

Parish of St. Sylvester

7th Sunday in Ordinary Time

February 23, 2020



Be holy,
for I, the LORD, your God,
am holy.

— Leviticus 19:2b

Liturgies and Intentions for the Week

Saturday, Feb. 22 - Vigil Mass—7th Sunday in Ord. Time
4:00 p.m. = Salvatore P. De Respino [25th ann.]

Sunday, Feb. 23 – 7th Sunday in Ordinary Time
7:30 a.m. = Gabriel Pampilio
10:00 a.m. = Judge Manuel & Serafina Dalman
12:00 noon = deceased members of the McCoy family
and Mary Bhatia

Monday, Feb. 24 – 7th Week in Ordinary Time
8:30 a.m. = Rita Balletto

Tuesday, Feb. 25 – 7th Week in Ordinary Time
8:30 a.m. = good health and wellbeing for Mia Filan

Wednesday, Feb. 26 – ASH WEDNESDAY
7:00 a.m. = Joseph Murguia
8:30 a.m. = Andrew Lee family
12:00 noon = Oliver Kempf [happy b'day. in heaven]
3:30 p.m. = PRAYER SERVICE
7:00 p.m. = _____



Thursday, Feb. 27 – Thursday after Ash Wednesday
8:30 a.m. = Patricia Gilmartin

Friday, Feb. 28 – Friday after Ash Wednesday
8:30 a.m. = Joseph Bertolini
12:00 noon = STATIONS OF THE CROSS
7:00 p.m. = STATIONS OF THE CROSS



Saturday, Feb. 29 - Saturday after Ash Wednesday
9:00 a.m. = Mario Peralta

Saturday, Feb. 29 - Vigil Mass—First Sunday of Lent
4:00 p.m. = Joseph Bertolini

Sunday, March 1 – First Sunday of Lent
7:30 a.m. = Joseph Hughes
10:00 a.m. = Mary Rapp
12:00 noon = _____

The **Bread and Wine** offered at this week's Masses
are presented with prayers in memory of

Oliver Kempf
requested by **his wife Judy**



This week the **Sanctuary Lamp** burns before the
Tabernacle with prayers in memory of

Oliver Kempf
requested by **his wife Judy**



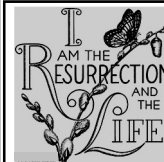
Weekly Collections Our Parish Family's Support

The Parish Office was closed last Monday for the Presidents' Day holiday so the collections count is delayed. Next week's bulletin will have the information for Feb. 16 and Feb. 23.

PLEASE PRAY... for those anticipating a hospital stay, recuperating, and the home-bound in our parish and in our families. Keep this list near the place where you pray each day so that you remember them throughout the week.

Daniela Agucia, Robert Ballard, Sr., Nancy J. Bushman, Antonia Carlino, Lucille Chatznoff, Frances Cirincione, Conley family, Stephen Cucci, Maureen De Meo, Maria Erlinger, Robert Forlenza, Thomas Galvin, Rosemarie Garlisi, Robert Golden, John Andrew Hunton, Debra S. Iammatteo, Bridget Kehley, Frank Labano, Dr. Nicolas C. Lansigan, Jr., Louis Matos, Travis Mayhew, John Miles, George Moresca, Delia Murguia, William Murphy, Amy O'Donnell, Sr. Carrie Portu, Lee Poyntz, Sharon Poyntz, Irene Reilly, Eulah Ryan, Paul Sabella, Alice Santamays, John Savarese, Annette Scardigno, Louise Stanley, Tom Varisi, John Vincenzo, Joan Walter, Robert Williams

Please let us know if anyone for whom we are praying has recovered from illness/surgery so that we may rejoice with you and then make room for others in need of prayer. Thank you.



"...they shall be greatly blessed,
because God tried them
and found them worthy of Himself."

Danilo G. Olivares

has returned to the Lord's embrace.

Lord, hold our troops safe in your loving hands



Staff Sgt. Victor L. Andrea, Jr. - U. S. Air Force
Seaman Daniel Brennan - U. S. Navy
SR Francis S. Cummings - U. S. Navy
SR Michael J. Cummings - U. S. Navy
Col. Jeffrey N. Davila, MD - U. S. Air Force
Ryan Foley - U.S. M.C.
Alvin S. Joseph II - U. S. Navy
Lt. Col. Jay Le Pore - U. S. Air Force in Japan
Prescod Montgomery - U. S. Army in Iraq
Ens. II Steven Passignajen-Trimble - U.S. Navy/Persian Gulf
Samuel Rios - U. S. Air Force
Joseph Somma - U. S. Marine Corps
Lt. Col. Michael Volpe - U. S. Army-South Korea

Has someone here been promoted, transferred, demobilized, discharged, retired? Please let us know.



Pastor's Corner

My Dear Parishioners,

"The Lenten season arrives on Wednesday. *Ash Wednesday and Good Friday are obligatory days of fasting and abstinence for Catholics. In addition, Fridays during Lent are obligatory days of abstinence,*" says the United States Conference of Catholic Bishops. Most Catholics already knew as much, but there is often confusion about what fasting and abstinence really means.

Fasting obligations apply to adults age 18 through 59. There are also certain exemptions to the fasting obligation, which are outlined by the **USCCB**: "*Those that are excused from fast and abstinence outside the age limits include the physically or mentally ill including individuals suffering from chronic illnesses such as diabetes. Also excluded are pregnant or nursing women. In all cases, common sense should prevail, and ill persons should not further jeopardize their health by fasting.*" If you cannot participate in fasting and abstinence for health reasons, find another way to practice penance!

So, what is fasting? The USCCB explains Lenten fasting as one meatless meal, and if necessary, two smaller meals may be consumed that combined equal less than a full meal. Liquids are allowed at any time, but no food should be eaten between meals.

Abstaining from meat is obligatory on Fridays during Lent for all Catholics age 14 and up. There is some debate about what exactly 'meat' includes, so the US bishops gave some advice. "*Abstinence laws consider that meat comes only from animals such as chickens, cows, sheep or pigs — all of which live on land. Birds are also considered meat. Abstinence does not include meat juices and liquid foods made from meat. Thus, such foods as chicken broth, consommé, soups cooked or flavored with meat, meat gravies or sauces, as well as seasonings or condiments made from animal fat are technically not forbidden.*

However, moral theologians have traditionally taught that we should abstain from all animal-derived products (except foods such as gelatin, butter, cheese and eggs, which do not have any meat taste). Fish are a different category of animal. Salt and freshwater species of fish, amphibians, reptiles, (cold-blooded animals) and shellfish are permitted."

And remember, it's a day of penance and a time to reflect on Christ's sacrifice on Good Friday – so although a fancy lobster dinner is *technically* allowed on no-meat Fridays, perhaps it's missing the point.

Keep smiling,

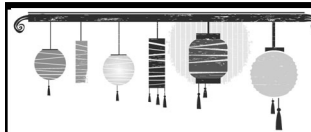
Fr. Jacob



St. Sylvester Youth Group

Next weekend the Youth Group—to thank parishioners for their never-ending support—will be giving out reusable/recycle bags after each Mass. The bags were designed & ordered by YG members Edmar Pelayo and Clara Viloría. This project was possible because of a very generous donation and the support of so many at the **YG Flea Market** in January.

Another Flea Market is being planned for **May 3rd**.



Chinese Auction

St. Peter's Boys High School
200 Clinton Ave.

Friday, March 6—doors open 6 PM

Raffles, Refreshments & Prizes

Admission—\$10.



Anyone under age 18 must be accompanied by an adult
No children under 12 admitted.



This coming Friday, and on each of the Fridays of Lent, the Stations of the Cross will be prayed here in our church at noon and at 7 o'clock in the evening.

2020 Cardinal's Annual Stewardship Appeal

Let's all pull together—pledge now!

