

# Service Hours ideas



<b>Church</b>	<b>Community</b>	<b>Home</b>
<i>Help with the maintenance &amp; cleaning of my Church</i>	<i>Cook for a sick or shut-in neighbor</i>	<i>Clean the house</i>
<i>Work at Church festivals</i>	<i>Take an elderly person to the doctor (help)</i>	<i>Wash dishes or do the cooking</i>
<i>Work or help out at Parish Missions</i>	<i>Care for an elderly or disabled neighbor</i>	<i>Do the grocery shopping</i>
<i>Help in a younger Faith Formation Class</i>	<i>Baby sit for a friend</i>	<i>Clean the garage out</i>
<i>Serve at Mass</i>	<i>Mow a neighbor's yard</i>	<i>Help with laundry</i>
<i>Start or join a Bible Study Group</i>	<i>Pull weeds for a senior or disabled neighbor</i>	<i>Rakes leaves or shovel snow</i>
<i>Help out in the Parish Office</i>	<i>Shovel snow or rake leaves for a neighbor</i>	<i>Clean out the family car</i>
<i>Help the DRE with materials or other items for Faith Formation</i>	<i>Adopt an area of my street to clean</i>	<i>Take care of a younger sibling happily</i>
<i>Clean the Church Cemetery</i>	<i>Pick up litter at a local park</i>	<i>Give your allowance to the poor</i>
<i>Attend the parish council meeting</i>	<i>Volunteer to help at the public library</i>	
	<i>Help at a senior center or nursing home</i>	
	<i>Work at a soup kitchen</i>	