

Spend Time with God in Prayer

**WORSHIPING
GOD**

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**GROWING
as
DISCIPLES**

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**SERVING
in
LOVE**



I (we) plan to...

- Attend daily Mass at least once a week _____
- Attend Mass every Sunday & Holy Day _____
- Commit to Christ Renews His Parish or other retreat opportunities _____
- Pray the Chaplet of Divine Mercy _____
- Pray the Rosary daily _____
- Pray together with family and loved ones _____
- Read the Bible for 15 minutes per day _____
- Receive the Sacrament of Reconciliation every month _____
- Spend 1 hour per week praying before the Blessed Sacrament _____
- Spend 1% of my day in personal prayer _____

Please keep this card.