



Christian Voices for Life

Weekly Pro-Life

Education

Prayer

Action

Resource List for Parents



Education: It is very common for parents to feel awkward about talking to their children about sexual topics. But conversations need to begin as early as preschool to simply teach them the correct name for body parts. Then you identify the private parts of the body – those covered by a bathing suit. Elementary school age children need to know that is always OK to say no to unwanted touching, and that pornography is dangerous.

Christian Voices for Life has assembled a list of resources to help parents talk to their children about these topics. Most of these resources are free booklets that can be downloaded from web sites. Some titles are: “The Body Safety Toolkit – How to Protect Children from Sexual Abuse” and “How to Talk to Kids about Pornography”. Another web site provides conversation guides on sexual integrity (as well as other topics such as anxiety, divorce, bullying, etc.). Don’t think about “giving the talk” as a one time thing, but as a series of conversations over time to teach age-appropriate facts and establish sexuality as something you can talk about and they can ask you about.

Other resources on the list teach about sexually transmitted infections, and the serious health risks of hormonal contraception. The only resources for which there are costs are books that explain how casual sex affects the brain, reasons to delay sex, and how to help your child remain pure. This fall CVL will be sending out a postcard to pediatricians and offering the resource list as a resource they can give to the parents of their patients.



Prayer: Please, Lord, help parents be aware of the need to protect their children from exposure to pornography and child abuse. Help them acquire the resources that will help them to talk to their children effectively and help them to overcome whatever anxiety or fear that inhibits them from beginning these conversations. Help all children to have the courage to say no when appropriate and to inform a parent or other trusted adult about anyone who has offered them pornography or attempted to touch them inappropriately. Help anyone who is emotionally inclined toward child abuse to be prevented from acting on their desires and to get the help they need to overcome them and develop a healthy sexuality.



Action: Go to www.ChristianVoicesforLife.org/information-resources to download the “Resource List to Protect Your Children from Sexual Harm”. Inform your friends who are parenting children about the resource and encourage them to look into it. Particularly recommend the 15 page booklet about pornography. It is about preparing children to reject pornography, with topics such as “5 Ways Pornography Harms Kids”, “5 Tips to Get More Comfortable Talking to Kids about Pornography” and “5 Easy Teaching Moments to Arm Your Child”. With pornography readily available over the internet, it is important to protect our children from it, especially since child abusers often use pornography to groom their victims.