercy *Lord, have mercy*
Christ, hear us *Christ, hear us*
Christ, graciously hear us. *Christ, graciously hear us.*
God the Father of Heaven, *Have mercy on us.*
God the Son, Redeemer of the world, *Have mercy on us.*
God, the Holy Spirit, *Have mercy on us.*
Holy Trinity, One God, *Have mercy on us.*
Holy Mary, *pray for us.*
St. Joseph, *pray for us.*
Renowned offspring of David, *pray for us.*
Light of Patriarchs, *pray for us.*
Spouse of the Mother of God, *pray for us.*
Chaste guardian of the Virgin, *pray for us.*
Foster father of the Son of God, *pray for us.*
Diligent protector of Christ, *pray for us.*
Head of the Holy Family, *pray for us.*
Joseph most just, *pray for us.*
Joseph most chaste, *pray for us.*
Joseph most prudent, *pray for us.*
Joseph most strong, *pray for us.*
Joseph most obedient, *pray for us.*
Joseph most faithful, *pray for us.*
Mirror of patience, *pray for us.*
Lover of poverty, *pray for us.*
Model of artisans, *pray for us.*

Glory of home life, *pray for us.*
Guardian of virgins, *pray for us.*
Pillar of families, *pray for us.*
Solace of the wretched, *pray for us.*
Hope of the sick, *pray for us.*
Patron of the dying, *pray for us.*
Terror of demons, *pray for us.*
Protector of Holy Church, *pray for us.*
Lamb of God, who takes away the sins of the world, *Spare us, O Lord.*
Lamb of God, who takes away the sins of the world, *Graciously hear us, O Lord.*
Lamb of God, who takes away the sins of the world, *Have mercy on us.*
V. He made him the lord of his household.
R. *And prince over all his possessions.*

Let us pray: O God, in your ineffable providence you were pleased to choose Blessed Joseph to be the spouse of your most holy Mother; grant, we beg you, that we may be worthy to have him for our intercessor in heaven whom on earth we venerate as our Protector: You who live and reign forever and ever.

6) The Litany of the Saints:

Lord, have mercy on us. *Lord, have mercy on us.*
Christ, have mercy on us. *Christ, have mercy on us.*
Lord, have mercy on us. *Lord, have mercy on us.*
Christ, hear us. *Christ, hear us.*
Christ, graciously hear us. *Christ, graciously hear us.*
God, the Father of heaven, *have mercy on us.*
God the Son, Redeemer of the world, *have mercy on us.*
God the Holy Spirit, *have mercy on us.*
Holy Trinity, one God, *have mercy on us.*
Holy Mary, *pray for us.*
Holy Mother of God, *pray for us.*
Holy Virgin of virgins, *pray for us.*
St. Michael, *pray for us.*
St. Gabriel, *pray for us.*
St. Raphael, *pray for us.*
All you Holy Angels and Archangels, *pray for us.*
St. John the Baptist, *pray for us.*
St. Joseph, *pray for us.*
All you Holy Patriarchs and Prophets, *pray for us.*

St. Peter, *pray for us.*
St. Paul, *pray for us.*
St. Andrew, *pray for us.*
St. James, *pray for us.*
St. John, *pray for us.*
St. Thomas, *pray for us.*
St. James, *pray for us.*
St. Philip, *pray for us.*
St. Bartholomew, *pray for us.*
St. Matthew, *pray for us.*
St. Simon, *pray for us.*
St. Jude, *pray for us.*
St. Matthias, *pray for us.*
St. Barnabas, *pray for us.*
St. Luke, *pray for us.*
St. Mark, *pray for us.*
St. Mary Magdalene, *pray for us.*
All you holy Apostles and Evangelists, *pray for us.*
All you holy Disciples of the Lord, *pray for us.*
All you holy Innocents, *pray for us.*
St. Stephen, *pray for us.*
St. Lawrence, *pray for us.*
St. Vincent, *pray for us.*
St. Fabian and St. Sebastian, *pray for us.*
St. John and St. Paul, *pray for us.*
St. Cosmas and St. Damian, *pray for us.*
St. Perpetua and St. Felicity, *pray for us.*
St. Agnes, *pray for us.*
St. Cecilia, *pray for us.*
St. Agatha, *pray for us.*
St. Lucy, *pray for us.*
St. Monica, *pray for us.*
St. Helena, *pray for us.*
St. Gregory, *pray for us.*
St. Ambrose, *pray for us.*
St. Augustine, *pray for us.*
St. Athanasius, *pray for us.*
St. Jerome, *pray for us.*
St. Martin, *pray for us.*

St. Nicholas, *pray for us.*
St. Benedict, *pray for us.*
St. Bernard, *pray for us.*
St. Francis and St. Dominic, *pray for us.*
St. Clare, *pray for us.*
St. Thomas Aquinas, *pray for us.*
St. Bonaventure, *pray for us.*
St. Anthony of Padua, *pray for us.*
St. Catherine of Siena, *pray for us.*
St. Ignatius Loyola, *pray for us.*
St. Francis Xavier, *pray for us.*
St. John of the Cross, *pray for us.*
St. Teresa of Jesus, *pray for us.*
St. Margaret Mary, *pray for us.*
St. Bernadette Soubirous, *pray for us.*
St. Kateri Tekakwitha, *pray for us.*
St. Jean Vianney, *pray for us.*
St. Therese of Lisieux, *pray for us.*
St. Pius X, *pray for us.*
St. Marianne Cope, *pray for us.*
St. Damian of Molokai, *pray for us.*
St. Katherine Drexel, *pray for us.*
St. Frances Xavier Cabrini, *pray for us.*
St. Elizabeth Ann Seton, *pray for us.*
St. John Neumann, *pray for us.*
St. Faustina Kawolska, *pray for us.*
St. Theresa Benedicta of the Cross, *pray for us.*
St. Maximillian Kolbe, *pray for us.*
St. Pio of Pietrelcina, *pray for us.*
St. John XXIII, *pray for us.*
St. John Paul II, *pray for us.*
All you holy men and women, Saints of God, *pray for us.*

Lord, be merciful, *Lord, save your people*
From all evil, *Lord, save your people*
From every sin, *Lord, save your people*
From the snares of the devil, *Lord, save your people*
From everlasting death, *Lord, save your people*
By the mystery of your holy Incarnation, *Lord, save your people*

By your Incarnation, *Lord, save your people*
By your Birth, *Lord, save your people*
By your Baptism and holy fasting, *Lord, save your people*
By your Cross and Passion, *Lord, save your people*
By your Death and Burial, *Lord, save your people*
By your holy Resurrection, *Lord, save your people*
By your glorious Ascension, *Lord, save your people*
By the coming of the Holy Spirit, *Lord, save your people*
On the day of judgment, *Lord, save your people*

Be merciful to us sinners, *Lord, we ask you hear our prayer.*
That You would lift up our minds to heavenly desires,
Lord, we ask you hear our prayer.
That You would give us true repentance, *Lord, we ask you hear our prayer.*
That You would guide and protect your holy Church,
Lord, we ask you hear our prayer.
That You would preserve in holy religion the Pope, all clergy and all religious in
faithful service to Your Church, *Lord, we ask you hear our prayer.*
That You would strengthen and confirm all of us in your holy service,
Lord, we ask you hear our prayer.
That You would give peace and unity to the whole Christian people,
Lord, we ask you hear our prayer.
That You would bring back to the unity of the Church all those who are straying
to the light of the Gospel, *Lord, we ask you hear our prayer.*
That You would bring all peoples together in trust and peace.
Lord, we ask you hear our prayer.
That You would strengthen and preserve us in your holy service,
Lord, we ask you hear our prayer.
That You would heal the sick, comfort the lonely, and give freedom to those
oppressed in mind and body, *Lord, we ask you hear our prayer.*
That You would bless, make holy, and protect all of our parishoners, their
families, and the benefactors of our parish and the entire world, *Lord, we ask*
you hear our prayer.
That You would give the grace to the Youth of our parish to truly see You, to
know You and to be faithful to Your Holy Will,
Lord, we ask you hear our prayer.
That You would give young men and women the grace and courage to follow
after you faithfully as priests and religious for the salvation of souls, *Lord, we*
ask you hear our prayer

That You would grant eternal rest to all the souls of the faithful departed,
Lord, we ask you hear our prayer.

Jesus, Son of the Living God, *Lord, we ask you hear our prayer.*

Lamb of God, who takes away the sins of the world, *Spare us, O Lord!*

Lamb of God, who takes away the sins of the world, *Graciously hear us, O Lord!*

Lamb of God, who takes away the sins of the world, *Have mercy on us!*

Christ, hear us,

Christ, hear us,

Christ, graciously hear us.

Christ, graciously hear us.

Let us pray: O God, our refuge and our strength, look down with favor upon the prayers of Your people, and through the intercession of the Blessed Virgin Mary, Mother of God, Saint Joseph, her spouse, the Blessed Apostles, Saint Peter, Saint Paul, Saint James, and all the saints, graciously hear our prayers and grant them according to Your holy will, through Christ Our Lord. Amen.