



## Did you know . . .

Most (**80-90%**) of Muscle, Tendon, Ligament, Joint Complaints/Injuries ..

**DO NOT** require surgery!



## Kids & Teens ...



## ... Adults & Seniors!!

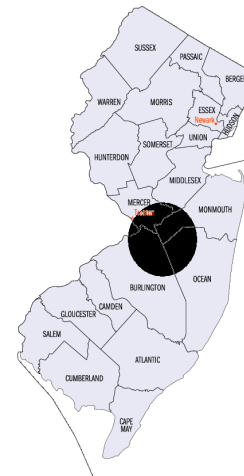
We specialize in these ...

### Non-Surgical Orthopedics:

- Sports/Life/Work Injury
- Concussions
- Acute & Chronic
- Muscle-Tendon-Ligaments
- Rotator Cuff / Shoulder
- Arthritis-Joints
- Neck Back Elbow Wrist
- Aches, Pains, Soreness
- Sprains & Strains & Pulls
- Contusions / Bruises
- Hip Knee Ankle Foot
- Stress Fractures
- Acupuncture for symptoms

### Central New Jersey

Mercer, Monmouth,  
Burlington, Middlesex,  
Ocean & Bucks



## MEDICAL SERVICES

### Traditional & Integrative Care

- Splinting, Bracing, Strapping
- Medication Prescription
- Cortisone-type Injections
- Ordering Xrays, MRIs, labwork
- Ultrasound Diagnosis & Guidance
- *Restorative/Regenerative Injections*
  - Prolotherapy
  - PRP (Platelet Rich Plasma)
  - Perineural Injection Blocks
- Aspirations–Draining/Tapping Fluid
- Training Error Correction
- Gait/Foot Analysis – Insert/Orthotic
- Osteopathic Approach
- Function & Performance
- Acupuncture
- Sports Massage / Deep Tissue
- Supplements / Nutrition
- Team Physician Services
- Sports Physicals / Work Physicals
- Educational Lectures
- Concussion Management
- Subspecialist Referral expedited
- Exercise Prescription
- Athletic Training Consultation
- Physical Therapy Prescription

