

**UPDATED September 2021 Daily Health Self-Screening Requirements  
And at Home Daily Checklist for Employees, Parents, Children and Essential Visitors.**

All School Employees, Parents, Children and Essential Visitors will need to complete a daily health self-check by answering the questions listed below and by taking their own temperatures each day prior to entering the school or being on the school property. A parent or guardian is responsible for completing the daily screening on behalf of their child(ren). **Self-Screening:**

Below are the updated self-screening questions that employees, parents, children and essential visitors are required to answer daily. If the answers are “No” to all of the following questions, individuals may enter the school, if you answer yes please contact the school principal. (If employees, parents, children and/or essential visitors cannot take their temperature at home, but answer “No” to all other questions, they may report to the school to have their temperature taken on-site).

- a) If you are not yet fully vaccinated, have you been in close or proximate contact in the past 10 days with anyone who has tested positive through a diagnostic test for COVID-19 or who has or had symptoms of COVID-19?**
- b) Are you waiting for the results of or have you tested positive through a diagnostic test for COVID-19 in the past 10 days?**
- c) Do you have at least one of the following symptoms: cough, shortness of breath, difficulty breathing, new loss of taste or smell?**
- d) Do you have at least any of the following symptoms: fever (over 100.0°F or subjective), chills, rigors (shivers), muscle aches, headache, sore throat, nausea or vomiting, diarrhea, fatigue, congestion, runny nose?**

**If you answer YES to any of these questions on any given day, you or your child may not enter the school building. Contact a medical professional for guidance and notify the school principal. For students with chronic illness, only new symptoms or symptoms worse than baseline should be used to fulfill symptom-based exclusion criteria.**

Depending upon the answers to the screening questions, you or your child may need to receive medical clearance and a negative COVID test to return to work or school. If you or your child is sick with a common cold or other ailment not related to COVID-19 and has an approved alternative diagnoses they should stay home until symptoms subside and you or your child (ren) fever free without the aid of a temperature reducing drug.

**International & Domestic Travel** Vaccinated & Unvaccinated Follow CDC Guidance

<https://www.cdc.gov/coronavirus/2019-ncov/travelers/international-travel-during-covid19.html>

<https://www.cdc.gov/coronavirus/2019-ncov/travelers/travel-during-covid19.html>

- “Pope Francis has made it clear vaccinating is morally acceptable and that we have the moral responsibility to get vaccinated. Cardinal Dolan has said the same. There is no mandate by the Catholic schools in the Archdiocese of New York to be vaccinated, unless required by Government Health Officials. Individuals are free to exercise discretion.”**

By signing below and submitting this form, you acknowledge that you read the above will comply with all requirements and received the attached updated daily checklist that you will complete it each school day for yourself or your child (ren) for the 2021-2022 School Year.

Signature of Parent or Guardian \_\_\_\_\_ Date: \_\_\_\_\_

Student Name \_\_\_\_\_ Grade: \_\_\_\_\_

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PLEASE KEEP THIS PAGE AT HOME ON YOUR COUNTER OR BY THE DOOR- DO NOT RETURN  
FOLLOW THESE GUIDELINES EACH DAY TO DETERMINE IF YOUR CHILD IS ABLE TO ATTEND  
SCHOOL

Parents should take their child's temperature every day before their child leaves for school. If your child has a fever of 100.0 or over, your child should be kept home from school. A fever is a key symptom of COVID-19. You should ask your child if he/she has any other symptoms of COVID-19 (see below). If your child complains of these symptoms or has a fever, or you answer yes to a question in section two, please, keep them home, call your child's doctor and contact the school to report your child's absence. **If your child is sick with a common cold or other ailment your child should stay home until symptoms subside and they are fever free. Those with symptoms must be tested for COVID-19 before returning to school per the NYS DOH School Toolkit.** We also strongly encourage everyone to get the COVID-19 vaccine if eligible, as well as the FLU vaccine. In NYC, Children 59 months (4 years old 11 months) and under are mandated by NYC DOH to receive the Flu Shot by Dec 31<sup>st</sup>.

## SECTION 1: Symptoms

Before you or your child leaves for school each day – Consider all that apply:

\_\_\_\_\_ fever or chills – Is fever 100.0°F or higher?

\_\_\_\_\_ sore throat, congestion, or runny nose?

\_\_\_\_\_ new or worsening cough that cause's difficulty breathing?(If your child has chronic allergies, or an asthmatic cough, is there a change in their cough from baseline?)

\_\_\_\_\_ diarrhea, nausea, or vomiting?

\_\_\_\_\_ onset of severe headache, especially with a fever?

\_\_\_\_\_ fatigue, muscle or body aches; loss of taste or smell?

People with COVID-19 have had a wide range of symptoms reported – ranging from mild symptoms to severe illness. Symptoms may appear 2-14 days after exposure to the virus. People with these symptoms may have COVID-19. This list does not include all possible symptoms. CDC will continue to update this list as they learn more about COVID-19. <https://www.cdc.gov>.

## SECTION 2: Close Contact/Positive Test

\_\_\_\_\_ Have you had close contact (within 6 feet of an infected person for at least 15 minutes) with a person confirmed positive in the past 10 days?

\_\_\_\_\_ Are you waiting for the results of or tested positive for COVID-19 yourself?

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Vaccinated & Unvaccinated Follow CDC Guidance

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