



Christian Voices for Life
Weekly Pro-Life
Education
Prayer
Action

How to Answer 'My Body, My Choice'



Education: “My body, my choice.” Your friend insists that this justifies abortion. “So, you are saying that because the baby is within your body, you have the right to refuse to continue to support him with your body, is that right?” – “Yes! –Even if you were the only possible blood donor for someone, you still wouldn’t be required to give blood, right?”

“Yes, that’s true, but not helping someone is not the same as actively killing them. If you do nothing, the person may die, but if you do nothing when pregnant, the child will continue to live. It would be your action that causes the death of the child, not some other cause as for the person needing blood..... I think a better analogy would be that a young child has gotten into your boat but you don’t discover him until the boat is out to sea. Your choice is to allow him to stay on board, and take care of him until you reach land, or force him overboard – miles from nowhere, where he will die. He doesn’t have the right to be on your boat, but does that give you the right to kill him by throwing him off? (1)

Another problem with ‘my body, my choice’ is that it leads to justifying abortion up to birth, as long as the child is within the mother’s body. If your friend is not comfortable with abortion at 8 months, then they need a different argument. (2) The real question is whether the child in the womb a human person, with human rights.

The pro-life viewpoint can be well defended by simple logic and reason. If you maintain a respectful attitude, are willing to listen, and establish common ground, a productive dialog can be very effective in helping those who are pro-choice to change their minds.

1. [Timothy Brahm, Equal Rights Institute; “Blood Donations and Bodily Rights Arguments”, <https://www.youtube.com/watch?v=YmBrUcpOxDw&feature=youtu.be>
2. <https://blog.equalrightsinstitute.com/bodily-rights-arguments-necessitate-extremism/>



Prayer: Dear Jesus, Please call many loving individuals to train themselves to speak effectively to their pro-choice friends, family members, and co-workers. Help them to be well prepared to confidently speak about abortion and other life issues. Help them to always show love and respect, and to refrain from judging others who have been misled or deceived about abortion. Please use Christian Voices for Life and the Equal Rights Institutes as your instruments to spread the truth about abortion and help more and more of our community come to understand the evil of abortion and the terrible harm it does in our society.



Action: Learn more about the resources available to help you become more effective in defending the pro-life position. Christian Voices for Life has a Voice for Life Training, with videos, and reading, available at no cost. See our website for details.

www.ChristianVoicesforLife.org/voice-for-life-volunteers. **Equal Rights Institute** (www.equalrightsinstitute.com) trains pro-life advocates to think clearly, reason honestly, and argue persuasively. Online training, with short videos arranged in modules, is available for \$39, and you can also subscribe to free email tips and regular podcasts.