



Time & Talent



WORSHIPING + GROWING as + SERVING in
GOD DISCIPLES LOVE



Michael the Archangel Catholic Parish

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Key

Time Commitments

- 🕒 Meets or requires participation once or twice per year
- 🕒🕒 Meets or requires participation about 3-6 times per year
- 🕒🕒🕒 Meets or requires participation about monthly or bi-weekly
- 🕒🕒🕒🕒 Meets or requires participation about weekly

Requirements

- ☑ Special training required
- ❖ Requires VIRTUS training if age 16 or older

Virtus Training

Anyone involved in a ministry that works with children in any capacity at St. Michael the Archangel, e.g., Religious Education classes, coaching, lunchroom duty, Scouts, Vacation Bible School, must take the VIRTUS (Protecting God's Children) class. Classes are scheduled periodically throughout the year. Please contact the Parish Office for more information at 913-402-3900.

Stewardship of Time, Talent & Treasure

2021 Worshipping God + Growing as Disciples + Serving in Love

With the help of a focus group of parishioners, feedback and input from listening sessions, and a parish-wide survey, three super-priorities were identified for the parish:

Deepening Spirituality

Evangelization

Strengthening Marriage and Family Life

We will focus on these three priorities as a parish. As you consider your many opportunities to become more involved in the coming year, prayerfully keep these three priorities in mind and consider engaging yourself and your family in each of these important areas.

Stewardship of Time

We all make time for what is most important! Our annual stewardship renewal gives us the opportunity to reflect upon whether Christ is truly at the center of our lives. In fact, the best way to show how thankful we are for God's mercy is by giving God our worship and thanks at Mass each Sunday and Holy Day. Please renew your dedication to daily prayer and also to family prayer, especially by praying the Rosary or chaplet of Divine Mercy.

Stewardship of Talent

God's mercy flows to others when we share our talents. So many of our parishioners live out the corporal and spiritual works of mercy through their involvement with our parish ministries. Please take time to review the over 70 different and vibrant ministries in the parish and the many ways you can share your talents.

Stewardship of Treasure

We spend our money on what's most important to us. Your financial offering to the parish helps to spread the Good News of God's Mercy. As a guidepost we ask each parishioner to consider a 5% gift of their income to the parish, 4% to the Capital Campaign or other charities, and 1% to the Archbishop's Call to Share. Also, each year we ask that parishioners consider a modest increase in their giving to offset the annual cost of living. Each year, expenses such as utilities, the cost of maintenance on our buildings, and health insurance premiums rise. The greater the generosity and the greater the sacrifice, the greater the joy.

Councils

Parish Council (Appointed by the Pastor)

Advises pastor on present operations and future goals of the parish. Each member is assigned to serve on one of our three parish Commissions. Attendance at monthly meetings alternates between the Parish Council and Commissions. Consists of 12 members, each serving a three-year term. **Time Commitment:** 🕒🕒🕒🕒

Finance Council (Appointed by the Pastor)

Assists pastor with proper financial management of the parish. Including: annual budget preparation, establishment of financial policies and controls, supervision of operations and Capital Campaign drives and other ad hoc financial issues. Consists of 12 members, each serving a three-year term. **Time Commitment:** 🕒🕒🕒🕒

Commissions & Boards

Worship Commission

We share in the life of the Triune God, receiving the grace of His sacraments, offering ceaseless praise and thanksgiving, and praying for the life of the world. This Commission oversees all Sacred Liturgy, Sacred Music, Sacred Art and all ministries that fall under them.

Discipleship Commission

We foster the bonds of human community; we proclaim to everyone the Good News of Jesus; we sit at His feet and follow in His way. This Commission oversees all Community, Evangelization and Catechesis efforts of the parish and all ministries that fall under them.

Social Mission & Outreach Commission

We seek to impact and uplift our community in loving service to make Christ known among all we serve through emotional, material, and spiritual support. This Commission oversees all Social Mission and Outreach efforts of the parish and all ministries that fall under them.

Religious Education Catechist Commission

The Catechist Commission provides support, training, and appreciation to the volunteer catechists of our Religious Education Program. The commission meets monthly for team building, discussion and peer sharing to encourage and develop volunteers who generously give of their time and talent to pass on the Catholic Faith to the next generation of our Parish.

Legacy Society Board

We recognize and thank donors who have remembered St. Michael the Archangel Catholic Parish as beneficiary of a planned estate gift. Legacy Society members help create their own legacy and memorial by assisting St. Michael parish in providing for the long-term financial stability of the church and school. Board members strategize, assist, and create opportunities for parishioners to contribute to the Legacy Society.

Spend Time with God in Prayer

We all need to build more time into our personal and family lives to focus on our relationship with God. Please commit to one or more of the following opportunities to help you live your faith at home.

- Attend Mass every Sunday & Holy Day
- Attend daily Mass at least once a week
- Pray the Chaplet of Divine Mercy
- Pray the Rosary daily
- Read the Bible for 15 minutes per day
- Spend 1% of my day in personal prayer
- Spend 1 hour per week at the Adoration Chapel
- Receive the Sacrament of reconciliation every month
- Commit to Christ Renews His Parish or other retreat opportunities
- Pray together with family and loved ones

Parish Serve Day

Parish Serve Day will take place on **Saturday, March 27, 2021**. We will begin the day with Mass as a community and then send forth the participants to their work sites for the morning.

Multiple service projects across the city will be arranged in which parish families can participate. You can sign your family up or adults can sign up individually for the project that most interests you. We will have a variety of projects to suit different interests and different ages.

We will need your help to make it happen! Here are the Serve Day roles:

Serve Day Planning Committee Members – help arrange work sites, help with promotion of the event, recruit volunteers, help with sign-ups 🕒🕒

Participants – come with your family to serve our parish and community 🕒

*Youth must be accompanied by a parent or responsible adult.

Worshipping God

Altar Linen Guild

Keep the linens used during Mass clean, ironed and in good repair. Ironing is a required skill for this ministry. Open to youth (Grades 6 and up) and adults. Teams serve once a month.

Time Commitment: 🕒🕒

Altar Servers ☑️

Assist priests during Mass. Must be 5th grade or older.

Time Commitment: One Mass each month

Cantor (Confirmed 9th graders and up): Cantors provide confident, inviting musical leadership at our parish liturgies. By sharing their gifts, cantors nurture and inspire the song of our community of faith. An audition is required for those interested in this ministry.

Choir/Music Ministry ❖

Singing is a vital and vibrant part of our Catholic worship as we offer thanks and praise to God. Through the Spirit, our parish music ministry strives to unite all voices into one with Christ as we pray and sing together as a community of faith. Volunteer music ministry opportunities are open to parishioners of all ages and levels of training and experience. **Time Commitment:** 🕒🕒🕒🕒

St. Michael Choir (September – May)

Our intergenerational parish choir is truly one of a kind, comprised of both adult choir members and our 3rd – 8th grade St. Michael Choristers. Adults and children rehearse separately, but unite their gifts as one choir at our Sunday 10:30 am Mass.

Adults (Confirmed 9th graders and up)

Weekly rehearsal: THU 7:00 – 9:00 pm

Service at liturgy: twice each month at 10:30 am Mass

St. Michael Choristers (Grades 3 – 8)

Parochial, Public or Home School singers welcome

Rehearsal: weekly

Service at liturgy: twice each month at 10:30 am Mass

SMA High School Choir (Grades 9 – 12, September – May): This choir provides high school youth with a dynamic opportunity to offer their musical gifts for God's glory – even amid their busy schedules.

Rehearsal: SUN 4:00-5:00pm, before scheduled 5:00 pm Masses

Service at liturgy: twice each month at the Sunday 5:00 pm Mass

St. Nicholas Choir (Grades 1-3): This choir is for our youngest singers. Singers explore efficient and expressive singing techniques as they learn to sing in a choir. Preparing for two parish Masses provides the choir with the opportunity to offer their gifts to God and community.

Rehearsal: TUES or WED 3:30-4:30 pm, 6-week sessions in the winter & spring

Service at liturgy: Christmas Eve at 4:00 pm Mass, Mother's Day 10:30 am Mass

❖ *Requires the completion of VIRTUS training if over age 16.*

☑️ *Formal training is required.*

Divine Dusters

Help to maintain the interior of the church and Adoration Chapel by dusting pews, the sanctuary and sacristy, vacuuming and picking up trash. **Time Commitment:** 🕒🕒🕒

Extraordinary Ministers of Holy Communion

Distribute Holy Communion to parishioners during Mass.

Time Commitment: Participation may vary depending on the number of participants.

Floral Arts Guild

Help to decorate the church to create an environment that reflects the liturgy and the liturgical season. Extra help especially needed for set up and tear down of decorations for Advent, Christmas, Lent and Easter. **Time Commitment:** 🕒🕒🕒

Greeters

Greet and welcome parishioners as they come to Mass.

Time Commitment: Participation may vary depending on the numbers of participants.

Lectors

Proclaim scripture and petitions during Liturgy.

Time Commitment: Participation may vary depending on the number of participants.

Perpetual Adoration

Meditate and pray before the Blessed Sacrament in the Adoration Chapel one hour per week, which you choose. **Time Commitment:** 🕒🕒🕒🕒

Sacristan

Helps prepare for Mass by preparing vessels for Holy Communion and laying out the lectionary and Roman Missal. Cleans vessels after Mass and puts away things as needed. Must be trained as an Extraordinary Minister of Holy Communion. **Time Commitment:** 🕒🕒🕒🕒

Ushers

Assist at liturgy in greeting, assisting with seating, taking up collections, passing out information during Mass and distributing bulletins. Scheduled for four Masses in one month, three times per year.

Time Commitment: 🕒🕒🕒

Growing as Disciples

Ananias Training

The goal of Ananias training is to equip people with the formation to walk with others within the Church as well as those in the world. Ananias training is a 17-hour process structured in five sessions, designed to form parishioners with no previous training in “the art of spiritual accompaniment.” The training consists of a participant manual and videos all produced by the Siena Institute. You may journey through this by yourself, you and your spouse together, or even a small group of friends.

- ❖ *Requires the completion of VIRTUS training if over age 16.*
- Formal training is required.*

Bible Studies and Small Groups

Provides opportunities for parishioners to learn more about their faith and God's Word. Focuses on topics that are pertinent to adults and helps them live out their Catholic faith. You'll get to know one another, study God's Word, and pray together.

Time Commitment: Leaders & Participants 🕒🕒🕒

Called and Gifted

The Called & Gifted™ Discernment Process has been used for lay, ordained, and religious Catholics and other Christians around the world. It is designed to help Christians discern the presence of charisms in their lives. Charisms, or spiritual gifts, are special abilities given to all Christians by the Holy Spirit to give them power both to represent Christ and to be a channel of God's goodness for people. Whether extraordinary or ordinary, all charisms ought to be exercised in the service of God (Catechism of the Catholic Church, 2003). This is available online through the Siena Institute.

Catechesis of the Good Shepherd Catechist or Assistant ❖

CGS is an extremely rewarding, Montessori based Catholic Faith Formation program that serves children 3-12 years old. Find out more at www.cgsusa.org. All training and materials provided.

Time Commitment- Weekly September-May, Atrium Teachers: 🕒🕒🕒, Atrium Volunteers: 🕒🕒🕒, Atrium Service: 🕒🕒🕒🕒 (painting, sewing, carpentry, cutting/copying prep, etc.)

Catechesis of the Good Shepherd Program Support ❖

The CGS program has many additional needs including cutting paper shapes and other admin work. Youth or adult volunteers can check out a folder with cutting material to be completed at home to be returned at your convenience. Donations of religious cards and images including old Christmas Cards are needed, as well as woodworking and sewing assistance. Food donations for monthly CGS Formation Courses are also greatly appreciated! **Time Commitment** -Weekly year-round

Christ Renews His Parish

Christ Renews His Parish, or CRHP, is a weekend retreat designed to help renew our faith by bringing members of the St. Michael the Archangel community together in Christ. There are separate weekends for men and women. For parishioners 21+. No cost. **Time Commitment:** CRHP participant: 🕒🕒🕒
CRHP food preparation: 🕒

Lifeteen High School Youth Ministry Core Team ❖

Each year, we need adults who want to build relationships with teenagers and help them grow in their faith. Adults are needed to come to youth group and help facilitate games, lead small group discussions and hang out with the youth. We are also in need of adults to lead weekly small groups, provide snacks for special events and/or chaperone special events. **Time Commitment:** 🕒🕒🕒🕒

Marriage Enrichment

Strengthening *Marriage & Family* is one of St. Michael the Archangel's super-priorities. We are looking for married couples to join our committee and to be involved with marriage enrichment opportunities at our parish. Our goal is to provide resources, programs, and formation opportunities throughout the year to support strong Catholic marriages.

Strong Marriages= Strong Family= Strong Church= Strong World

Time Commitment: Participation varies depending your schedule and events.

- ❖ *Requires the completion of VIRTUS training if over age 16.*
- Formal training is required.*

Men of St. Michael

Meets every Thursday after 6:40 am Mass until 8:00 am for coffee, food, fellowship and reflection on the upcoming Sunday Mass readings. Deepen your prayer life and knowledge of scripture and grow your faith with other men in the parish. **Time Commitment:** Participation varies to fit your schedule or interests.

Preschool Advisory Committee (PAC)

The PAC supports and advises the preschool administration and pastor in their efforts to uphold the preschool's mission, values and goals. The function of the PAC is to support, strengthen and assure the future of St. Michael's Preschool. The committee is open to all parishioners, with or without children enrolled at the preschool. The committee consists of up to 7 appointed parishioners and two non-voting members (the director and a teacher representative) each serving a three-year term. Meets monthly, August through May. **Time Commitment:** 🕒🕒

Religious Education Admin Volunteer ❖

We are looking for parishioners to help with a variety of duties throughout the year including, work with the staff, photocopy, prepare for large projects around Sacrament times etc.

Time Commitment: Participation varies and fits to your schedule.

Religious Education (1st – 6th Grade) Catechist/Aide/Support ❖

A Catechist is one who Echoes the Catholic Faith. Handing on the Faith to the next generation is an honor and a command of Christ to "Go make disciples of all men." Join us at any of our 3 weekly sessions of Religious Ed to volunteer in grades 1-6. Our curriculum is excellent, and your own faith will be greatly deepened as you share and listen to God with the children. All training, resources, and materials provided. **Time commitment:** weekly from September to May.

Religious Ed Guardian ❖

Religious Education needs extra people to help ensure the safety of our children in our K-6 Religious Education program. The position provides any needed assistance to the staff, catechist's or students during each class time. **Time Commitment:** Weekly from September 1- May 1

Religious Education Hospitality ❖

We are looking for parishioners to help with "day of" details for our First Holy Communion Reception and possibly more. You may help with decorating, set up and/or clean up, as well as helping to direct youth volunteers. **Time Commitment:** 2-6 hours per event

Rite of Christian Initiation of Adults (RCIA) Core Team/Sponsor

RCIA is for those who are not Catholic and want to learn about Catholicism and enter the Catholic Church or finish their sacraments. Each candidate has a sponsor to walk with them through the process. We also have a core team to help the RCIA coordinator with various needs. Catholic parishioners can attend as participants just to learn more about our faith. Classes meet Thursday evenings from 7-9 pm from September until April.

Time Commitment: RCIA Sponsors: 🕒🕒🕒🕒 RCIA Core Team Members: 🕒🕒🕒🕒

School Advisory Committee (SAC)

Supports and advises the school administration and pastor in their effort to uphold the parish school's mission, values and goals. The committee is open to all parishioners, with or without children enrolled at

❖ *Requires the completion of VIRTUS training if over age 16.*

Formal training is required.

the school, who are interested in supporting and strengthening the parish school. The committee consists of nine appointed members, each serving a three-year term. Meets monthly, September through May. **Time Commitment:** 🕒🕒🕒

Special Needs ❖

This ministry provides educational support to our special needs parishioners in our K-8 Religious Education program. You will work closely with the Religious Ed Staff.

Time Commitment: Weekly from September 1 - May 1

Steubenville Chaperone ❖

Lead a small group of 8-10 High School students during the annual weekend conference, experience the conference with the kids, help them pray, and follow-up with the students after the conference.

Time Commitment: Once a year in the summer. Preparation meeting, the weekend, and follow-up after the conference.

The VINE Small Groups

Are you interested in beginning formation to become a missionary disciple? The Vine is a 6-week bible study and faith-sharing experience hosted in parishioners' homes. Through this experience, you will grow in friendship with Christ and your neighbors. At the end you will be asked to pray about leading The Vine in your home. **Time Commitment:** 🕒🕒

Vacation Bible School (VBS) ❖

Provides a week of spiritual growth and fun for children ages 4 through 6th grade with Bible stories, crafts, drama, recreation and singing. Program runs for five consecutive mornings in June.

Time Commitment: Participation varies to fit your schedule or interests

VBS Station Coordinator: 🕒🕒

VBS Pre-Program Volunteer: 🕒🕒

VBS on-Site Volunteer: 🕒

Vocations Ministry

Promotes religious vocations to the youth of the parish and provides education to parishioners regarding vocations through the following programs: Project Andrew for high school boys, the Vocations Club, the Vocations Crucifix Program, Club 31 (praying for vocations), Serra Club, Vocation Essay, Holy Thursday where the kids express an appreciation of the priests, Encounter with God's Call (follow up to Project Andrew), the Archbishop's Quo Vadis Retreat, Priest Appreciation Weekend, and other activities brought to our attention through the Archdiocese Vocations Office.

Time Commitment: 🕒🕒

Serving in Love

Addiction Recovery Committee

We are looking for a small group with a heart to help those impacted by addictions by exploring programs and materials that offer support to the recovery community. **Time Commitment:** Participation varies to fit your schedule or interests.

- ❖ *Requires the completion of VIRTUS training if over age 16.*
- ☑ *Formal training is required.*

American Heritage Girls ❖

Looking for FAITH, SERVICE and FUN for your daughter? Join St. Michael's American Heritage Girls Troop KS1279! The American Heritage Girls program enables your daughter to grow in FAITH, cultivate a heart for SERVICE, and have FUN building meaningful friendships. Our Troop meets once a month, with optional Family and Seasonal activities. We participate in indoor and outdoor activities with opportunities to earn badges, engage in service projects, and experience leadership lessons... all with an emphasis on Christian values and family involvement. Girls K-6th grade are welcome.

Time Commitment: American Heritage Girl Leaders & Participants: 🕒🕒🕒

A -Team Volunteer

This is not a committee. There are no meetings to attend. This is a pool of volunteers that will be invited to help when we have parish-wide events or ad hoc needs. There is no specific commitment, only the willingness to be called when volunteers are needed.

Time Commitment: Participation varies to fit your schedule or interests.

Baking/Hospitality Committee

Do you like to cook and/or bake? We are starting a new committee to help provide food for many of our church functions. Helping to provide a food item for a retreat, meeting, or other church events is a great way to give of your time and talent for parishioners with limited schedules, or for those who simply love to provide hospitality through food! Picking up an item at a store works too.

Time Commitment: Participation varies to fit your schedule or interests.

Boy Scouting ❖

Troop 333 meets on two Mondays each month during the school year. Meetings are focused on rank advancement and planning outings. The troop camps out every month for an overnight and in the summer attends Bartle Scout Reservation for a 10-day camp session. Each year the scouts host a spaghetti bingo night at the church which is our annual fundraiser. **Time Commitment:** 🕒🕒🕒

Cub Scouting ❖

Our Cub Scout and Webelo Dens meet approximately twice per month. The Pack as a whole meets approximately five times per school year for events such as the Pinewood Derby and Father/Son chili cookoff. Families are encouraged to attend the Pack events together. **Time Commitment:** 🕒🕒🕒

Blood Drive

Supports the Community Blood Center. Blood drives are held four times per year. We need parishioners to volunteer in donor recruitment and work the snack table the day of the drive. Most importantly, we need parishioners to donate blood and help save lives.

Time Commitment: 🕒 Blood Drive After-Mass Promoter, Blood Drive Day-of Assistant, Blood Drive Blood Donor

Christmas in October

If you love painting, scraping, cleaning, yard work and knowing that you're helping someone who really needs it, then this service project is for you. We will join hundreds of others around Kansas City for this city-wide day of service in our community. Held the second Saturday in October.

Time Commitment: 🕒 Christmas in October Coordinator, Christmas in October Worker

- ❖ *Requires the completion of VIRTUS training if over age 16.*
- ☑ *Formal training is required.*

College Outreach

Supports college students of the parish through distribution of care packages that include snacks and words of encouragement and prayer, during finals each semester. Volunteers are needed to help prepare care packages twice a year (fall and spring). **Time Commitment:** 🕒

Communion to the Sick & Homebound ☑️

Distribute Holy Communion on Sunday after Mass to parishioners that are homebound or in assisted-living facilities within our boundaries. Commitment varies based on your availability, but average service is 3-4 times per quarter. You do not have to be an Extraordinary Ministry of Holy Communion and will receive training directly from your pastor. **Time Commitment:** 3-4 times (in a 3-month period)

Communications Services

Are you a graphic designer, public relations professional, marketing specialist, videographer, photographer, illustrator, or other communications specialist? We could use your services on occasion with our communications projects (brochures, logo design, policy creation, etc.) and special events (photography, videography, etc). **Time Commitment:** Participation varies to fit your schedule or interests.

Companions in Faith ❖

Companions in Faith is a partnership between St. Michael the Archangel and Our Lady of Unity (in KCK) parishes to bring our two communities together to fulfill and respect the spiritual, temporal, educational and social needs of our parishioners through the sharing of our blessings. Volunteers are needed to carry out various activities such as volunteering at OLU School as well as social and educational events. We also need committee members to lead and/or assist in various projects at both parishes. **Time Commitment:** Participation varies to fit your schedule or interests.

Defenders' Ball Committee

Plans all aspects of the yearly, parish-wide fundraiser and social event.

Time Commitment: 🕒🕒 Auction Items Procurement, Auction Volunteers, Decorations Committee, Trivia Night Committee, Data Management

Dinner for 8

The Dinner for Eight groups meets 3- 5 times a year. Each dinner includes the host/hostess and 3-4 other couples. Groups rotate every month so members can get to know and socialize with a variety of people at each dinner. The host home provides the main entrée and attendees bring sides, desserts, etc. Dinner for Eight Kick-off and Wrap-Up parties set the tone for this lively group, and we invite new group members to join at any time of the year! There's always room at Dinner for Eight!

Time Commitment: 🕒🕒🕒

Donut Sunday

Coffee and donuts are offered following Sunday morning Mass various times of the year. This is a wonderful opportunity to meet new parishioners and grow in fellowship with ones you know over a donut and cup of coffee! Duties include making coffee, pouring juice, tidying up tables, and providing a "friendly face" for our parishioners. This is also a great family volunteer opportunity.

Time Commitment: 🕒🕒

- ❖ *Requires the completion of VIRTUS training if over age 16.*
- ☑️ *Formal training is required.*

Family Bingo

This is an annual evening event for kids and adults alike to participate in bingo, win prizes, and socialize. Volunteer responsibilities include event logistics, prize solicitation, and help with set-up and teardown.

Time Commitment: Family Bingo Chair: 🕒🕒, Family Bingo Volunteer: 🕒

Foster Care Support

We are looking for volunteers who have a heart for the foster care community through promoting awareness, respite care opportunities, spiritual support, and material support. **Time Commitment:** Participation varies depending on your schedule.

Friendly Visitors

A SMA Friendly "Visitor" is matched up with an individual that lives within our parish boundaries (homebound or living in an assisted living home). We will bring the love of Christ to them as we foster friendship through monthly contact (letters, cards, phone calls). **Time Commitment:** 🕒

Funeral Luncheons

Prepare a dish in advance or assist in set-up, serving and clean-up on the day of a funeral luncheon. Commitment is based on your availability and extremely flexible as each luncheon's requirements and timelines may vary. Great for individual or family participation and allows many options for participation. **Time Commitment:** Participation may vary depending on the number of participants and your schedule.

Gardening Angels

Maintain and enhance the Parish grounds by planting, mowing, trimming, weeding, watering, and gathering for special landscaping projects. Choose your own schedule to meet your needs. Equipment is provided. **Time Commitment:** Trimming and Edging Team, Mowing Team, Watering Team: 🕒🕒🕒, Special Grounds keeping Events: 🕒

Gifts for the Christ Child

Opportunity to help families in need during the Christmas season. After Mass, parishioners select Christmas tree ornaments labeled with everyday essentials. Collection of these items continues until sorting and delivery in late December. In late December, we deliver the items to the programs we support. **Time Commitment:** Gifts for the Christ Child Coordinator: 🕒🕒, Gifts for the Christ Child Mass Collections: 🕒 (20 minutes before/after Mass), Gifts for the Christ Child Sorting/Delivery Volunteer: 🕒 (late December)

Honduras Mission ❖

We work to bring HOPE and SOLACE to each resident of the Hogar de Niñas (home for girls) and Hogar de Ancianos (home for elderly) and to offer support to those in the community of Santa Rosa de Copán, Honduras as we are called by Christ to love and serve our neighbors.

Time Commitment: Honduras Mission Committee Member: 🕒🕒, Honduras Mission Special Projects: 🕒, Honduras Mission Translation (Spanish): 🕒, Honduras Mission Travel Team: 🕒🕒🕒 🕒

JOYS (Just Older Youths)

JOYS is for parishioners 50 years of age and over. We offer social functions and events throughout the year. There are no dues or meetings. This is a great way to socialize, meet new parishioners, and get involved. **Time Commitment:** Participation varies to fit your schedule or interests.

❖ *Requires the completion of VIRTUS training if over age 16.*

☑ *Formal training is required.*

Kitchen Angels

This team of dedicated volunteers helps keep our parish hall kitchen up and running! With such a large parish and countless events, our parish kitchen is constantly in use and therefore in need of some TLC. Our Kitchen Angels take turns each week cleaning and organizing our kitchen. They keep it in tip top shape for upcoming events and help clean and organize after events. **Time Commitment:** 🕒🕒🕒

Knights of Columbus ❖

From the moment of our founding in 1882, charity has been the first principle of the Knights of Columbus. Combined with our remaining principles of Unity, Fraternity and Patriotism, the Knights of Columbus at St. Michael the Archangel are committed to: Service, Pro Life Initiatives, Building the Domestic Church and Supporting our Priests and Seminarians. Meetings are held the second Tuesday of each month with numerous volunteer opportunities offered throughout the year. Open to men 18+. **Time Commitment:** participation is dependent on your schedule and interests.

Meals for the Sick

Prepare and deliver meals to parish families or individuals in need due to illness or crisis. **Time Commitment:** Participation varies to fit your schedule or interests.

Money Counters

Help count collections from weekend Masses. Each counter is assigned to a team that meets every other Monday from 8:00 am to 10:00 am While we certainly don't expect counters to have 100% attendance, a relatively firm commitment to the schedule is requested. If two times per month seems a bit too much, substitute counters are also needed, and would be contacted on an as-needed basis. Confidentiality is essential. **Time Commitment:** 🕒🕒🕒🕒

Mothers of Young Children (MOYC) ❖

St. Michael the Archangel MOYC is a supportive connection between Moms with young children, dedicated to nourishing our own spiritual health as well as that of our families. We fulfill our mission through activities such as volunteer work, faith study, social events and children's activities and outings. There is something for everyone in Mothers of Young Children. Mothers with children of all ages are welcome. **Time Commitment:** Board Members: 🕒🕒, Members: Participation varies to fit your schedule or interests.

New Member Social

All new members of the parish are invited to our New Member Socials that occur 3 times a year. These events take place on a weeknight at the rectory. Any new members who recently joined are invited to come, meet the priests and mingle with other new members. Members of various committees are also invited so new members can learn about all the ways they can be involved at St. Michael. Duties include preparing food, set-up and clean up at the rectory. **Time Commitment:** 🕒

New Member Welcome

This ministry is responsible for welcoming new and prospective members, sharing information about St. Michael and supplying all the paperwork necessary for new members to get started at St. Michael the Archangel. The New Member Welcome meeting takes place each Sunday at 10:00 am in the St. Uriel Conference Room on the lower level of the Church. **Time Commitment:** 🕒🕒🕒

- ❖ *Requires the completion of VIRTUS training if over age 16.*
- ☑ *Formal training is required.*

Parish Office Volunteers

Greet people as they walk into the office, answer phones, work with the staff, photocopy, type, file and help prepare for large projects and group mailings. Confidentiality is essential. **Time Commitment:** Participation varies to fit your schedule or interests.

Parish Picnic

This committee coordinates the children's activities at the annual parish picnic held on the Feast of St. Michael, normally on the last Saturday in September. Volunteers are needed to coordinate baked good donations, order prizes and games, purchase necessary supplies, set the games up for the day and man the games during the picnic. Volunteers are always needed on-site to work a 30-minute shift staffing the various children's games at the picnic. **Time Commitment:** Parish Picnic Committee Member: 🕒🕒, Parish Picnic Volunteer: 🕒

Prayer Chain

Pray for those in need from our parish and/or their friends and relatives. **Time Commitment:** Prayer can be done anywhere, anytime, Prayer Line Coordinator: 🕒🕒🕒, Prayer Line Participants: Participation varies to fit your schedule.

Prison Ministry

Bring your Bible and join other parishioners to offer Bible study and fellowship to prisoners in WyCo County Jail. Both men and women volunteers are needed. Orientation with WyCo County Jail staff; fingerprinting and background check required for approval to participate. **Time Commitment:** 2 hours each visit. Sign up to visit weekly or as your schedule allows.

Rectory Meals

Provide dinner one evening, Monday – Friday, for our priests. Frequency depends on number of participants, but time commitment is usually three meals per year and is flexible with your schedule. **Time Commitment:** 🕒

Red Bag (Christmas)

Provides needy children in the Kansas City area with a Christmas they would not otherwise have. Parishioners have the opportunity to purchase items from a needy child's wish list, as well as essential items such as clothing, shoes, and coats. In the past, St. Michael has adopted over 150 children and has been one of the largest contributors to this program. Red Bag takes place after Masses in early December. **Time Commitment:** Red Bag/Green Bag Chairs: 🕒🕒, Red Bag/Green Bag Volunteers: 🕒

Respect Life

The Respect Life Committee at St. Michael serves to witness to and educate on the various life issues important in our Catholic faith. This committee coordinates annual events and activities and shares information regarding Respect Life issues. **Time Commitment:** Respect Life Program Committee Member: 🕒, Respect Life Pro-Life Event Volunteers: Participation varies to fit your schedule or interests., Respect Life Pro-Life List Members: Participation varies to fit your schedule or interests.

- ❖ *Requires the completion of VIRTUS training if over age 16.*
- ☑ *Formal training is required.*

School Volunteer Service League (VSL) ☹

VSL is the parish-wide volunteer program for our parish school that supports the teachers, staff and students. **Time Commitment:** VSL Coordinators: ☹☹, VSL Volunteer: Participation varies to fit your schedule or interests.

Snow Angels

Help with snow removal from Parish grounds on an as-needed basis. **Time Commitment:** Participation may vary depending on the number of participants.

Sports Ministry ❖

The designated body for Parish sports that identifies and provides leadership for parish sports programs and events to enhance the community aspect of our Parish family. Responsible for providing leadership, support and guidelines in the development of youth sports programs, activities and events.

Time Commitment: ☹☹☹, Sports Committee Volunteer, Youth Sports Directors, Youth Coaches

St. Joseph Table

Brings the parish together as a community. This “Old Italian Tradition” of making a table to honor St. Joseph on his feast day, March 19, brings the parish community together. Help is needed to bake, decorate, set up/tear down and sell baked goods. Proceeds go to support the Catholic Charities Food Pantry. **Time Commitment:** St. Joseph Table Lead Committee Member: ☹☹, 1st quarter of the year only, St. Joseph Table Baker: ☹, 1st quarter of the year only, St. Joseph Table Decorator, Set Up/Tear Down & Mass Shift Volunteer: ☹, March

St. Mary’s Food Kitchen

St. Michael parishioners prepare and serve food at the St. Mary’s Food Kitchen in Kansas City, KS on the first Sunday and third Saturday of every month. Sign-ups to volunteer to serve, prepare a casserole (pans and recipe are provided) or prepare a dessert are available in the Narthex after each Mass on the last full weekend of each month and via Sign-Up Genius. Volunteers can sign up for the service dates that best fit their schedules. Food donations for this ministry are also needed throughout the year.

Time Commitment: St. Mary’s Food Kitchen Coordinator: ☹☹☹, St. Mary’s Food Kitchen Assistant Site Coordinator: ☹☹☹, St. Mary’s Food Kitchen Server/Food Provider: Participation varies to fit your schedule or interests.

St. Peregrine Devotion

This ministry comes together to pray in community on the fourth Sunday of each month after 8:15 a.m. Mass by the St. Peregrine statue for those with cancer and the very ill of our parish family. **Time Commitment:** Meets monthly.

Stephen Ministry ☑

Stephen Ministry is a program that equips laypeople for a caring ministry. Fifty hours of formal training is required to become a Stephen Minister. Training typically offered every other year. Initial training provides candidates with the basic skills necessary for helping others in a distinctively Catholic/Christian way. Through lecture, discussion, and experiential learning, people learn everything from how to be an effective listener to specific techniques for ministering to grieving people. Once trained, Stephen Ministers serve a minimum of 2 years with on-going time commitments of approximately 5 to 8 hours per month in either one-on-one caring sessions or in continuing education. **Time Commitment:** ☹☹☹

❖ *Requires the completion of VIRTUS training if over age 16.*

☑ *Formal training is required.*

Women of St. Michael

Women of St. Michael is a group of women working together to provide all women of St. Michael the Archangel parish the opportunities to come together in faith, fellowship, and fun. The Women of St. Michael planning committee is responsible for organizing and planning the monthly meetings, the annual Women's Mass and Dinner, guest speakers and other events. Monthly meetings occur on the first Thursday of the month. **Time Commitment:** Participation varies to fit your schedule or interests.

Women's Circles

Circles are designed for women of the parish to build spiritual friendships with other St. Michael women in a wide variety of faith-based activities. Small groups meet in homes at times convenient to the group. Monthly meetings provide the time and place to socialize and share faith in small groups.

Time Commitment: Participation varies to fit your schedule or interests.

- ❖ *Requires the completion of VIRTUS training if over age 16.*
- ☑ *Formal training is required.*

Youth Volunteer Opportunities

(Watch for opportunities to sign up for these throughout the year)

Elementary School

Altar Servers (5th Grade and older only)
American Heritage Girls
Cub Scouts
Friendly Visitor (with parents)
Gardening Angels (with parents)
St. Mary's Food Kitchen (7 and up, with parents)
St. Michael Choristers, Grades 3-8
St. Nicholas Choir, Grades 1-3

Middle School

Altar Server
Altar Linen Guild
American Heritage Girls
Boy Scouts
Catholic Charities Food Pantry Collection
Christmas in October (with parents)
St. Michael Choristers, Grades 3-8
Donut Sunday (with parents)
Parish Picnic Volunteer
Religious Education Aide
St. Mary's Food Kitchen (with parents)
Sunday Nursery Volunteer
Vacation Bible School Volunteer
Gifts for the Christ Child
Gardening Angels (with parents)
Friendly Visitor (with parents)

High School

Altar Server Captain
Blood Drive (16 and up)
Catholic Charities Food Pantry Collection
EDGE Junior High Youth Group Leader
Christmas in October
Extraordinary Minister of Holy Communion (16 and up)
Gardening Angels
Gifts for the Christ Child
High School Choir
Lector (16 and up)
Parish Picnic Volunteer
Perpetual Adoration
Religious Education Aide
St. Mary's Food Kitchen
Usher (16 and up)
Vacation Bible School volunteer

- ❖ *Requires the completion of VIRTUS training if over age 16.*
- ☑ *Formal training is required.*

Appendix i

Opportunities by Area of Interest

Activities for Families

Catholic Charities Food Pantry Collection
 Donut Sunday
 Family Bingo
 Gardening Angels
 Gifts for the Christ Child
 Greeters
 Mothers of Young Children
 Parish Picnic
 Prayer Chain
 St. Mary's Food Kitchen

Adult Fellowship

Bible Studies & Small Groups
 Companions in Faith
 Christ Renews His Parish Retreats
 Dinner for 8
 JOYS
 Knights of Columbus
 Men of St. Michael
 Mothers of Young Children
 Women's Circles
 Women of St. Michael
 The VINE Small Groups

Artistry

Floral Arts Guild
 Defenders' Ball Decorations

Clerical Support

Money Counters
 Parish Office Volunteers
 Religious Education Office Support

Cooking/Baking/Serving Food

Baking/Hospitality Committee
 Donut Sunday
 Funeral Luncheons
 Meals for the Sick
 Rectory Meals
 Religious Ed Hospitality
 St. Joseph Table

St. Mary's Food Kitchen
 Lifeteen Sunday Dinner Team

Helping Others in Need

Addiction Recovery Committee
 Catholic Charities Food Pantry Collection
 Christmas in October
 Companions in Faith
 Blood Drive Volunteer
 Communion to the Sick and Homebound
 Companions in Faith
 Funeral Luncheons
 Friendly Visitor
 Gifts for the Christ Child
 Honduras Mission
 Knights of Columbus
 Meals for the Sick
 Parish Serve Day
 Prison Ministry
 Red Bag
 St. Mary's Food Kitchen
 Senior Outreach
 Stephen Ministry

Hospitality

Baking/Hospitality Committee
 Donut Sunday
 Greeters
 New Member Welcome
 New Member Social
 Sacramental Hospitality Host
 The VINE Small Groups

Housekeeping

Altar Linen Guild
 Divine Dusters
 Gardening Angels
 Kitchen Angels
 Snow Angels

- ❖ *Requires the completion of VIRTUS training if over age 16.*
- ☑ *Formal training is required.*

Leadership

Commissions
Defenders' Ball
Finance Council
Legacy Society Board
Parish Council
Preschool Advisory Committee
School Advisory Committee
Sports Commission

Learning About Our Faith

Bible Studies & Small Groups
Christ Renews His Parish Retreats
EDGE Junior High Youth Group
Lifeteen High School Youth Group
Men of St. Michael
RCIA
Religious Education (K-6)
Women's Circles
Women of St. Michael
The VINE Small Groups

Music

Choirs
Cantors (solo singers)
Instrumentalists

Prayer Commitment

Bible Studies & Small Groups
Men of St. Michael
Perpetual Adoration
Prayer Chain
Respect Life
Women's Circles
Women of St. Michael
Vocations Ministry

Preparation & Support

Altar Linen Guild
A-Team
Floral Arts Guild
Blood Drive Volunteer
College Outreach
Defenders' Ball Pre-Event Help

Divine Dusters
Gifts for the Christ Child
Parish Office Volunteers
Respect Life
VBS Pre-Program Volunteer

Skilled Craft or Professional Services

Altar Linen Guild
Floral Arts Guild
Christmas In October
Communications Services
Companions in Faith
Defenders' Ball Committee
Gardening Angels
Honduras Mission
Money Counters
Stephen Ministry

Teaching Adults

Bible Studies & Small Groups
Marriage Enrichment
RCIA
The VINE Small Groups

Working with Children/Youth

American Heritage Girls
Boy Scouting/Cub Scouting
EDGE Junior High Youth Group Core Team
Lifeteen High School Youth Ministry Core Team
Honduras Mission
Nursery—Sunday Mass & Parish Events
Religious Education (K-8)
Vacation Bible School
Volunteer Service League
VBS On-Site Volunteer

Worship

Altar Servers
Extraordinary Ministers of Holy Communion
Lectors
Sacristans
Ushers
Ministers of Hospitality

- ❖ *Requires the completion of VIRTUS training if over age 16.*
- ☑ *Formal training is required.*

Appendix ii

Volunteer Opportunities by Time Commitment

Once or Twice Per Year 🕒

Blood Drive Volunteer
Christmas in October
Christ Renews His Parish
College Outreach
Family Bingo
Gifts for the Christ Child
Parish Picnic
Rectory Meals
Red Bag
Religious Ed Hospitality
St. Joseph Table
Vacation Bible School (VBS) On-Site Volunteer

About 3-6 Times Per Year 🕒🕒

Altar Linen Guild
Floral Arts Guild
Catholic Charities Food Pantry Collection
Defenders' Ball Committee
Donut Sunday
Honduras Mission
Respect Life
Ushers
Vacation Bible School (VBS) Pre-Program Volunteer

About Monthly or Bi-Weekly 🕒🕒🕒

Altar Linen Guild
American Heritage Girls
Cub/Boy Scouting
Donut Sunday
Dinner for 8
Divine Dusters
Finance Council
Kitchen Angels
Knights of Columbus Board
New Member Welcome
Mothers of Young Children (MOYC) Board
Parish Council
Prayer Chain Coordinator
Preschool Advisory Committee (PAC)

School Advisory Committee (SAC)
St. Mary's Food Kitchen
Sports Ministry

About Weekly 🕒🕒🕒🕒

EDGE Junior High Youth Ministry Core Team
Lifeteen High School Youth Ministry Core Team
Music Ministry
Perpetual Adoration
Religious Education (K-6)
RCIA Core Team/Sponsor

Depends on Number of Participants

Altar Servers
Extraordinary Ministers of Holy Communion
Communion to the Sick and Homebound
Funeral Luncheons
Gardening Angels
Greeters
Lectors
Senior Outreach
Snow Angels
Stephen Ministry

Varies to Fit Interests or Schedules

Baking/Hospitality Committee
Companions in Faith
Gardening Angels
Friendly Visitors
Just Older Youths (JOYS)
Knights of Columbus
New Member Social
Meals for the Sick
Men of St. Michael
Mothers of Young Children (MOYC)
Parish Office Volunteer
Prayer Chain Participant
Senior Outreach
Women's Circles
Women of St. Michael
Vocations Ministry

Prayer to St. Michael

St. Michael the Archangel, defend us in battle.

Be our defense against the wickedness
and snares of the devil. May God rebuke him, we humbly pray,
and do you, O Prince of the Heavenly Host,
by the Power of God, thrust into Hell Satan
and all the evil spirits who prowl about the
world seeking the ruin of souls.

Amen.



St. Michael the Archangel Catholic Parish

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