

# St. Mary-Our Lady of Mt. Carmel

23 South High Street • Mount Vernon, New York 10550

(914) 664-5855 • Fax (914) 663-6097

[http:// www.stmarys-ny.org](http://www.stmarys-ny.org)

## MASSES

### Saturday Evening

5:00pm, 7:00pm (Spanish)

### Sunday

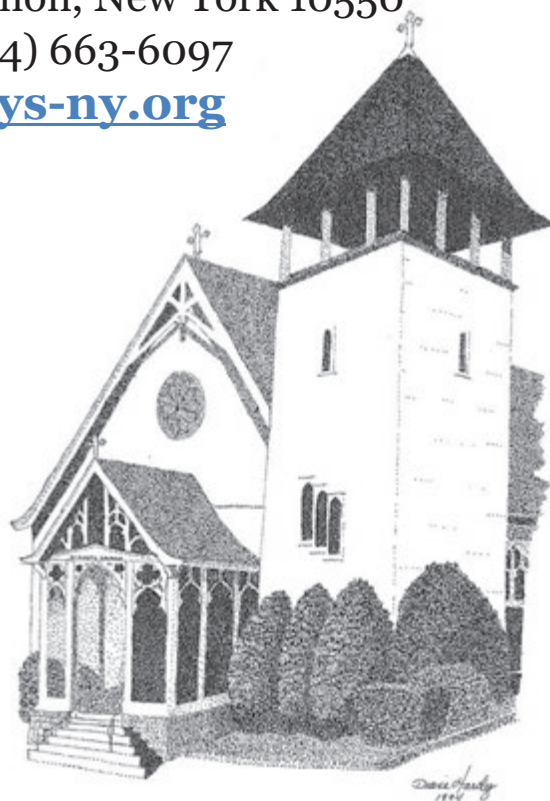
8:30, 9:45am (Spanish), 11:30am

### Daily

9:00am

### Holy Days

9:00am and 7:30pm



### Rev. Francis P. Scanlon

*Pastor*

### Deacon Joe Patrona

*Minister of Education*

### Deacon Frankie Vazquez

*Minister Assistant*

### Clara Vazquez

*Parish Secretary*

### Alan J. May

*Business Manager*

### John Griffiths

*Minister of Music*

### Stephen M. Bauert

*Maintenance Engineer*

### Juan M. Cruz

*Custodian Assistant*

## BAPTISMS & WEDDINGS

Please call the Rectory for an appointment with the Pastor  
(914) 664-5855.

## CONFESSIONS

Saturday 4:00 - 4.45pm

## CATHOLIC CHARISMATIC PRAYER MEETING

Wednesdays at 8:00pm in Parish Hall. Teachings, Witnessing, Scripture Sharing, and more, to give honor and praise to God the Father, Son and Holy Spirit. All ages are welcome!

## SPANISH PRAYER MEETING

Every Friday at 7:00 pm in Parish Hall.  
First Friday: Holy Hour 6:30 - 7:30 pm  
First Friday: Healing Mass 7:30 pm

*"Truly you have formed my inmost being; You knit me in my mother's womb. You knew that I was there – You saw me before I was born."* (Psalm 139: 13, 16) **PRAY FOR THE UNBORN**

*ABUSE SURVIVORS: We are grateful you are here today. We are sorry for the intense pain you suffer. We know there are many types of abuse; including sexual, physical, emotional and psychological. We hope you find this Church community a place of sensitivity that does not exacerbate your pain. We pray that you seek the support and help you need. We also pray that God holds you in His gentle loving hands and helps you to heal. Amen*



*Good and gracious God, physician and healer, we pray that you will lay your healing hands upon those who are sick and restore them back to health through your divine grace, love and compassion. In Jesus we pray. Amen*

Idalia Vázquez, Kathy Barletti, Carmine Bartoli, Lucille Strychalsky, Mary Kelly, Daniel Williams, Maria Garcia Abreu, Lourdezery Bisono, Bob Tornese, Amanda Fonseca, Elva Abraham and Fr. Frank Scanlon Chryslyn Deleon, Jason Villanueva



*O Lord, creator and redeemer of all your faithful people, we pray that those we love who have gone before us in faith may know your mercy, light, and peace; and the blessings of everlasting life. Amen*

January – Luke Gallagher, Frances Caldararo, Natalie Aurrichio  
 February- Steven Ortega  
 March - Janet O’Keefe, Maria Serratore, Avondale Abraham  
 April – Robert DeFrancesco, Julio Negron  
 May – Linda Villani  
 June- Frank Valente  
 July- Monica May, Maria Vaquero  
 September-Lucy Piro, Dante Brown Sr.  
 October- Héctor Luis Casellas Jr.  
 November – Anna Premuto, Vincent Ruddy  
 December – Rolando Gongora, Louise Castro

## Lent

### CHURCH REGULATIONS

HERE ARE THE CHURCH REGULATIONS FOR FASTING AND ABSTINENCE DURING LENT: Everyone 14 years of age or older is bound to abstain from meat on Ash Wednesday, all the Fridays of Lent and Good Friday. Everyone 18 or older, and under 59 years of age, is bound to fast on Ash Wednesday and Good Friday. On Ash Wednesday and Good Friday, only one full meatless meal is allowed. Two other meatless meals, sufficient to maintain strength, may be taken according to each one’s needs, but together they should not equal another full meal. Eating between meals is not permitted. When health or ability to work would be seriously affected, the law does not oblige. Catholics should not lightly excuse themselves from these prescribed minimal penitential practices.

### BEST LENT EVER

Instead of giving up chocolate for Lent, discover simple ways to transform your life in forty days. Let us join together as a community for BEST LENT EVER, a free email program from Dynamic Catholic. Lent comes every year. It’s meant to be a time when we invite God to help us become the-best-version-of-ourselves. But for many of us, Lent isn’t a transformative experience. It’s just a time when we give up chocolate or something else we enjoy, then go back to it at Easter. This year, you can change that with BEST LENT EVER. Each day of Lent, you’ll receive a short inspirational video that will help you find areas for growth, build better habits, and spark lasting change in your life. All you have to do is sign up at [BestLentEver.com](http://BestLentEver.com).

### RICEBOWLS

CRS Rice Bowl helps us encounter Lent, we are called to love our neighbor. But, like the scholar in the scripture passage, we may find ourselves wondering, “Who is my neighbor?” This Lent, CRS Rice Bowl—Catholic Relief Services’ Lenten faith-in action program, will help us answer that question. CRS Rice Bowl packets are available in the vestibule of the Church and in the Rectory.

## **BLOOD DRIVE IS MARCH 31,2019**

The St. Mary- Our Lady Mt. Carmel’s Annual Lenten blood drive will be held this year on Sunday, March 31, 2019. Please consider donating at our drive. We need to know how many people will donate so that sufficient Blood Center staff members can be scheduled. There is no substitute for human blood. One in three people will need blood sometime during their lives. Blood only last 42 days. Your donation now is critically important. “Life saving donations help many patients enjoy another tomorrow.”

~ ~ From the Pastor's Desk ~ ~

**St Mary's Our Lady of Mt Carmel 2019 Bonanza**

We are going to have a 2019 Bonanza to benefit the Msgr. John T Meehan College Scholarship Fund and the general support of the Parish. Prizes will be \$2,500, \$1,500 and \$500. Tickets are \$50 each and the drawing will be on Sunday June 30<sup>th</sup>, 2019 in the Hall at 1:30 PM at a Special Hospitality Gathering. Your support is needed and appreciated. Tickets will be on sale after the Masses in the rectory starting next weekend.

**New Parish Directory**

It is time to have a new parish directory. We are in the process of putting together a new parish directory. Thanks be to God that we have many new members to add to our directory. Whether you are new or old member of the community, please fill out the form with the information you would like to have in the directory. Please either return the form to the Rectory or place it in the offertory basket at Mass. Thank you and we hope to have 100% of our community represented in the Parish Directory.

<b><u>New Parish Directory</u></b>	
Title (Mr.&Mrs.; Miss; Ms. Mr.)	_____
Name:	_____
Street:	_____
City:	_____ Zip: _____
Home #:	_____ Cell: _____
Email:	_____
Spouse Email:	_____
<input type="checkbox"/> Change of Address	<input type="checkbox"/> New Member
Please return to the Rectory or put in the Offertory Basket at Mass	

*Parish Ministries for Next Weekend - Mar. 30, 2019 & Mar. 31, 2019*

Time	Lectors	Eucharistic Ministers
5:00 pm	MaryAnn DiLiberti	Pat Spana, Rich Spana, Donna Premuto,
8:30 am	MaryAnn LaMassa	Suzanne Palmadessa Mary Barletti, John LaMassa
11:30 am	Linda Tavalacci Berni Tracey	Phil Papa, Arlene Love, Rosemarie Reul, Diane Papa Pat Mahoney
Greeters for 3/31/19: Lurline Moody & Jeanette Rodgers		

*Calendar of Upcoming Events - March 25-March 30, 2019*

25 Monday	7:00 pm	Westchester Grupo de Oración – Parish Hall Choir Rehearsal - Church
26 Tuesday	7:00 pm	Via Cruces
27 Wednesday	8:00 pm	Charismatic Prayer Meeting
28 Thursday	9:45 am 4:00 pm	Prayer Group – Church PSR – Grades 1-6 – Rectory & Parish Hall
29 Friday	4:00 pm 7:00 pm	Food Pantry – Parish Hall Circulo de Oración – Parish Hall
30 Saturday	11:00 am 12:00 pm	First Penance Retiro Cuarasma- Spanish Lenten Retreat- Parish Hall



March 17, 2019 \$5,937.00/ March 18, 2018 \$5,380.00

**AQUÍ ESTÁN LAS REGULACIONES DE LA IGLESIA PARA EL AYUNO Y LA ABSTINENCIA DURANTE LA CUARESMA:** Toda persona de 14 años de edad o mayor debe abstenerse de comer carne el Miércoles de Ceniza, todos los viernes de Cuaresma \* y Viernes Santo. Todos los mayores de 18 años y menores de 59 años de edad deben ayunar el Miércoles de Ceniza y el Viernes Santo. El Miércoles de Ceniza y el Viernes Santo, solo se permite una comida sin carne completa. Se pueden tomar otras dos comidas sin carne, suficientes para mantener la fuerza, de acuerdo con las necesidades de cada uno, pero juntas no deben ser iguales a otra comida completa. Comer entre comidas no está permitido. Cuando la salud o la capacidad para trabajar se verían seriamente afectadas, la ley no obliga. Los católicos no deben excusarse a la ligera de estas prácticas penitenciales mínimas prescritas.

Tazón de Arroz de CRS nos ayuda a encontrarnos con la Cuaresma Estamos llamados a amar a nuestro prójimo, Pero como el estudiante en el pasaje de las Escrituras, podemos preguntarnos: "¿Quién es mi prójimo?". Esta Cuaresma, el Programa de Tazón de Arroz de CRS de Catholic Relief Services nos ayudará a Esponder a esta pregunta. Los paquetes de Tazón de Arroz de CRS están disponibles en el vestíbulo de la Iglesia y la Rectoría.

**La Santa María-Nuestra Señora de Monte Carmel Donación Cuaresmal de Sangre anual se celebrará este ano el domingo 24 de marzo de 2019. Por favor considere hacer una donación a nuestra unidad. Necesitamos saber cuántas personas van a donar sangre suficiente para que los miembros del personal del Centro se pude programar. No hay sustituto para la sangre humana. Una de cada tres personas tendrá sangre el algún momento de sus vidas. La sangre solo dura 42 días. Su donación ahora es sumamente importante. "Salvar la vida donaciones ayudan a muchos pacientes disfrutar de otra mañana".**

### Nuevo Directorio Parroquial

Es hora de tener un nuevo directorio parroquial. estamos en el proceso de crear un nuevo directorio parroquial. Gracias a Dios que tenemos muchos miembros nuevos para agregar a nuestro directorio. Si usted es un miembro nuevo o antiguo de la comunidad, complete el formulario a continuación con la información que le gustaría tener en el directorio. Por favor devuelva el formulario a la rectoría o colóquelo en la canasta de ofrendas en la Misa. Gracias y esperamos que el 100% de nuestra comunidad esté representada en el Directorio Parroquial.

<b><u>Nuevo Directorio Parroquial</u></b>	
Title (Sr. Sra.)	_____
Nombre:	_____
Dirección:	_____
Ciudad:	_____ Estado: _____
Código Postal:	_____
Teléfono de casa	_____ Celular: _____
Correo electrónico:	_____
Esposa Correo electrónico:	_____
<input type="checkbox"/>	Cambio de Dirección <input type="checkbox"/> Nuevo Miembro
Por favor regresa a la Rectoría	
O colóquelo en la canasta de ofrendas en la misa.	

~ Desde El Escritorio Del Pastor ~ ~

Unámonos como una comunidad para una mejor Cuaresma, un programa gratuito de correo electrónico de católico dinámico. La Cuaresma viene cada año. Está destinado a ser un momento en que invitamos a Dios para que nos ayude a convertirnos en la mejor versión de nosotros mismos. Pero para muchos de nosotros, la Cuaresma no es una experiencia transformadora. Es solo un momento en el que abandonamos el chocolate o algo que disfrutamos, y luego regresamos durante la Pascua. Este año, puedes cambiar eso con Best Lent Ever. Cada día de Cuaresma, recibirás un breve video inspirador que te ayudará a encontrar áreas para crecer, crear mejores hábitos y provocar un cambio duradero en tu vida. Todo lo que tiene que hacer es registrarse en [BestLentEver.com](http://BestLentEver.com).

Estaciones de la Cruz: En español, lunes por la noche a las 7:00 p.m. en la Iglesia y en inglés, los viernes por la mañana después de la misa de las 9:00 a.m.



**Third Sunday of Lent  
March 24, 2019**

Saturday, 3/23/19	9:00 am 5:00 pm 7:00 pm	For the People of our Parish Steven Ty Ortega (Deceased) Ma Luiza Ruiz Guízar (11 años Muerta)
Sunday, 3/24/19	8:30 am 9:45 am 11:30 am	Paulina Kolba (10 <sup>th</sup> Anniversary In Heaven) No Intenciones en Español For the People of our Parish
Monday, 3/25/19	9:00 am	Fr. Thomas Kallumady (Deceased)
Tuesday, 3/26/19	9:00 am	Mary Nee (Deceased)
Wednesday, 3/27/19	9:00 am	No Mass Intentions
Thursday, 3/28/19	9:00 am	Frank & Margaret Calamari (Wedding Anniversary in Heaven)
Friday, 3/29/19	9:00 am	No Mass Intentions
Saturday, 3/30/19	9:00 am 5:00 pm 7:00 pm	No Mass Intentions Maria & Tomasso Serratore (Anniversary In Heaven) No Intenciones en Español
Sunday, 3/31/19	8:30 am 9:45 am 11:30 am	Milton Strand (Birthday in Heaven) Para la gente de la Parroquia Deceased Members of the Hunt Family

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Bereavement Support Group - Monthly Meetings - Open to Parishioners - Check Your Bulletin or call for more information



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**Do you live a life filled with stress, worry, or fear?**  
**Do you struggle to carry out good resolutions?**

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