

# Confirmation Saint Reflection

Due: April 15, 2021 (at Impact Night)

## A little background on why we use the names of saints for our Confirmation names:

What an incredible gift we have in the communion of saints. The saints are like us! They are our ancestors, our teachers, our friends, our siblings. They are real, truly human. They are sinners, repentant children of God. The saints lived on this earth and experienced suffering, joy, pain, broken promises, peace, frustration, war, injury, heartbreak... they know our hearts. But mostly, they know what it takes to be united with God here on this messy earth. They know what it takes to live well for Him.

We choose a Confirmation saint (like we choose a Confirmation sponsor) not out of due diligence to the “rule” that Catholics have to pick saints, but rather because we realize how unfortunate it would be to travel alone. We recognize how important it is to know your Confirmation saint not only by name, but also by story. The saints have so much to teach us about this journey. Choosing a Confirmation saint is choosing a Spiritual role model.

## Reflection should include:

- **A brief biography of the saint** that you’ve chosen for your Confirmation name.
- **At least two paragraphs about why you have chosen your Confirmation saint.**

## Boring, but important stuff to note:

- **Reflection should be 2 pages (double spaced).**
- Format doesn’t matter much...but we don’t want to see, like, size 72 font, so here’s the deal: **12 pt. font and make sure your name is at the top somewhere.**
- **Cite your sources for the biography section.** (We do not care how you do it—we’re not going to grade your MLA format—just don’t plagiarize. Cool? Cool.)
- **No need to cite sources in paragraphs about why you’ve chosen your saint...**We know that your source is yourself, your personal experiences, and your feelings.