



May

Oct. 2020 –
Sept. 2021

Pentecost: Happy Birthday!

Did you know that the Church has a birthday? Each year at Pentecost (50 days after Easter Sunday), we commemorate the day when the disciples of Jesus received the Holy Spirit and were inspired/commissioned to continue the work Jesus had begun. The Holy Spirit guided and gave courage to the disciples; therefore, with great joy the disciples began the mission of proclaiming the Good News to all God's people. We celebrate this event (birthday) on Pentecost.

PRAY

"Come, Holy Spirit, fill the hearts of your faithful. And kindle in them the fire of your love. Send forth your Spirit and they shall be created. And you will renew the face of the earth.

Lord,
By the light of the Holy Spirit you have taught the hearts of your faithful. In the same Spirit help us to relish what is right and always rejoice in your consolation. We ask this through Christ our Lord. Amen."

Read a reading from Pentecost Sunday with your family. Pray together "Lord, send down Your Spirit, and renew the face of the Earth."

EAT

Celebrate the Church's birthday by making a birthday cake!

Remember to pray BEFORE and AFTER each meal!

Over dinner, ask:

- What fruits of the Holy Spirit are most "abundant" in our family? The fruits of the Holy Spirit are charity, joy, peace, patience, kindness, goodness, generosity, gentleness, faithfulness, modesty, self-control, and chastity

Decorate the table with red to represent the flames of the Holy Spirit.

PLAY

Do something kind for your mom or mother figure in your life! Have a Mass said for her, pick some wildflowers for a spring bouquet, or make a handmade card!

Attend the Easter Family Retreat in Victoria on May 22nd! More details on our website.

Create a prayer mobile... Tie red, orange, yellow ribbon/streamers around a coat hanger. Each ribbon represents a prayer or a person you are praying for.

Make an origami dove.

Watch the "Fatima" movie together to celebrate Our Lady of Fatima's feast day on May 13th.



May 23, 2021

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<https://www.victoriadiocese.org/year-of-the-family>



Share pictures of activities using #DOVFamilies or email them to lighthouse@victoriadiocese.org.