CONFIRMATION PREPARATION

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GUIDELINES

TIMELINE

FORMS

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***Academic support- You may call the office if your child requires additional support in completing his/her report, essay or reflection. Tutoring will be available for students in need.
Confirmation preparation is a 2-year process of developing a deeper understanding of the faith before the 6-hour “immediate preparation” for receiving the sacrament the following fall.

The following guidelines are to support you, as parents and the primary educators of the faith for your children. Confirmation information and forms are also available on the parish website. Please call the Faith Formation Office if you have any questions.

**REQUIREMENTS AND GUIDELINES**

- Attending parent meeting and signing Confirmation Covenant
- Regular attendance at Sunday Mass
- Regular attendance of Confirmation Preparation Classes (no more than 2 excused absences with completion of missed assignment/s)
- Completion of all class assignments and homework
- Completion of 20 hours of community service (service must include 10 hours to the parish) with the service form and reflection completed.
- Research and completion of the saint report following the guidelines listed on the saint report form.
- Completion of the sponsor form (follow the guidelines for the sponsor and include why this person was chosen) and submit a letter from the sponsor’s parish
TIMELINE

YEAR 1 (7TH Grade)

- One parent will be expected to attend short meeting at the beginning of the year
- Parents and confirmands must sign a Confirmation Covenant
- Community Service may begin
- Attending classes and submitting assignments and homework

YEAR 2 (8th Grade)

- One parent will be expected to attend a short meeting at the beginning of the year
- March 7th or 14th: submit saint report during regular scheduled class (choose the saint you want for your Confirmation name)
- April 18th: sponsor form/essay should be completed and submitted during the scheduled class
- May 2nd: a reflection about your two years of preparation and why you want to receive the Sacrament of Confirmation should be completed and submitted during the scheduled class.
- Attending classes and submitting assignments and homework
- 2 hour “retreat” for parents and students April 21, 2018 (10-12)
- Complete reflection questions from retreat
IMMEDIATE PREPARATION (9TH Grade)

- June-August: 3 hours of adoration with a short reflection for each hour ("Come Adore" booklet and Meditations for guidance) during the summer
- September 12th: Adoration reflections due
- September 12th: All Works of Mercy (Community Service) and the reflection about your service experience must be completed and submitted

***If you complete paperwork prior to due date and wish to turn it in you may do so during office hours. (Monday-Thursday 11-3) You may also call ahead to make arrangements. Saint Reports may also be submitted via email (RelEd@Stt-Stj.com) Report must be an attachment with Saint Report and your full name in the subject.

DATES FOR 8TH GRADERS

RETREAT: STUDENTS AND PARENTS: Saturday April 21,2018 (10-12)

Class: Wednesday September 12, 2018 (6:30-7:30)

Confirmation Rehearsal: October 19, 2018 (6:30-7:30)
Confirmation: Sunday October 21, 2018 (2:30 pm)

Confirmation Rehearsal: October 26, 2018 (6:30-7:30)
Confirmation Sunday October 28, 2018 (2:30 pm)
SAINT REPORT

Choosing Your Confirmation Saint Name

You have been called by name. (Isaiah 43:1)

At Confirmation, you will choose a saint’s name that will become your patron and a role model for you to follow all through life. As Catholics, we believe in the Communion of Saints so we are all spiritually united with each other and those who have died and gone to heaven. At your baptism your parents chose your name, but now you have the opportunity to choose a saint that you can emulate and ask to intercede for you. The saint you choose should have significance to you and have a holiness you would also like to have as you go forward on your lifelong faith journey.

Type a report about your saint using the following guidelines:

- Three paragraphs (minimum of 200 words)
- Must be typed/double space/Times New Roman/12 font
- Hard copies must be turned in or attached in an email
- Submitted on or prior to due date
- Your essay must include the following:
  1. The name of the saint and the reason why you chose this saint’s name
  2. A brief biography about your saint
  3. What the saint did that inspired you and why you would want to emulate this saint
COMMUNITY SERVICE HOURS
WORKS OF MERCY

Works of Mercy are the good works we do to help our brothers and sisters in need.

**CORPORAL WORKS OF MERCY**
1. To feed the hungry (Matthew 25:35)
2. To give drink to the thirsty (Matthew 25:35)
3. To clothe the naked (Matthew 25:36)
4. To shelter the homeless (Matthew 25:35)
5. To visit the sick (Matthew 25:36)
6. To visit the imprisoned (Matthew 25:35)
7. To bury the dead (Matthew 25:40)

**SPIRITUAL WORKS OF MERCY**
1. To instruct the ignorant (Matthew 16:15)
2. To counsel the doubtful (John 14:27)
3. To admonish sinners (Luke 15:7)
5. To forgive offences willingly (Matthew 6:12)
6. To comfort the sorrowful (Matthew 11:28)
7. To pray for the living and the dead (John 17:24)

**Complete the “Works of Mercy” Log of Service Hours.** (20) hours of service is the minimum with (10) hours performed at St. Thomas-St. Joseph. All work must be VOLUNTEER with no compensation for the service. There must also be the signature of the supervisor for the service performed.

**Reflection:** Write neatly or type a reflection about your service. You may choose to write a general reflection about your experience of giving to others or write about how a particular service affected you. Your reflection must be one paragraph of at least 100 words. Attach your reflection to your service log and return prior or on due date. This is a hard copy submission.
## WORKS OF MERCY LOG OF SERVICE HOURS

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CONFIRMATION COVENANT

A JOURNEY OF FAITH

We are a Catholic community living our faith and growing in knowledge through our faith formation classes.

In the presence of God, I solemnly promise that I will seriously prepare for receiving the Sacrament of Confirmation. I promise I will do my best to learn about Confirmation and its importance in my life. I agree to work towards accomplishing the following goals:

- Attend Mass each Sunday and Holy Day and actively participate in the Mass
- Receive the Sacraments of the Eucharist and Reconciliation often
- Meet the attendance requirements for classes
- Complete all classroom and homework assignments by the scheduled dates
- Attend all Confirmation preparation activities and/or meetings
- Choose a sponsor who is a good example of a practicing and involved Catholic
- Demonstrate Christian service and complete at least 20 hours of uncompensated service

In addition to accomplishing these goals, I also promise to demonstrate the following behavioral expectations:

- Demonstrate respect and maturity in the Church and in the faith formation classroom
- Show respect for teachers and other adults
- Be courteous to classmates and other students
- Demonstrate good manners and use appropriate language
- Treat classrooms, property and books respectfully
- Participate actively in class by being constructively involved in classroom discussions and completing all assignments

Failure to keep any part of this covenant may result in the following consequences:

1. A written warning that is kept on file in the office
2. A phone call from the office to the parent/guardian for a meeting and a second written warning
3. Removal from class and/or the program (possibly delaying the reception of the sacrament)
A JOURNEY OF FAITH
CONFIRMATION COVENANT

For Parents/Guardians:

I will provide support and be a positive example for my child to live up to this covenant, including helping him/her to attend Mass, scheduled classes, completing assignments, being respectful and completing service projects.

Date______________

Parent/s Name (please print)___________________________________________

Parent/s Signature___________________________________________________

For Students:

I understand and make this covenant on (date)____________________________

Print name __________________________________________________________

Signature____________________________________________________________
SPONSOR FORM

➢ Your name_____________________________________________________

➢ Your sponsor’s name______________________________________________

➢ Your sponsor’s relationship to you_________________________________

➢ Your sponsor’s Parish name and address_______________________________

➢ ______________________________________________________________

According to the Code of Canon Law, “As far as possible the person to be confirmed is to have a sponsor. The sponsor’s function is to take care that the person confirmed behaves as a true witness of Christ and faithfully fulfills the duties inherent in this sacrament.”

A sponsor has a great honor and responsibility to be a witness of Christ and help you throughout your lifelong faith journey. When you are choosing a sponsor, you should keep the following guidelines in mind:

➢ A sponsor must be actively practicing the faith and a member of a parish
➢ A sponsor, if married, must be in a validly recognized marriage in the Catholic Church
➢ Only one sponsor may be chosen. If a sponsor is unable to attend the Confirmation Mass, another person (by-proxy) may act as a substitute. A parent may NOT be a by-proxy or a sponsor
➢ If a sponsor is NOT a Registered parishioner of St. Thomas-St Joseph, a letter or sponsor form from the sponsor’s pastor at their parish is required
SPONSOR ESSAY
Write neatly or type a paragraph (minimum or 100 words) explaining why you have chosen this person as your sponsor.

➢ Submit this form and essay together. Attach sponsor’s letter form if the sponsor is from another parish.
CONFIRMATION INFORMATION FORM

PLEASE PRINT

NAME_____________________________________________________________

ADDRESS__________________________________________________________

CONFIRMATION NAME_______________________________________________

BAPTISM DATE___________________________________________

NAME/ADDRESS OF PARISH OF BAPTISM_________________________________

FATHER’S FULL NAME (FIRST/MIDDLE/LAST)

___________________________________________________________________

MOTHER’S FULL NAME (FIRST/MIDDLE/LAST)

___________________________________________________________________

MOTHER’S MAIDEN NAME____________________________________________

Your sponsor must be a practicing Catholic who has been confirmed and is at least 14 years of age. If you Sponsor is not a member of St. Thomas-St. Joseph Parish, he/she must obtain a Sponsor Certificate from their parish.

Sponsor’s Name_____________________________________________________

Name/Address of Sponsor’s parish______________________________________