

How ROL's Life Groups Work

What is a Life Group?

A Life Group is a gathering of approximately 6–8 people who meet together regularly. Life groups provide an opportunity to connect people to one another and to the life of the church through discussion, fellowship (socializing, potluck,) Bible study, and prayer. It helps people apply their Christian faith to everyday life. It is a way of "experiencing life together."

Why would I want to join a Life Group?

Here are four very important reasons. First, you'll begin to feel like you're part of the ROL family and not just a face in the crowd. Second, you'll be with people who provide a caring network of love and support. Third, you'll begin to understand our Christian faith better as you study the Scriptures and the Church's teaching with others. Finally, you'll discover the joy of experiencing life with genuine friends who accept you for who you are and who you are becoming.

How often do Life Groups meet?

The actual day and time of small group meetings are determined by each individual group. Please see our list of currently open Life Groups.

How long does a typical Life group stay together?

Life Groups stay together for the time period they chose to be together and this can vary from 6 weeks to years and decades. However, we do encourage all groups to help expand the Life Group Ministry by training new leaders who can eventually launch a new group. It is not uncommon for groups to be together for 12-18 months or even longer before helping to launch a new group.

Where do Life Groups meet?

Most of our groups meet here on campus, some meet in homes throughout the island, and some have decided to meet at work, school, coffee shops, etc. Recently, because of the COVID19 pandemic, most of our groups now meet online using Zoom.

What happens at a Life Group meeting?

Every group is different but there are some commonalities. Most groups have a time for fellowship. The central growth component is a study of something very relevant to the members of the group. Our groups are designed to encourage discussion and engage each person in the process. Groups also have the opportunity to pray for one another.

What do groups study?

Group leaders work with our Life Group coordinator to determine study options. A listing of approved resources is attached. Many of our groups reflect on the Sunday homily using the homily notes on our website. Questions for discussion are also included. Other groups decide to participate in book studies or various other small group studies approved by Life Group coordinator. Periodically, the whole parish will be encouraged to work through a coordinated series together.

How do I join a Life Group?

We encourage you to try out any “available” Life Group on the list. If you don’t see a group that fits your needs, let us know what your interests are and we will look into starting a new small group.

Is it okay to check out a Life Group and not join?

Certainly, you may check out a group, which is open to new members, and your decision to join can be made after your visit. No obligations. Make it a “drive through” and try visiting a few different groups if you like.

Do I have to be a member of Resurrection of the Lord to join a Life Group?

Life Groups are open to everyone. In fact, we encourage you to invite family, friends, co-workers, and classmates who do not have a church home. (Parish membership is required to lead a group.)

How do I start a new Life Group?

Please let Fr. William know of your interest. He will help you register to attend an upcoming Life Group Host/Leader training class.

What if I don’t see a Life Group that meets my needs/interests?

Please let Fr. William know of your interest by providing your contact information and we’ll get back to you. We are working on starting new groups as interests grow.

Who do I contact for more information?

Contact Fr. William at wkunisch@rcchawaii.org or at 676-4700.

ROL LIFE GROUP RESOURCES

- Homily based (from the Sunday homily notes available at www.resurrectionhawaii.org/homilynotes)
- Lectionary based (from the Sunday readings available at www.resurrectionhawaii.org/home)
- FORMED.org
 - Visit www.formed.org and sign-up with Resurrection of the Lord, Waipahu, HI for free access courses on Catholic teaching, Scripture, family life, youth and young adult topics, and audio books
- Scripture Studies
 - Little Rock Scripture Studies www.littlerockscripture.org
 - Twenty-Third Publication Bible Studies <http://www.twentythirdpublications.com/thbist1.html>
 - Loyola Press Bible Studies <https://www.loyolapress.com/products/parish-ministry/bible-study-or-scripture>
 - Paulist Bible Study Series <http://www.twentythirdpublications.com/thbist1.html>
- Book Studies (various topics)
 - ROL Bookstore (coming soon)
 - Pauline Books & Media www.pauline.org
 - Twenty-Third Publications www.twentythirdpublications.com
 - Our Sunday Visitor <https://www.osv.com/Shop/Books.aspx>
 - Paulist Press www.paulistpress.com
- DVD Studies (various topics)
 - Saddleback Resources <https://store.pastorrick.com/c-43-small-group-studies.aspx>