

The Apostles' Creed

“Dear young people... The way Jesus shows you is not easy. Rather, it is like a path winding up a mountain.

*Do not lose heart! The steeper the road,
the faster it rises towards ever wider horizons.”*

St. John Paul the Great

I believe in **God**, the Father almighty,
Creator of heaven and earth,

and in **Jesus Christ**, his only Son, our Lord,
who was **conceived by the Holy Spirit**,
born of the **Virgin Mary**,
suffered under Pontius Pilate,
was **crucified, died** and was **buried**;
he **descended into hell**;
on the third day he **rose** again from the dead;
he **ascended** into heaven,
and is seated at the right hand of God the
Father almighty; from there he will come to
judge the living and the dead.

I believe in the **Holy Spirit**,
the **holy catholic Church**,
the **communion of saints**,
the **forgiveness of sins**,
the **resurrection of the body**,
and **life everlasting**.

Amen.

Know why. Believe why. Live it:

‘Ascension Presents’ on YouTube

‘Chosen: Confirmation’ on YouTube

<https://www.catholicscientists.org/common-questions>
www.lifeteen.com

Catholic Stuff You Should Know podcast

‘Catholic Answers’ on YouTube

<https://www.scienceforseminaries.org/science-the-wide-angle/>
YOUcat or Catechism of the Catholic Church

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