

October

Rosary: Walking with Jesus

Ever pray the rosary? Have you noticed the different mysteries? Each mystery points us to a different part of Jesus' life and ministry. This month, let's try to pray the rosary and really see how Mary is pointing us to her son with these beautiful prayers and reflections.

PRAY

Pray a Hail Mary together before bed.

Pray the Guardian Angel prayer before leaving the house.

Pray the rosary once this month.

Thank God for one blessing before you eat.

PLAY

Go for a 5-10 minute walk. Pay attention to the nature that surrounds you.

Call a family member you haven't visited with in a while.

Want More?

Visit our website: www.victoriadiocese.org

Share pictures of activities using #DOVFamilies



EAT

"Bless us, O Lord! And these Thy gifts, which we are about to receive from Thy bounty, through Christ our Lord. Amen."

Questions for Meal Discussion..

1. What was the best thing that happened to you today?
2. What is one mistake you made?
3. Where did you see God working today?

Check out the website for fun recipes!

