

## **Saint Martin de Porres Church**

**Dear Parish Family,**

**As we are all aware the Flu and now the Novel Corona Virus CoVid-19 is affecting us all. To prevent and to assure the health and safety of our parish family we ask everyone to follow these simple preventative measures to help keep all safe and healthy:**

- 1) ***Hand Sanitizing:*** We are trying to purchase hand sanitizers for the doors of the Church, but supply is very limited right now. We have enough to make sure that all our Eucharistic Ministers before and after distributing Holy Communion are able to sanitize their hands. Please be cautious as many hands touch the doors and use the Holy water fonts at the entrances of our Church. The Holy Water at the doors are changed and the bowls thoroughly cleansed and sanitized before the weekend and during the week. However, they are still a potential source of germs. You may want to use your discretion in refraining from dipping your hands in the water during this uncertain time. As soon as we can purchase them, we will place hand sanitizers at the doors of the Church for you to use before using the Holy Water.
- 2) ***Sign of Peace:*** Please understand that not extending your hand at the sign of peace is truly not meant as an insult. We ask that everyone refrain from shaking hands and instead to use a nod of the head or waive for the Sign of Peace.
- 3) ***Feeling Sick:*** Please know that is justifiable to stay home from Sunday Mass if you feel you are sick or coming down with flu symptoms, especially at this time. This is for the safety of us all, especially our precious elderly parishioners.
- 4) ***Washing your Hands:*** Please remember to wash your hands repeatedly throughout your day and before coming to Mass and after Mass with hot water and antibacterial soap for at least 20 seconds. A simple way to assure clean hands when washing is to say the Hail Mary twice while washing your hands. Not only will you help prevent sickness but the extra prayers can only help us!
- 5) ***Coughing or Sneezing:*** We all cough and sneeze for different reasons even when we are not ill. Please be sure to bring and use a tissue or the inside of your elbow to cover your sneeze or cough for the sake of others around you.

***LORD JESUS PROTECT US AND BLESS US!***