

October

2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Pizza/corn Salad/fruit	2
3	4 Corndog/veggies Mac & cheese/fruit Pickle spear	5 Baked potato or Hot dog/chips/ Salad/fruit	6 Spaghetti/salad Garlic bread fruit	7 Tostadas/cheese Fruit/rice /beans Salad	8 Pizza/corn Salad/fruit	9
10	11 Hamburger/cheese Fries/fruit /lettuce Tomato/onion	12 Salisbury steak/ Mashed potatoes/ Gravy/greenbeans/ Rolls/fruit	13 Enchiladas/rice Beans/salad/fruit	14 Meatball Sub or grilled cheese/garlic noodles/fruit/veggie	15 Pizza/corn Salad/fruit	16
17	18 Grilled cheese/ Chips/fruit veggies	19 Chicken fried steak/ Mashed potatoes/ Gravy/greenbeans Rolls/fruit	20 Spaghetti/salad Garlic bread fruit	21 Parent / student conferences	22 Ministry Conference	23
24	25 Sloppy Joe chips/veggies/fruit	26 Chicken nuggests Mashed potatoes Gravy/greenbeans Rolls/fruit	27 Chicken & dumplings or hot dog/greenbeans Chips/rolls/fruit	28 Ham on bun/ Chips//fruit/veg Cookie/pickle	29 Pizza/corn Salad/fruit	30

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